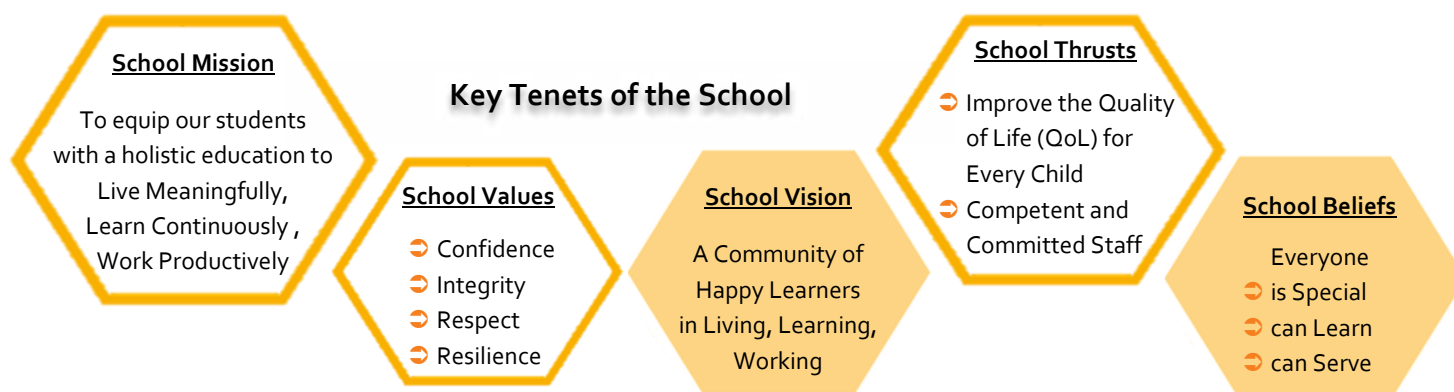


# CPASS NEWSLETTER

Cerebral Palsy Alliance Singapore School

2020 / Term 2



## PRINCIPAL'S MESSAGE

Dear Parents,

Just as School resumed in Term 2 after a short one-week school holiday break in March, Term 2 closed very quickly after two weeks because all schools in Singapore implemented School Closure from 8 April 2020. Home-Based Learning (HBL) commenced for all students, from primary to secondary schools, even tertiary institutions, including special schools.

When HBL was launched, the roles of parents and family members changed. As many Singaporeans started Work from Home (WFH), parents and family members also transformed into teachers as they delivered HBL lesson packages to their children. When HBL began, apprehension and anxiety could have caused some parents to hesitate and ask if they were able to perform the role of a teacher. They could have asked if they were indeed able to get their child to cooperate to perform the lesson activities. All these were quelled because school teachers supported by preparing individualised lesson plans, as well as resources with instructions for the parents and family members to use in their lesson or activity delivery. When parents faced challenges or were in doubt on any aspect of the HBL, they clarified and shared openly with the class teachers and therapists and together they cooperated to brainstorm for solutions that would work for their child/student. New energy emerged from this synergy, the whole team was geared to try the new ideas and strategies to better engage the child at home. These strategies ranged from behaviour management strategies to teaching methods and many parents rose to the occasion.

A key outcome of the CPASS Transdisciplinary (Trans D) Approach was skills generalisation, namely the transfer of skills from school to home. We realised that skills generalisation achieved a higher rate of success during HBL, as many families practise the skills with their child. We are confident that parents are now more empowered than before because they gain the experience of working with their child when they learn from and with the teachers. Through these collaborations, the true spirit of Trans D manifests itself. The Trans D team collaboration should be continued post COVID-19, when the situation improves and school returns to normalcy. What we have achieved in the past months would pave the way to achieving greater student outcomes in the future.

It is important to note that parents were not the only ones who went through a steep learning curve. Everyone at CPASS learnt to do things differently. Teaching packages had to be planned and delivered in different modes to ensure that learning continued at home. Teachers, Teacher Aides and Support Staff created many innovative teaching resources for their students. Many teachers had to unlearn from the conventional mode of lesson preparation and delivery and relearn through Information Technology. Lessons were demonstrated through video recordings so that parents could be instructed on how to deliver the lessons by following the videos. Therapists loaned assistive devices such as feeding equipment, standing frames, table tops, writing aids and Augmentative and Alternative Communication (AAC) such as Big Mack for students to continue their practice at home. School ICT team also issued laptops and iPads to students who needed these devices to access their HBL lessons. CPAS School drivers and drivers from Faith Chartered were also involved to deliver lesson packages and rehabilitation equipment to the students' homes. Teachers contacted parents regularly to provide support in every way necessary. Some teachers shared that their students were very happy and thrilled to hear their voice or to see them through video calls to the extent that the students became more cooperative during lesson time with their parents or family members. It was clear that many students missed school, their teachers and friends.

As Singapore unite to fight COVID-19, one thing remains important to all of us and that is good health. Be safe and healthy!

*From CPASS, we salute you, dear parents, for all your efforts in implementing HBL to your child! We have received many success stories and we appreciate the level of engagement from you and your whole family in this journey. Thank you!*

Mrs Koh-Lim Ai Lay,  
School Principal

## ST 1: IMPROVE THE QUALITY OF LIFE (QOL) FOR EVERY CHILD

### International Friendship Day 2020

Written by Ms Charmaine Hon, Teacher

On the 1<sup>st</sup> April, CPASS celebrated International Friendship Day. The theme for the year was "Costumes". A slideshow, an art activity and some videos were prepared to let students learn more about the costumes of Friends of Singapore and they are Philippines, Japan, Myanmar and India. Fun prizes consisting of snacks from these countries were won, when students answered the quiz questions in their classrooms. The teachers, parents and therapists also volunteered to parade around and take photographs with the students! Many thanks to Class Eagle 5A who packed the prizes, and to the many volunteers for their time.



Staff were going to classes to take photographs in their vibrant costumes. (Student Rainn, of Class Dove 20B)



Quiz about different countries and their costumes was held in Class Eagle 4A.



Student Ainul of Class Dove 19B was having fun with the paper dolls they made.



The students were learning how to do a template for the photo-booth.



The students were using a laptop to remotely control the camera to take pictures.

### A Digital Photography Course With BLK.sg

Written by Ms Angeline Yeat, Job Coach

Four students, namely Muhammad Firhad Bin Azhar (Class Eagle 20A), Loong Wei Liang (Class Eagle 20A), Aaryll Ryan Das (Class Eagle 8A) and Elijah Lam Hong Yolk (Class Eagle 8A), from our Functional Senior Programme took part in a digital photography course which was organised by Mr Kit Bian from BLK.sg. Through this course, the students learnt different skills such as how to mount their mobile phones and iPads onto their wheelchairs to take photographs and how to control the camera remotely from a laptop. The students also had a lesson on coding with Microbits. Staff from WeCofa, a digital marketing agency, came in for two lessons to teach the students about advertising on Facebook. It was an enriching experience for the students and we would like to thank Mr Kit for giving our students such a wonderful opportunity. We hope that this may be the start of a collaboration between BLK.sg and CPASS for further internship opportunities as photographers!

## ST 1: IMPROVE THE QUALITY OF LIFE (QOL) FOR EVERY CHILD

### Enzyme Detergent Making

Written by Ms Suzana Bte Ahmed, Head of Programme (High Support Programme)

CPASS had embarked on waste management projects through the use of 3 Rs which stands for 'Reuse', 'Reduce' and 'Recycle' since 2018 in our effort to educate our students the principles of sustainability and at the same time being environmentally friendly. We would like our students to know that every little effort they make would have an impact on saving our earth.

For 2020, the school is collaborating with the Outward Bound School (OBS) Alumni to initiate a variety of school wide activities for the whole year during the assembly session. The first activity in Term 1 was the making of 'Enzyme Detergent'. Enzyme detergent is made up of natural substances that is environmentally friendly and it allows us to reduce our usage of commercial liquid detergent that may contain chemicals which can be harmful to the environment in the long run. The enzyme detergent making also taught our students to reduce food waste as they were using the orange peels instead of throwing them after eating the fruits.

Prior to the first enzyme detergent making session, our friends from OBS had prepared booklets, instructional videos and all the items needed to carry out the activities. Due to the COVID-19 situation, we were unable to carry out the activity in groups in the hall during the assembly as planned. Instead, the activity was carried out in individual classes and facilitated by the class teachers for both AM and PM sessions. Items such as the orange peels, bottle containers, yeast, sugar, scissors, measuring cups and weighing machines were distributed to each class by a group of hard working teachers from the Professional Learning Team on Gardening.

The enzyme detergent making session was successful. Both students and teachers found it very fun and yet educational. The enzyme detergent was bottled and stored for 2 weeks. Students observed the change that took place in the enzyme solution before it could be used as a dish washing detergent at the end of the 2 weeks. Once the whole process was completed, all the classes used the safe and environmentally friendly enzyme detergent in replacement of the commercially bought detergent to wash all their utensils in the classrooms. At the end of the activity, students shared their experiences while making the enzyme detergent in their 'Zero Waste' booklets.

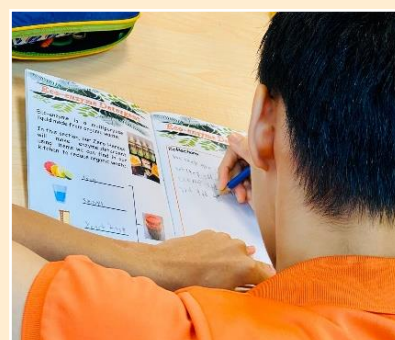
CPASS will continue to use the enzyme detergent in all classes with the effort to save the environment by practising the 3Rs – Reuse, Reduce and Recycle.



Using orange peels to reduce food waste.



Sugar with yeast and orange peels were the main ingredients For Enzyme Detergent Making.



A student was doing his reflection on his experience In Making Enzyme Detergent.





## ST 1: IMPROVE THE QUALITY OF LIFE (QOL) FOR EVERY CHILD

### IT Project With My NoNna's Café

Written by Mr Yap Feng Kai, Teacher

Students from Class Eagle 8A were tasked by My NoNna's Café to design a promotional flyer for their new line of lunch box set. Utilising the skills taught during Information Technology (IT) lessons, our students demonstrated CPASS' value of Resilience to design the poster. Amongst all the unique designs, the poster created by Aloysius Gan Kai Hong (Eagle 8A) was selected. The challenging

part about this project was that Aloysius was the only student who used Apple's accessibility feature, Switch Control to design his work. As he faced challenges in interacting with the iPad screen, Aloysius had to learn an entirely new means to access his device. We hope that this success will spurn him on to greater heights. Good job Aloysius and Class Eagle 8A!



Aloysius Gan (Eagle 8A) was conscientiously designing the flyer.



The creative promotional flyer that was designed for My NoNna's Café.

## ST 2: COMPETENT AND COMMITTED STAFF

### Home-based Learning (HBL) Days – Academic Programme

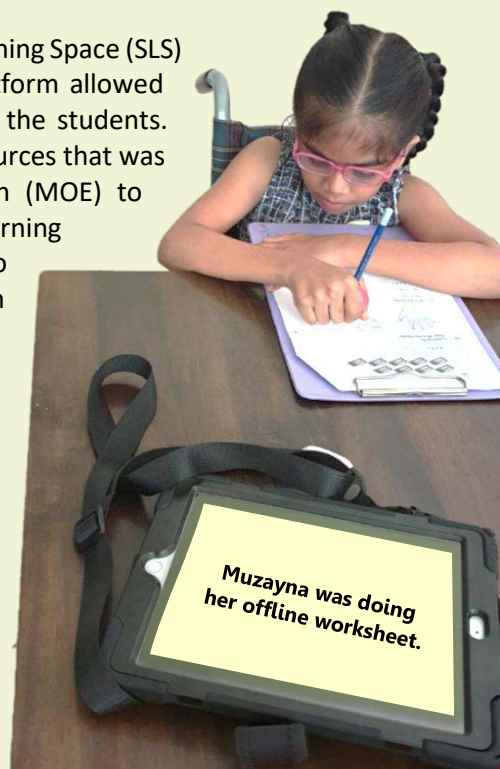
Written by Mrs Lee-Tan Chor Hui, Senior Teacher

The teachers in the Academic Programme used the Singapore Student Learning Space (SLS) for the Home-based Learning (HBL) with their students. This online platform allowed teachers to create learning experiences that were engaging for the students.

Teachers could make use of the repository of resources that was curated by the Ministry of Education (MOE) to customize their lessons to meet the learning needs of their students. SLS helped to empower our students to engage in self-directed and self-paced learning. They were able to complete online assignments, watch videos, play educational games and review their lessons at their own time. Besides SLS, students were also given offline worksheets to do.



Alfian was working on his SLS assignment.



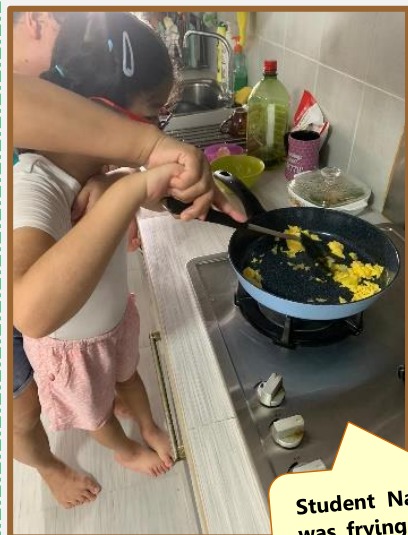
Muzayna was doing her offline worksheet.



### Home-based Learning (HBL) Days – Functional Programme

Written by [Ms Nur Faezah Abdul Rahman](#), Head-of-Programme (Functional Programme)

Teachers in the Functional Programme collaborated with the Allied Professionals (APs) to plan activities where different learning domains were linked. For example, Teacher Debbie created a story about cooking eggs which comprised of receptive and expressive language skills, targeted core words and numbers, as well as visual instructions to complete hands-on activity. Teacher Sabrina also collaborated with her APs to plan HBL lessons that involved students to actively participate in doing household chores. The list of planned chores were based on their abilities and it gave them the opportunity to contribute to the home as best as they could.



Student Natalie Soo (Eagle 2A) was frying scrambled eggs with assistance from her helper.



Student Zi Xuan (Eagle 5A) was helping her helper with the hanging of clothes for drying.

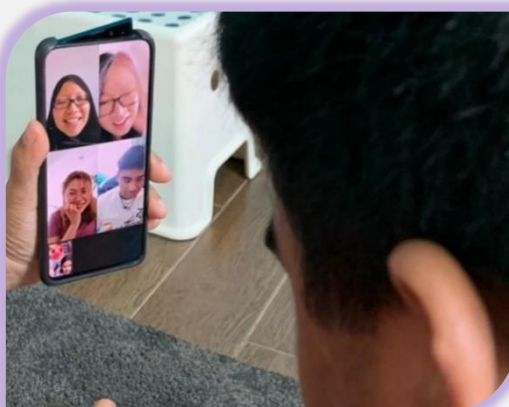
### Home-based Learning (HBL) Days – High Support Programme

Written by [Ms Nur Irdayu Binti Abdul Kadir](#), Teacher

When school closure started on 8 April, it meant that students could not physically meet and communicate with their classmates. Thus, students of Class Dove 20B from the High Support Programme made weekly group video calls to meet virtually! During these calls, they greeted their friends “Hi” or “Good afternoon” and answered their Teacher’s questions using communication devices such as the iPad or using gestures. Seeing one another and sharing one another’s experiences at home made everyone’s day brighter. It also helped students to cope better during the HBL period and gave us the opportunity to motivate one another to #StayHomeForSG!



The student greeting one another on a mobile phone.



Students and staff of Class Dove 20B were excited to see one another virtually!





### Positive Quotes from Parents on HBL

Mdm Lim Hui Hua, mother of Student Bryan Lee (Class Eagle 5B) shared that examples and instructions were clear for her to work with Bryan at home and was manageable for her to execute.

Mdm Ang Bee See, mother of Student Sow Zi Xuan (Class 5A) commented that "This is three times busier than in the office. But I can spend more time to teach, understand and guide her. I can find her weaknesses and learn from teachers (Ms Sabrina, OT, PT & SLP) and become more confident to teach Zi Xuan."

Mdm Kathija Nachiyar Habibullah, mother of Student Muhammadha Beevi d/o Habibullah (Class Dove 18B) said that "it was a good HBL experience and it helped us to understand more about learning techniques. In addition, Muhammadha also enjoyed and cooperated with all the activities conducted through HBL."

Mdm Wong Wai Fun, mother of Student Lim Ethan (Class 4A) expressed that "Ethan deserves my applaud as he has stayed indoor more than he has ever known in his life and managed it well. I must say for HBL, you (Ms Nurul) have been most helpful in putting everything together to ensure that the students continue to learn. I must say the therapists have done well too. A big Thank You!"

Mr Chik Yew Kuan, father of Student Miracle Chik (Class Dove 13B) gave feedback that the online activities provided by the High Support Programme was quite practical and comprehensive for the students and thanked the class teacher for the efforts.

Mdm Tan Sock San, mother of Student Tan Hwae Zene (Class Dove 18B) gave feedback that "HBL is fun to have time together with my kid but I don't think that I am professional enough to reach the aim whereby the school will like my kid to achieve. I also get to spend more time with my kid."

Mdm Lian Seok Hoon, mother of Student Jim Lee Yan Min (Class Eagle 6A), expressed to teacher that "The HBL experience has taught me to have more patience when working with Jim. Having to work with him on a one-to-one situation, I have a deeper discovery of what works and does not work for him. I also learn more about his likes and dislikes. For example, Jim likes to learn from watching video. He enjoys doing comprehension passage and tasks by following given instruction in Mr Bean work activity. It allows me to understand Jim better and also know his strengths."

#### Art 5B - T2W4 Tuesday -Art - Instructions

##### Instructions A) : Big Mouth Shark

<https://www.easypeasyandfun.com/surprise-big-mouth-shark-printable/>  
1) Student will colour the shark on the template.

2) Student will request help from adult to fold the shark.

Fold along the upper lip line (we added a dashed line to help with folding) - the fold needs to run across the whole width of the paper. Make sure the fold is crisp, run a craft stick or your fingers across the fold.

Bring the fold down to the bottom lip line and press the paper down to flatten it. This will create another fold inside the shark's mouth.

All done!

##### Instructions B) : OT Exercise

1) Students to complete at least 2 activities from the list of suggested activities given by OT department.



## ST 2: COMPETENT AND COMMITTED STAFF

Mdm Josephine, grandmother of Student Zachary Lim Zhi Yong (Class Dove 15B) gave this feedback Hi Teachers. Thanks for being attentive to us during this circuit breaker period. We are following your lessons and the therapy exercises as requested. During this period I find HBL teaching programme enriching and I learned to be aware of the lessons in class too. I like the time flexibility as at times our HBL with Zachary can commence from 2pm and also 3pm., here also depends on his willingness to participate, so our lessons can stretched till 5pm. With these knowledge we will continue with the HBL during the school holidays too. I would like to thank you Teacher together with OT Andrea and PT June for all your concern and attentiveness to Zachary."

Mdm Seetoh Yong Mei, mother of Student Jaylen Lau Yi Jun (Class Dove 13B) expressed that "The activities are very enjoyable. Very well organised programmes by the teacher and therapist. Both of us have fun learning together. We have created another lovely moment and experience together for this HBL journey."

Mdm Zheng Rui, mother of Student Jessie Li Jiakuan (Class Dove 15B) gave feedback that "The resources prepared by the teachers are detailed, comprehensive and easy to proceed. The teacher asks us about the lessons every week and his suggestions are also very useful. I have always wanted to tell my teacher that it is hard work for you. Thank you teachers for your care and help."

Parents of Student Nidheesh Nandakumar (Class Dove 9B) expressed that "The positive side was that we, as a family, understood what and how he has been learning in the school and was able to interact with him on a day to day basis to assist in his learning journey. Through these interactions, we found that there was improved bonding with him."

Mdm Pooja, mother of Student Bansal Dhriti (Class Dove 15B) shared that "we had good experience with home based learning. Although it is tiring to take care of kids with high special needs for whole day and night, school Teacher and Therapists are there to advise us if we are having any problems. Also, regular contact by Teacher and Therapists helped us in following the routine. Thanks for all the support."

Mdm Shanthi d/o Sivasamy, mother of Student Bhramarueban Premakumar (Class Eagle 2B) said to the teacher "Showed him the reward board and told him to complete today's HBL. He looked motivated!"

Mdm Lee Jin Zuan, mother of Student Swee Sarah (Class Dove 13A) expressed that "My heart is filled with gratitude that with good support from the teachers and the therapists of CPAS, the transition into HBL was made a lot easier. For example, the sensory activities that we can actually do at home using the materials available at home, exercises and specific suggestions recommended by the therapists! After all, what we want is that our child continues with the routine which is already set in school, so that they will continue to progress and able to reach the IEP goals set. I made the effort also to include family's participation, which would otherwise not be able to when we return back to school. The lesson plans were really detailed. I just try my best to do what I can with Sarah."

Mdm Lee Lian Leng, mother of Student Hazel Tan Shao Ting (Class Dove 13B) stated that "I am more confident in delivering lesson at home. The good thing is that now I understand more on how the school work flows and what are the things that the teacher needs to prepare beforehand."

### Contact Tracing

To ensure that we are able to contact all parents / guardians / caregivers for exigencies, and to help the school in communicating effectively, please inform your child's teacher of any change in the following:

- Contact details (mobile / email address / home telephone number)
- Home address

### Important Dates in Term 3 (2 June 2020 to 4 September 2020)

*Sunday, 5 July 2020	Youth Day
Saturday, 18 July 2020 to Sunday, 26 July 2020	Term 3 – 1st break
Friday, 31 July 2020	Hari Raya Haji
**Sunday, 9 August 2020	National Day
Friday, 4 September 2020	Teachers' Day
Saturday, 5 September 2020 to Sunday 13 September 2020	Term 3 - 2nd break

\*Monday, 6 July 2020 will be a scheduled school holiday

\*\*Monday, 10 August 2020, will be a public holiday.