

# ALUMNI PROGRAM



**Weekly Training Sessions in  
Meridian Junior College Football Field,  
Every Friday 4.15 to 6.15pm  
Trained by National Coach Khairul**

## *The benefits of playing CP Football*

*Football has the power to bring people together and to break down barriers. It a great spectator sport that athletes with Cerebral Palsy get tremendous pleasure from taking part in.*

- *Improve their health by participating in a regular activity*
- *Participate in a team sport with other football players with similar abilities*
- *Learn team and individual CP Football skills*
- *Future opportunity to compete in a high sport level*

