

ALUMNI PROGRAM

BOCCIA

Alumni Boccia Train Sessions, weekly
in CPAS School Hall
Trained by a Boccia National Coach

Boccia is a precision ball sport, similar to bocce, and related to bowls and pétanque.

The name "boccia" is derived from the Latin word for "boss" - *bottia*.

The sport is contested at local, national and international levels, by athletes with severe physical disabilities.

It was originally designed to be played by people with cerebral palsy but now includes athletes with other severe disabilities affecting motor skills. In 1984, it became a Paralympic sport, and in 2008 was being practised in over fifty countries worldwide.

