



Stretching Possibilities. Realising Dreams.

SUMMARY REPORT 2017/2018

About Us

Established in 1957, Cerebral Palsy Alliance Singapore (CPAS) is a social service organisation that serves children and adults with cerebral palsy and multiple disabilities. Our fully-integrated programmes and services cater to the developmental needs of persons with the condition and maximise their functional independence at every stage of life.

Our Vision

Empowering all persons with cerebral palsy to realise their full potential and lead fulfilled dignified lives.

Our Mission

We are dedicated to:

Delivering fully integrated programmes and services at the highest standards with passion, integrity, care, and excellence.

Creating awareness of cerebral palsy, and advocating for equal opportunities for all persons with the condition.

Core Values

Hope

We seek to inspire hope in the hearts of our clients.

Empowerment

Our aim is to empower our clients to overcome their challenges and live a life without limits.

Aspiration

Never content with the status quo, we aspire not to only enhance the lives of our clients, but also our service and capabilities.

Respect

Respect is a fundamental value that guides the actions of our staff.

Trust

Above all, we value the trust that clients place in our organisation's programmes and services.

Member of



Supported by



Chairman's Message

CPAS has come a long way since its first beginnings at Gilstead Road in 1957. The financial year 2016/17 marks 60 years of service towards empowering persons with cerebral palsy and multiple disabilities. We celebrated our **Diamond Jubilee at Marina Bay Sands** as part of the Sands for Charity Festival and was honoured to have Mr Tan Chuan Jin, the 10th Speaker of Parliament, gracing our event.

During this landmark event, we launched Singapore's only **cerebral palsy registry**. It is the seed of an ongoing collaboration with KK Women's and Children's Hospital and National University Hospital (NUH). It is in our endeavour that this official registry will allow us to have a better understanding of the condition in Singapore through research insights so that our hopes to develop more effective action plans, provide better services and resources for persons with cerebral palsy will come into fruition.

As we extend our stride and make new connections, we continue to strengthen our existing relationships. Following the opening of the Toy Library in Pasir Ris Elias CC, 2017 was also the year we collaborated with Pasir Ris Elias CC, as well as Northeast CDC for **World Play Day**. Inclusive games and activities for children of all abilities and their caregivers were arranged. By having it in a public area, we hope to provide an opportunity and a safe space for children to interact and learn from one another.

It is not a one-off event. Throughout the year, our interventionists and allied health professionals take these **awareness events**, such as Occupational Therapy Day, World Mental Health Day, and Speech Therapy Week, as an opportunity to share their knowledge within the centre and the surrounding neighbourhood. During Autism Awareness Week, interventionists from EIPIC shared information about autism by putting up posters in every department, as well as distributing pamphlets in nearby neighbourhoods.

However, our services extend beyond our beneficiaries. We see the importance of their caregivers and parents. Workshops are regularly



held by various departments to empower them with knowledge. Initiatives such as the **Parents and Caregivers Support Group**, Hand-in-Hand Respite Care Day and Dads for Life are organised to engage caregivers and recognise the importance of their welfare too. We hope to create an environment where caregivers would realise they are not alone and can bring each other up.

It takes a whole community to raise a person. At CPAS, we believe every person should be empowered to live their life to the fullest. Thank you for your continuous support. You can help us realise their potential by building an engaging, inclusive community that ensures no one is left behind.

Associate Prof Kevin Lim PBM
Chairman



World Mental Health Day



Parents Support Group

Executive Director's Message

Empowering persons with cerebral palsy and multiple disabilities to realise their fullest potential is at the heart of the programmes and services provided by CPAS. We aim to create a safe and inclusive place for our clients and trainees to learn, work and play. As such we are heartened by the increasing efforts in the community, in both public and private sectors to encourage inclusivity.

We are heartened to see greater recognition of the importance of an inclusive society and more opportunities for individuals of various abilities and talents to pursue their goals.

Today, we are seeing growing platform for our para-athletes to pursue their dreams. At the recent **ASEAN Para Games** last September, Singapore brought home a total of 50 medals, of which we are proud to have our CPAS alumni participating in football and winning silver and bronze for boccia and table tennis.

More efforts are in place to have special needs children attend preschool with other children. Within CPAS, **EIPIC** has been working closely with two other kindergartens as well. Pupils from our centre and these kindergartens go out to learn and play together, creating an opportunity for both children with and without disabilities to learn from each other.

With effect from 2019, moderate-to-severe Special Educational Needs (SEN) children will be covered under the Compulsory Education Act. In preparation for these changes, it stresses the need for the **Trans-Disciplinary** approach in our programmes, which involves caregivers and CPAS Allied Health Professionals (AHPs). Through this approach, we hope to prepare our students to adapt to new environments and ensure that their development continues beyond CPAS. On this note, we are pleased to announce that **Nurul Syuhaidah Binte Mohamed Shalihin** and **Eileen Tan**, from Owl 1A, have passed their PSLE in 2017 and are in mainstream secondary schools.



For our Adult Services, we are pleased to see our **GROW** workshop receiving more projects from corporate partners. These projects provide opportunities for our clients to learn new skills and hopefully they can look forward to open employment beyond CPAS.

Developing an inclusive society would be a challenge without the support and contribution of our partners, stakeholders and the public. It might take a village to raise a child, but when we raise a child, we raise entire communities. Advancing towards an inclusive society would allow every child to live up to their fullest potential and be an empowered adult. With unwavering hope, we look forward to charter new milestones and achieve possibilities.

Ms Latha Kutty
Acting Executive Director

Board Members



1. **A/P Kevin Lim, PBM, Chairman**
School Management Committee (Chairman & Supervisor)
Nomination Subcommittee (Chairman)
Staff Subcommittee (Member)
2. **Mr Satyaki Sengupta, Vice Chairman**
Nomination Subcommittee (Member)
Programmes Subcommittee (Member)
School Management Committee (Member)
3. **Dr Janice Wong, Honorary Secretary**
Audit Subcommittee (Chairman)
Nomination Subcommittee (Member)
School Management Committee (Member)
Staff Subcommittee (Member)
The Children's Charities Association of Singapore (CCA) Representative
4. **Ms Yvonne Chan, Honorary Treasurer**
Finance-Investment Subcommittee (Chairman)
School Management Committee (Honorary Treasurer)
Staff Subcommittee (Member)
5. **Ms Foo Siew Fong, JP PBM, Assistant Honorary Secretary**
Audit Subcommittee (Member)
Staff Subcommittee (Member)
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Audit Subcommittee (Member)
School Management Committee (Member)
Finance-Investment Subcommittee (Member)
7. **Mr Mervyn Sirisena, Member**
Fundraising Subcommittee (Chairman)
Nomination Subcommittee (Member)
Staff Subcommittee (Member)
8. **Mr Sallim Bin Abdul Kadir, JP BBM PBM, Member**
Audit Subcommittee (Member)
Finance-Investment Subcommittee (Member)
National Council of Social Service (NCSS) Representative
9. **A/P Ong Hian Tat, Member**
Programmes Subcommittee (Chairman)
Nomination Subcommittee (Member)
10. **Dr Wu Pang Hung, Member**
Programmes Subcommittee (Member)
The Children's Charities Association of Singapore (CCA) Representative
11. **Dr Yoong Siew Lee, Member**
Audit Subcommittee (Member)
Programmes Subcommittee (Member)
12. **Ms Tan Yee Deng, Member**
Staff Subcommittee (Chairman)
Fundraising Subcommittee (Member)
13. **Ms Chng Wong Yin, Co-opted Member**
IT Workgroup (Chairman)

Management Team



1. **Ms Latha Kutty**
Acting Executive Director
Principal, Early Intervention
Programme for Infants & Children
2. **Ms Nickie Ang**
Finance Manager
3. **Ms Foo Mui Leng**
Human Resources Manager
4. **Ms Miko Chng**
Advocacy and Marketing Manager
5. **Mrs Koh-Lim Ai Lay**
School Principal
6. **Ms Betty Tse Wai Chan**
Adult Services Manager
7. **Ms Shelly Loh**
Head of Social Work Department
8. **Ms Pampi Ghosh**
Head of Occupational Therapy Department
9. **Mr D. Senthil Kumar**
Head of Physiotherapy Department
10. **Mr Parandaman s/o Thechanamurthi**
Head of Psychology Department
11. **Ms Sunitha Sendhilnathan**
Head of Speech & Language Pathology
Department

Overview of Programmes and Services

EARLY INTERVENTION PROGRAMME FOR INFANTS AND CHILDREN (EIPIC) provides early therapy intervention for children (aged 6 years and below) who suffer from one or more disabilities. The programme aims to maximise the developmental growth of each child by providing holistic and individual developmental programmes.

CPAS SCHOOL provides special education for children and youths between 7 to 18 years old with cerebral palsy and multiple disabilities. Together with the trans-disciplinary approach integrated, the school curriculum has been developed to meet the individual needs of the students. For selected students with good motor and functional skills, their curriculum includes pre-vocational training.

ADULT SERVICES comprises of a sheltered workshop, a day activity centre, and an alumni programme, that engages adults who are 18 years old and above with cerebral palsy.

In the *Goodwill, Rehabilitation and Occupational Workshop (GROW)*, trainees undergo vocational training in a safe environmental workspace. Through various projects and social enterprises, GROW provides them with an environment for self-development and integration into the community.

The *Daily Activity Care Centre* provides day care for persons who require higher support with a balanced and structured curriculum of daily living, social skills training, therapy rehabilitation care and recreational activities.

CPAS Connect is the alumni programme for CPAS that engages former students and clients through social activities and sports.

Our **Allied Health Professionals (AHPs)** extend a more comprehensive range of specialised healthcare and support. CPAS runs a range of specialist and medical clinics, as well as an Equipment Loan Library. Each clinic offers

specialised care by an AHP and medical professionals who are committed to helping our children and adults attain the best therapy and equipping them with the best technology available. Our AHPs provide inpatient and outpatient services in the following areas:

- Occupational Therapy
- Physiotherapy
- Psychology
- Social Work
- Speech and Language Pathology

SPECIALISED CLINICS	MEDICAL CLINICS
» Assistive Technology	» Orthopaedic
» Audiology	» Paediatric Neurology
» Feeding and Swallowing	» Outpatient
» Seating	
» Hand	
» Sensory Integration	
» Neuro Development	

Through the **Training and Consultancy** department, CPAS provides training programmes throughout the year for parents and caregivers.

The **Home Management Programme** provides therapy and social intervention to clients with cerebral palsy who are severely disabled and in need of therapy, but who are not able to travel and whose caregivers are unable to bring them to the Outpatient Programme at CPAS.

The **Outpatient Programme (OP)** provides therapy and social interventions for clients with cerebral palsy and other physical disabilities that are in need of therapy. Some of the therapies provided include physiotherapy, occupational therapy, and also speech and language pathology.

Our OP takes place at the centre, hence, it caters mainly to those who can travel around or arrange for their own transport via their caregivers.

Year in Review

May 2017

WORLD PLAY DAY

was organised in partnership with North East Community Development Council and Pasir Ris Elias Community Club with the theme 'Story Land.'

September 2017

The launch of
CEREBRAL PALSY REGISTRY

CPAS **60TH ANNIVERSARY JUBILEE**

September raised: **\$114,491.06**

Physiotherapy Day Celebration,
"MOVEMENT FOR THE HEALTH"

October 2017

Silent Morning Tea as part of
AAC AWARENESS MONTH

HAND IN HAND AND RESPITE CARE DAY

March 2018

AUTISM AWARENESS WEEK

was celebrated in the
neighbourhood and CPAS

HANDICRAFTS made by GROW trainees were sold on CPAS pushcarts that **ARE AVAILABLE IN CHANGI GENERAL HOSPITAL, KHOO TECK PHUAT HOSPITAL AND CPAS** by trainees.

Collaboration with
CHERIE HEARTS KIDZ Campus@Elias

TRANS-D PILOT programme launched in
Daisy Class with **17 CLIENTS**

LEARNING JOURNEY TO SAHK to learn about
Trans-Disciplinary Approach

TRANSFORMERS RUN & CARNIVAL at
Sentosa with CPAS Connect alumni

Two students passed PSLE
and qualified for mainstream
secondary schools

**WEEKLY CPASS GROUP ASSEMBLY
EXERCISE LAUNCHED**

Rajkiran's design selected for **NDP 2018 FUN PACK**

Statistics

220 STAFF

710 NO. OF ORG BENEFICIARIES

580 STUDENTS/CLIENTS/TRAINEES BY SOCIAL WORK **28000** HOURS OF OCCUPATIONAL THERAPY

197 CPASS STUDENTS **20** GRADUATES FROM CPASS **2** STUDENTS PASSED PSLE

276 EIPIC **70** GRADUATES FROM EIPIC **50** DAC **79** GROW **30** ALUMNI **41** HMP **37** OP

51079
INTERVENTION HOURS

5000.5
TRAINING HOURS

AVERAGE OF **25** HOURS
PER EMPLOYEE PER YEAR

Key Highlights

LAUNCH OF SINGAPORE'S FIRST CEREBRAL PALSY REGISTRY

Singapore's first cerebral palsy registry was launched at CPAS' 60th anniversary dinner at the Marina Bay Sands. Minister for Social and Family Development Mr Tan Chuan-Jin was the Guest-of-Honour. The registry tracks and consolidates data that will be instrumental for future medical research and improvement of services for those with cerebral palsy.



CPAS SCHOOL

CPAS School implemented the use of Trans-Disciplinary (Trans-D) Approach to all classes in 2018. The objective is to work in partnership with families to facilitate the student's development together with a team of professionals with different expertise. Parents were briefed at the implementation of the Trans-D Approach for them to be able to support their children undergoing the process.



ADULT SERVICES

DAC commenced Trans-D Approach in January 2018 with the inaugural Individual Care Plan (ICP) Parent Meeting in March 2018 when the team met 48 out of 50 clients. Trans-D Approach was piloted in Daisy Class, with 17 students in January 2018. In February 2018, three training officers were attached to the School Department to learn the best practice. Trans-D team have been meeting since October 2017 to plan for modification of documents.

VISIT TO SAHK

A total of 21 staff comprising EIPIC staff, CPAS School staff, AHP staff and Adult Services department staff attended the five-day attachment programme in Hong Kong from 27 November to 1 December in 2017. The team had a better understanding of the implementation and execution of Trans-D. They observed and learned a great deal about how Trans-D was carried out in the three schools in Hong Kong.

WORLD PLAY DAY

CPAS organised World Play Day on 20th May 2017 at Elias Community Centre in collaboration with the North East Community Development Council and Pasir Ris Elias Community Club. The theme was "Story Land" with the main slogan "I believe, we can". The Guest-of-Honour was Deputy Prime Minister Teo Chee Hean. About 300 children and their parents attended the event including students from CPAS. There were 50 volunteers from Marina Bay Sands (MBS), who ensured that every activity ran smoothly.



CHILDREN IN ACTION

CPAS EIPIIC collaborated with East View Primary School to bring together children with and without special needs to break all physical barriers by playing with each other. There was a pre-play session for students from both schools to participate at the Music and Movement session at the Cerebral Palsy Centre. On 2 August 2017, 16 children from EIPIIC Garden (between the ages of 5 – 6 years old) and Primary 5 & 6 students from East View Primary School met for the second time for a session of play at the Pasir Ris Inclusive Playground located at Pasir Ris Park. The students participated in guided play after which they were allocated time to explore the different playground equipment while ensuring the safety of their peers with special needs.



PSLE RESULTS

A total of 20 students graduated in 2017. Nurul Syuhaidah Binte Mohamed Shalihin and Eileen Tan passed their Primary School Leaving Examination (PSLE) and qualified for mainstream secondary schools.

ASSEMBLY GROUP EXERCISE

CPAS School initiated the Assembly Group Exercise on 29 January 2018 which was conducted twice a week. The objective is to promote physical fitness for students with multiple disabilities and create social interactions among students and staff through fun activities. Students are classified into five groups grouped according to the five levels of Gross Motor Function Classification System (GMFCS).

BOCCIA IN CLASSES

Students were taught game skills for playing Boccia such as to pick, grasp and release a ball as well as to initiate communication with their peers. Boccia was also an activity in the Trans-Disciplinary session of the class where the Allied Health Professional team were involved in ensuring that the students' seating, posture and social communication and learning needs were concurrently looked into. EIPIIC teachers were also trained and had hands-on sessions to conduct Boccia in their respective classes.



ASSISTED DEPUTYSHIP APPLICATION PROGRAMME (ADAP)

Through ADAP, parents would be able to use the assessment reports assessed by the School's Psychologists to put up their applications to the Court to appoint deputyship(s) for their child/children. MSF will engage pro-bono lawyers to assist in these applications. The Psychology Department conducted Mental Capacity Assessments for 18 graduating students.

MULTI-AGENCY S2W TRANSITION PROGRAMME

CPAS School joined School-to-Work (S2W) Transition Programme together with SG Enable, AWWA school, Rainbow Centre and MOE SEB in February 2017. Five 17-year-old students were selected to participate in school-based work experience in Term 2, 2017. One student has been selected by SG Enable to continue the School-to-Work Transition Programme after the second round of screening which was the Get-to-Know-You programme in May 2018.



WORKSHOP HANDICRAFT

Through GROW, trainees have been producing handicraft sold in the pushcarts and booth since July 2017. Trainees are able to learn more handicraft skills for their future use. The income earned can be channelled to the trainees.

CREATIVE ART & MUSIC

The Creative Music & Art Programme which was started in September 2017 provides GROW artists opportunities to showcase their talents and sell their art pieces/painting through walk-in or website sales. This is an avenue to search for new artists and those with music talent. The programme instills self-discipline, improves social skills and harmonious relationships for GROW artists.

HANEN TRAINING

In collaboration with Hanen Centre, Canada, a total of three Hanen training courses was conducted. Hanen Basic Certification Course "Learning Language and Loving It" was conducted in April 2017. Hanen Advanced Certification Course "Talkability" was conducted in October 2017. A total of 63 participants attended the Seating Workshop held in December 2017.

PARENTS CONNECTION

Parents Connection, a parent support group comprising of parents from EIPIC, School and Adult Services was formed in 2017. On 6 May 2017, a Family Bonding Day was organised for families to mingle and play games together. Family bowling was held on 4 November at the Changi Civil Service Club. Active members of the Parents Connection held their 1st Annual General Meeting (AGM) and elected a Chairperson, Vice-Chairperson and Secretary to lead them in this meaningful journey.



PARENTS PROGRAMME

For Parents Initiative Programme in 2017, four parents-support group sessions were conducted. 27 participants attended Dads for Life event on 19 August 2017. Legal and financial literary talks were also organised.

CPAS & KKH COLLABORATION

Ms Lau Ong Ing, a CPAS representative, was part of the organising committee for 3rd ASEAN Seminar on Multidisciplinary Care for Children with Mobility Impairment (AMCM) at KKH on 8th July 2017. She was also one of the speakers at the seminar, and presented the topic on "Participation in the Community for Children with Mobility Impairment Issues".

Achievements & Accolades

CPAS has been recognised for the 7th consecutive year as the Approved Training Provider for Caregivers by Agency for Integrated Care, to conduct trainings and courses for caregivers, parents and significant others of persons with special needs.

Four School teachers namely Ms Debbie Chan, Ms Divya Menon, Ms Zerline Goh and Ms Shermaine Goh completed their study for the Diploma in Special Education (DISE) in 2017.



Employment

After graduation in November 2017, Batrisyia Nurin Bte Ramdan, Ambika, Rajkiran s/o Parienan and Siti Raudhah Bte Jamaludin were employed as Junior Artisans at Personalised Love to sew leather craft products. Rajkiran s/o Parienan was also employed for three months as a service agent at SMRT to explain cashless transactions to the public.

CCA Awards

SWIMMING CCA

After graduation in November 2017, Batrisyia Nurin Bte Ramdan, Ambika, Rajkiran s/o Parienan and Siti Raudhah Bte Jamaludin were employed as Junior Artisans at Personalised Love to sew leather craft products. Rajkiran s/o Parienan was also employed for three months as a service agent at SMRT to explain cashless transactions to the public.



PERFORMING ARTS CCA

The Performing Arts CCA group performed two songs, "Big, Big World" and "Stand By Me" at the ASEAN Para Games Award Ceremony 2017. The students also participated in Performance and Workshop by Tony Memmel & Band and Engineering Good on 3 November, Children's Charities Association of Singapore (CCA) Christmas Fair & Walkathon Performance on 11 November and Graduation Ceremony 2017 Performance on 17 November.

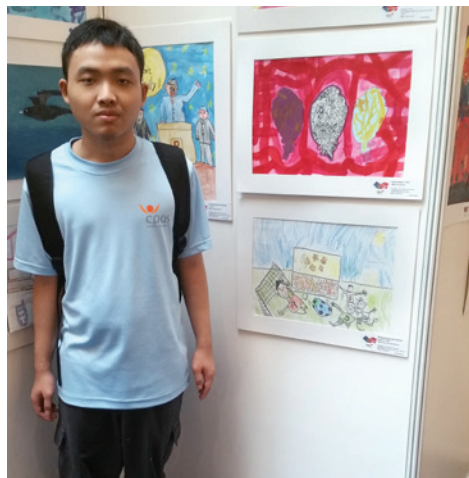
TRACK AND FIELD CCA

Track and Field CCA students participated in Haw Par National Youth Para Athletic Championships and the 45th National Inclusive Athletics Championship where they garnered 22 medals from these two competitions. The students also participated in various community events like the Cold Storage Kids Run, Running Hour, Adapted Sports Adventure and Inclusive Sports Festival.



SPECIAL ARTS CCA

Special Arts CCA students Muhd Amzar Bin Mohamad Azahar, Mohamed Aiman Bin Abdullah, Siti Raudhah Jamaludin and Muhd Irfan Mustaqim Bin Abdul Jalil participated in VSA's 15th Annual Art Competition for Children and Youths with Disabilities held at Forum the Shopping Mall on 22 September 2017. The theme of the competition was "What's impossible when I'm possible."



BOCCIA CCA

On 29, 30 July and 13 August 2017, 12 students from Boccia CCA participated in two Boccia competitions namely Get Active SG, Boccia individual and Singapore National Para Games, Boccia Pair and Team events. Aloysius Gan and Syed Amsyar Bin Ahmad Alhamid each won a silver medal for BC3 and BC5 Individual, respectively. Sow Zi Xuan and Sun Ling won a bronze medal for the Team event. Ryan Das won a silver medal for BC4 Pair and Juraimi and Elaine Eng won a bronze medal for BC3 Pair. Aloysius and Nurul (from the National team) won a gold medal for BC3 Pair.

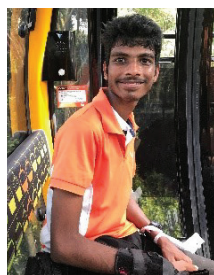


Stories

NDP Fun Pack 2018

ARTIST RAJKIRAN PARIENAN

Rajkiran, graduated in 2017, was a school prefect and also a member of the Special Arts CCA where he has won prizes in a few art competitions that he has participated. His design for the NDP 2018 Fun Pack was selected by the NDP organisers.



The painting depicts some of the beautiful buildings that I have seen in Singapore. Every time I see these buildings, I feel

proud and happy to be a Singaporean. Looking up at the buildings also gives me a sense of pride. The air is fresh and clean in Singapore and I am very lucky to be living in this country. The fireworks remind me of National Day and other festivals that we celebrate in Singapore. We enjoy our lives and live peacefully together.

Rajkiran Parienan

The Purple Symphony Training Award Programme

Muhammad Firhad Bin Azhar has been with the Performing Arts CCA group since 2010 where he discovered the ability to play the bass guitar. He had weak lower limbs and needed a Kaye Walker to move around when he first joined CPAS School. With physiotherapy intervention, he is able to stand and walk with no mobility devices. CPAS School provided him with a bass guitar and amplifier to practise at home.

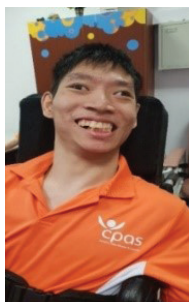
Firhad was selected for The Purple Symphony Training Award Programme in 2017 when CPAS School nominated him for a very special music training award to develop his musical talents. Ever since then he has a tutor mentoring him every Saturday for an hour at home. Firhad will be putting up a performance in October 2018. The various opportunities for Firhad to perform has boosted his self-esteem and leadership skills.



Daily Activity Centre (DAC)

IMPROVEMENT IN WELL-BEING

DAC client Chan Zhi Jian Joshua graduated from CPAS school in 2014. His mother is the primary caregiver. Joshua wakes up daily at 7am. Occasionally his parents will bring him out using their family van. Joshua showed signs of unhappiness and restlessness at home and became very grouchy, thus giving his mother a lot of stress. They waited for almost three years to get a placement in CPAS DAC. Since Joshua's admittance to last October 2017, he has shown so much improvement. He interacts well with his training officer, wardens and friends.



Goodwill, Rehabilitation and Occupational Workshop (GROW)

INDEPENDENCE

There was reluctance from Sherlyn Lim to transit from DAC to GROW in November for fear of losing her friends at DAC. After persuasion from the staff, her parents persuaded her to have two weeks' trial sessions at Workshop in December. After the trial sessions, Sherlyn agreed to transit to Workshop as she showed her capabilities to work at the Workshop and is proud of earning pocket money for herself.



Alumni

SUPPORT GIVEN

Xiu Zhen was unsuccessful in her last two open employments. She did not get any support and advice on how to get along with colleagues and supervisor. In January 2018, she started a new job as a packer at a call centre. With encouragement, support and advice with CPAS staff, she is still working there.



Transformation

ZL is a 6-year-old child diagnosed with cerebral palsy (quadriplegia). Due to high muscle tone and lack of muscle control he has developed spinal deformities and hip misalignments. He has difficulties participating in class and is unable to sit in a stroller. He takes more than two hours to eat.

With the new specialised system, ZL is well-supported and is able to maintain an upright, neutral seating posture. His classroom participation has also improved. His eating habits have improved and he eats faster. The specialised seating system aids in easy travelling and transporting of a child.



Home Management Programme

CONFIDENCE IN DAILY LIVING

Mohd Akbar and Mohd Ashraf are siblings who are diagnosed with CP hypotonic. They are receiving regular therapy under CPAS Home Management Programme (HMP). They spend most of their time in the bedroom. Their parents have expressed concern on their mobility at home and outdoors. With assistance they bathe, go to the toilet, feed and groom themselves. However, they face difficulties when going to the toilet from the bedroom.

Occupational Therapy (OT) has prescribed assistive technology equipment such as motorized wheelchair, hoist and commode. OT has also installed the anti-slip ramp at the main entrance of the house for easy access of motorized wheelchair. The equipment and home modification have made them more independent in performing daily activities. Now Mohd Akbar and Ahsraf are able to easily transfer from floor to wheelchair or to commode or toilet. They are able to go out anywhere confidently with their motorised wheelchairs.





It was Ryzqy's first day of school in CPAS in 2016. After the flag raising ceremony, we pushed his wheelchair to his class. We were stopped by the school principal who wanted Ryzqy to wheel himself to the class. Ryzqy threw tantrums. However, with the cheering and support from the principal and his teachers, he managed to wheel himself to class after 20 minutes.

Since then, Ryzqy has become more driven to be independent through words of motivation and encouragement from his teachers. CPAS has helped Ryzqy, who had a low self-esteem and was scared, to grow into a confident and adventurous boy wanting to explore the surroundings. Thank you to CPAS for making us believe in Ryzqy as to what a kid like him can do. He is not disabled, only someone who has a different ability.

Mdm Sarbanun Binte Ab Rahman
Parent of Nor Ryzqy Khalaf

The Parents Support Group has given me both emotional and practical support; a common space to share ideas and doubts. It is also a good way of finding out what is happening in school.

Jasveer Kaur
Parent of Dalpreet Kaur Sandhu



Summarised Financial Statements - CPAS

Statement of Financial Position For year ended 31st March 2018

	FY17/18	FY16/17
	S\$	S\$
Assets		
Non-Current Assets	8,308,058	8,713,281
Current Assets	17,549,126	17,158,449
	25,857,184	25,871,730
Liabilities and Funds		
Current Liabilities	1,602,959	1,409,824
Deferred capital donation	8,303,828	8,713,281
Funds	15,950,397	15,748,625
	25,857,184	25,871,730

Statement of Comprehensive Income For year ended 31st March 2018

	Total	Total
	S\$	S\$
Income		
Government Grants	6,160,727	6,281,150
Specific Donations	493,380	1,227,042
General Donations	527,400	134,145
Programmes/ Therapy Treatment fees	677,728	660,313
Others	3,475,456	3,364,273
TOL fee	825,972	825,972
	12,160,663	12,492,895
Expenditure		
Manpower	7,808,574	7,560,460
General & Administrative cost	1,025,119	967,580
Upkeep and utilities	346,142	363,569
Utilisation of specific fund	1,289,994	923,067
TOL fee	825,972	825,972
Others	663,090	1,077,678
Total Expenditure	11,958,891	11,718,326
Surplus	201,772	774,569

Summarised Financial Statement - School

Statement of Financial Position For year ended 31st March 2018

	FY17/18	FY16/17
	S\$	S\$
Assets		
Non-Current Assets	641,991	482,726
Current Assets	3,926,493	3,698,641
	4,568,484	4,181,367
Liabilities and Funds		
Current Liabilities	482,036	435,969
Deferred capital donation	521,354	445,212
Funds	3,565,094	3,300,186
	4,568,484	4,181,367

Statement of Comprehensive Income For year ended 31st March 2018

	Total	Total
	S\$	S\$
Income		
Government Grants	6,232,253	5,503,718
Specific Donations	166,610	285,957
General Donations	15,500	20,867
Programmes/ Therapy Treatment fees	44,003	46,972
Others	93,504	69,085
TOL fee	678,537	678,537
	7,230,407	6,605,136
Expenditure		
Manpower	3,598,954	3,387,030
General & Administrative cost	1,634,234	1,254,705
Upkeep and utilities	200,573	210,007
Utilisation of specific fund	736,692	707,308
TOL fee	678,537	678,537
Others	116,509	84,315
Total Expenditure	6,965,499	6,321,902
Surplus	264,908	283,234

For our full annual report and financial statements for FY2017/2018, please visit our website at www.cpas.org.sg.
We sincerely thank all donors, volunteers, supporters, friends and well-wishers who have helped make a difference in the lives of our clients



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Cerebral Palsy Alliance Singapore
Cerebral Palsy Centre
65 Pasir Ris Drive 1, Singapore 519529
www.cpas.org.sg