

Cerebral Palsy Alliance Singapore School

School Mission

To equip our students
with a holistic education to
Live Meaningfully,
Learn Continuously,
Work Productively

Key Tenets of the School

School Values

- ConfidenceIntegrity
- Respect
- Resilience

e School

School Vision

A Community of Happy Learners in Living, Learning, Working

School Thrusts

- Improve the Quality of Life (QoL) for Every Child
- Competent and Committed Staff

School Beliefs

- Everyone is Special
- can Learn
- can Serve

PRINCIPAL'S MESSAGE

Dear Parents,

In April, Home-based learning was carried out for all students in Singapore. This was followed by a month-long school holiday in May. When school resumed on 2 June, Term 3 lasted for 13 weeks and this was a first in the educational landscape in Singapore. While everyone was happy to resume school, enduring a 13-week term was unprecedented and it was a test of resilience, not only from the students but also the staff. Appreciation must also be accorded to the parents who have been sending your child to school amidst the uncertainties arising from Covid-19. Thank you for having the confidence and trust in CPAS School that we have safety measures put in place to ensure that School remains a safe environment for everyone.

Since term 3 started, daily routines in school changed in response to the pandemic. New norms were established, both sessions now begin with temperature taking and log into SafeEntry for everyone who enters CPAS, from student to staff to caregiver. All staff and students who are unwell, must stay at home and those who display flu-like symptoms have to consult a doctor and undergo a swab test if necessary. Numerous school programmes and activities planned for 2020 had to be cancelled or postponed to a later date. Weekly community mobility training, class outings, learning journeys, overseas trips and exchange programmes with other organisations has been put on standstill.

With different levels of restrictions imposed, School was challenged to be creative at all levels, implementing alternative programmes so that students' learning experiences are not compromised. Initially, School daily assemblies, parents' meeting, staff training and meetings were suspended when term 3 started. However, as we gained greater confidence in navigating various online platforms such as Zoom, daily assemblies now take place in the classrooms virtually. Staff meetings and training resumed and parents' briefing also took place virtually. Gradually, School resumed a greater level of normalcy. School programmes which used to be held in the hall is now held as class-based activities, such as the National Day celebration which was carried out by both sessions in the classrooms. Similarly, for students in the School-to-Work class, whose Industry Work Attachments had to be suspended for safety reasons, Job Coaches worked hard to provide an alternative to the work attachment experiences to ensure that work experience learning continues. Job Coaches created a variety of work opportunities within CPAS so that students could continue to practise their work skills. Certain programmes that cannot be replicated within the school compound had to be cancelled until the Covid-19 situation improves. This included overseas trip for both staff and students.

Through these challenging times, CPAS School has seized the opportunity to be creative in our approach and response to the situation and new norm that Covid-19 has created, new skills have emerged from amongst our staff and students, and we want to acknowledge that. Kudos to all for this unwavering effort!

Let's continue to stay resilient as Singapore unites to fight Covid-19! In the many weeks to come, CPAS School and families must continue to work together to keep CPAS School a safe place for everyone to work and learn in.

"THE PESSIMIST SEES DIFFICULTY IN EVERY OPPORTUNITY. THE OPTIMIST SEES THE OPPORTUNITY IN EVERY DIFFICULTY."

~ WINSTON CHURCHILL

Mrs Koh-Lim Ai Lay School Principal

Pre-ITP/ITP Meetings with SG Enable School-To-Work Transition Programme

Written by Mdm Irene Ho, Transition Planning Coordinator

Three graduating students namely Ng Thiam Hock, Linus Chong Zai Ping and Muhammad Firhad Bin Azhar from Eagle Class 20A have been selected for SG Enable School-To-Work (S2W) Transition Programme. It is a multi-agency collaboration among the Ministry of Education, SG Enable and the Ministry of Social and Family Development, in partnership with SPED schools. This programme aims to bridge students' transition seamlessly from Special Education (SPED) schools to the workplace. From 2020 on, the S2W Transition

The graduating students were preparing their respective student e-portfolio with their teacher in class.

Programme has changed from a two-year to a three-year bridging

programme that starts in the final year of school and it extends two years after graduation.

Students identified to be work capable are selected by SG Enable in their final year of school, and SG Enable will work closely with schools, students and their families to identify suitable job training pathways for the students.

On 3 July, Pre-ITP/ITP Meetings was conducted for all three students via Zoom. During the meeting, the SG Enable officer briefed parents and students on the details of the programme and answered their queries. A second ITP meeting will be scheduled for October to finalize the students' choice of work and/or identify suitable job training pathways after graduation. As the students and their family attended the virtual meetings from home, the students had to learn to set up the Zoom meetings from their home computer. This meeting proved to be an exciting learning journey for the three students.

Assisted Deputyship Application Programme (ADAP)

Written by Ms Anita Rose, Transition Planning Officer

The Assisted Deputyship Application Programme (ADAP) was piloted in 2015 with the aim to simplify the process for parents of graduating cohorts in Special Education (SPED) schools in the application to Court to be deputies for their child, so that they can continue to make legal decisions for their child after he/she turns 21. The combination of filling in template forms, psychologist reports and providing assistance to guide parents to complete the application process reduces the cost and simplifies the application process for parents.

CPASS hosts the ADAP briefing that is facilitated by Ministry of Social and Family Development (MSF). Parents are invited to attend the briefing conducted by a lawyer. Parents can utilise the Q & A session to clarify any doubts pertaining to ADAP.

This year, due to the prevailing Covid-19 situation, the briefing was conducted via Zoom, a virtual platform. Additionally, there was also a sharing by Special Needs Trust Company (SNTC) on the SNTC Trust which is a necessary



infrastructure to ensure one's loved one receives the gifts under one's will with insurance and CPF savings nomination. As one parent shared "The session was good and very informative and we could help our special needs child in future."

For information on ADAP you can visit www.msf.gov.sg/policies/Pages/ADAP.aspx and on SNTC you can visit www.sntc.org.sg.

The new normal was to host a Zoom ADAP briefing & SNTC sharing session with parents.



Righ Support Programme Curriculum Thematic Unit: Singapore Town Package 1 - 1²⁵ Edition Package 1 - 1²⁵ Edition

learning package entitled "Singapore Town" across the High Support Programme.

Updates from High Support Programme (HSP) Curriculum Team

Written by Ms Gena Tan, Teacher

In Term 3, we launched a new thematic learning package entitled "Singapore Town" across the High Support Programme.

The package contained a range of multi-sensory activities on the theme, "Singapore Town" which aimed to establish our students' awareness of Singapore and the things associated with our country. To accompany this thematic package, a customised storybook entitled "Singapore's Birthday Party" was also created in

tandem with the celebration of Singapore's 55th birthday within the same term.

A customised storybook entitled "Singapore's Birthday Party" with vivid illustration by Mr Patrick Yee.



Our very own Youtube channel with the name entitled "CPAS School HSP".

This term, we also launched the CPASS High Support Programme Youtube Channel! The channel had a range of audio books, art and craft, music demonstration videos and many more items that were linked to the thematic packages that would be newly launched every term.

The channel's name is CPAS School HSP.

Do like and subscribe to stay updated whenever we upload new videos!



CCA Update - Swimming

Written by Ms Kan Yuan Ping, Teacher



The student was stretching and warming up.

Due to the Covid-19 situation, students from the CCA Swimming have only been in the pool on 4 CCA occasions. Swimming activities have been replaced with dryland workouts during this period, and we have been doing workouts which help to improve students' endurance, strength and coordination. We have exposed students to different kinds of indoor workouts as well such as dance workouts, yoga, seated and standing exercises. We have also worked on certain

skills needed in swimming such as wearing of goggles independently.

The students have shown resilience in the different exercises that we have been conducting over the past few terms. We hope that we will be able to return to swimming soon as all the students really miss being in the water!



The student was working out with a 1kg medicine ball.

Jobs Week 2020

Written by Ms Angeline Yeat, Job Coach

Students from classes Eagle 8A and 20A of the Functional Senior Programme participated in Jobs Week for the whole of Term 3. Jobs Week was a simulated process which let the students apply for jobs, attend interviews and perform the jobs that were offered to them. The "jobs" were collated from CPASS staff who also gamely agreed to act as interviewers. Some of the jobs included distributing snacks to the classes, designing of logo, video editing, cleaning of special rooms and ICT equipment. At the end of Jobs Week, the students would also receive rewards based on their work performance.

For the first 2 weeks of Term 3, the teachers drilled the students on interview etiquette and how to answer questions during an interview. After the practice, students went for the Zoom interviews which were conducted over a period of two weeks. Most of the students were able to pass the interviews successfully and some were even offered two jobs! We hoped that the experience would remain useful to the students and that they would be able to complete their jobs successfully too! Many thanks to the staff who had participated to make Jobs Week 2020 meaningful for the students. Stay tuned for Jobs Week 2021!



Racial Harmony Day Celebration

Written by Ms Shalani Suppermaniam, Teacher

2020 theme for Racial Harmony Day 2020 was, "Unity is Strength". Words have the power to build or break and by emphasizing on one of our school values, Respect, we wanted to remind our students to continue to use words that will build and empower people, especially in a society with diverse cultural and religious differences. We organised two activities namely Message For You (M4U) and Hanky of Unity.

This year's celebration held on 16 July also encouraged CPASS students to embrace each other's cultural uniqueness through art. With the exposure to fabric from the different racial groups, our students learnt to combine these materials together to create a beautiful masterpiece.

M4U is an activity where students were given postcards to communicate messages to friends from a different racial group.



The act of combining the different materials together also symbolizes how the different races in Singapore must continue to work together to guard the unity of Singapore, making Singapore a peaceful and beautiful nation.

each racial group.





Written by Ms Nagajoethi Varadarasu, Teacher

National Day celebrations provided an opportunity for CPASS students to gain a greater sense of historical importance & solemnity for National Day. The theme for this year's National Day Parade (NDP) is "Together, A Stronger Singapore". This year's NDP calls on Singaporeans to stay as united people and work together to emerge from challenges "stronger than before".

On 7 August, our students learnt more about National Day and sang National Day songs during their CCA session. On that day, unlike any other day year, the students started the celebration with a National Day march-past by teachers through Zoom. Thereafter, they unleashed their imagination through National Day art & craft activity. Snack boxes were provided for students to enjoy a meal together with their peers in classroom to emphasise the importance of unity.

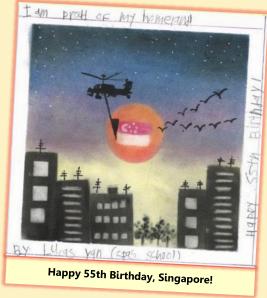
Through this celebration, the School hopes to foster in students a strong sense of national identity and pride for our Nation along with the determination to stand together & emerge from the crisis stronger as one nation.



MOE Facebook Feature for National Day

In the celebration for our Nation's 55th birthday, students from different Special Education (SPED) schools created works of art to share their national pride – as well as their hopes and wishes for Singapore. We are proud to share that the artwork created by Lucas Yan (Eagle Class 4B) was also featured in the MOE Facebook. It was a piece of artwork done with powder paint and stencils. Well done, Lucas!





"Be The Light" video for National Day

The Singapore Youth Festival (SYF) team prepared a video entitled 'SYF x ND Stronger Together: Be The Light'. This video featured students' creative expressions through the past months of Home-Based Learning, their contributions to the community, their resilience and adaptability to evolving Covid-19 circumstances at home and in school, and their messages of hope and resilience in celebration of National Day. The video was launched on SYF's social media platforms, disseminated to all schools as part of the Character & Citizenship Education lesson for National Day celebration on 7 August, and shared on National Day on 9 August via NDP social media platforms. Yan Jia Yi (Eagle Class 8A) was also featured in the video saying a short National Day Parade personal greeting - [Thank you doctors and nurses]- using her iPad.

"Thank you, doctors and nurses!" exclaimed Student Jia Yi via her iPad.



Written by Mr Koh Teng Hock, Vice-Principal

PowerPoint Skills Module

Written by Mr Yap Feng Kai, Teacher

CPASS ICT Domain conducted the first run of our PowerPoint Skills module. Created by our teachers, the module aims to teach IT skills to students from the Functional Programme to prepare them for the digital world.

Students from classes Eagle 4A and 6A attended the course which was facilitated by CPASS ICT Executive, Ms Masayu over a span of 12 weeks. Students learnt about the basic functions of Microsoft PowerPoint such as how to create a simple slideshow and design a simple poster. Students would also sit through an assessment test at the end of the course to assess their learning. Students gave feedback that they enjoyed the course and were looking forward to creating digital masterpieces with what they had learnt!



Students were learning to create a simple PowerPoint slideshow.



Students were learning to design a simple poster for the Mini-Mart.

Assembly Programme Via Zoom

Written by Ms Suzana Ahmed, Head of Programme (High Support Programme)

In CPASS, assembly programme is an integral part of the curriculum. It is carried out on every Tuesday for both AM and PM sessions. For AM session,

it starts from 8am to 8.30am whilst for the PM session, it is from 12.45pm to 1.15pm. The assembly programme allows the students to experience and participate in many different activities that are infused with the school values.

Before the Covid-19 situation, assembly activities are carried out in the school hall. But now, the school has to adhere to strict safety measures and mass gathering in the hall is disallowed. Thus, to ensure safe distancing and small-number grouping of students, the school has decided to run the assembly programme via Zoom. It was daunting at first for both the teachers and students. The staff in-charge of the assembly programme would have to start the session by explaining to all classes on the activities that would be carried out for that day.



the flagraising ceremony via Zoom.



The Principal was making her speech during assembly programme via Zoom.

After which, the teachers in the class would facilitate the activities based on the PowerPoint slides and videos shared by the staff in-charge of the assembly programme. All classes would be carrying out the activities at the same time.

Conducting assembly activities via Zoom may be unfamiliar for all of us at first but now it has become the new normal that proves to be a powerful and enriching tool to reach out to the students.

Safe Management Measures

Written by Ms Joyce Yin, Admin & Operations Manager

With the end of the Covid-19 Circuit Breaker period on 1 June, students progressively came back to school from 2 June, with all students returning by 8 June. In Term 3, MOE provided a set of Safe Management Measures (SMM) for School to implement for the health and safety of all at CPASS, especially our students. Class SMM posters were put up in every class for implementation and approved caregivers were briefed on SMM. Some measures implemented included:

- Daily screening, temperature-taking & safe entry
- Wearing of masks and safe distancing
- Regular hand washing throughout the school day
- Wipe down of tables and equipment before and after use
- Cleaning of high-touch surfaces more frequently and disinfecting the premises daily



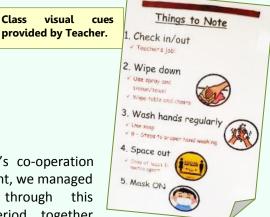
With everyone's co-operation and commitment, we managed weather through challenging period together.

Class

visual

Let's all continue to adhere to SMM to stay well and safe!

Welcome Back Banner at Bus Bay: Practice Personal Hygiene, Mask Up, Safe Distancing



Congratulatory Notes



2020 MOE MASTERS SCHOLARSHIP IN SPECIAL EDUCATION (MSSPED) (OVERSEAS AWARD)

We would like to congratulate Teacher Gena Tan who has been awarded the 2020 MOE Masters Scholarship in Special Education (MSSPED) (Overseas Award). The scholarship is for SPED school teachers who wish to enhance their professional expertise and contribute to the development of special education in Singapore.

Teacher Gena Tan is a strong believer that all students are able to achieve anything they aspire to do when they are given the exposure and opportunity. She has worked tirelessly and with much zest to provide the platforms for CPAS students to show their true colours.

Teacher Gena Tan shows mastery of sound teaching practice with appropriate pedagogical and innovative





Award presented by Ms Sun Xueling, Minister of State for MOE and MSF at MOE Special Education Teachers' Day Celebration.

approaches. She incorporates various frameworks and pedagogies into her practice, such as Universal Design for Learning (UDL), the Trans Disciplinary (Trans D) approach to classroom instruction, and the use of Information Communication Technology and Assistive Technology in teaching.

2020 MOE-NCSS OUTSTANDING SPECIAL EDUCATION TEACHER AWARD (OSTA)

We are also happy to share that Teacher Debbie Chan has received the 2020 OSTA (Outstanding SPED Teacher Award). The OSTA aims to recognise the important role as well as outstanding contributions and achievements of SPED teachers in the education of children with special educational needs.





Award presented by Ms Sun Xueling, Minister of State for MOE and MSF at MOE Special Education Teachers' Day Celebration.

Teacher Debbie Chan is a competent teacher who demonstrates knowledge and understanding of strategies for differentiating teaching to meet the specific learning needs of students across the full range of abilities. She incorporates differentiated strategies such as Explicit Direct Instruction & UDL to meet the specific learning needs of students across the full range of abilities. She is able to apply knowledge of the content and organise content into coherent, well-sequenced engaging learning and teaching activities.

Teacher Debbie Chan also adopts the Trans D approach in her lesson delivery. She collaborates closely with her Trans D team in school by holding frequent discussions and implementing the suggestions provided by the Allied Professionals (APs). Together with the APs, she is able to set functional goals that provide achievable challenges for her students of varying abilities and characteristics.



Written by Mr Koh Teng Hock, Vice-Principal

Art Therapy for People with Special Needs

Written by Mrs Lee Chor Hui, Senior Teacher

On 23 July, twenty-nine staff comprising teachers and teacher-aides attended the course on Introduction to Art Therapy for People with Special Needs. Due to Covid-19 situation, the course was conducted online and the instructor was Ms Caroline Essame, a British trained Art Therapist and Occupational Therapist. Participants were introduced to

the development theories of Art Therapy and how children and adults could develop social, emotional and cognitive skills through art making. Participants were encouraged to explore their own creativity and learn through practical art exercises on the use of art for emotional and intellectual development and selfexpression. They also explored the different ways to run creative art sessions with their students.



Siti Azmirah & Asyiqin exhibiting their expressive art pieces.

Staff Engagement Professional Learning Team (PLT)

Written by Ms Noredah Sim, Senior Teacher

In our current state of disruption and uncertainty, connection and recognition are the simplest and easiest strategies to continue with, as they require little effort and do not cost anything. The Staff Engagement PLT that looks at fostering staff bonding through various activities and platforms for all school staff realises that building connection and staying connected with colleagues is more challenging than usual. Adjustments have to be made and the team has to learn to embrace the new online mode of fostering the culture of care and team spirit among staff.

Thus, the Staff Engagement PLT has embarked on sending birthday greetings online while at the same time ensuring that staff still receive their personal birthday cards. This new effort is made in the hope that it will bring as much joy to staff celebrating their birthdays, minus the mass birthday singing, and birthday card presentation in front of all staff during the staff Contact Time session. Another new approach made by the team in letting staff know that their continuous effort is valued and appreciated is to affirm them through motivation cards. The team has managed to send affirmation cards to motivate all staff in Terms 2 and 3 and will continue with this approach in Term 4. This may be a

challenging period for everyone but it is also a good time to remind ourselves the need to show our appreciation to each other. We also want to let colleagues know that their effort to persist in their jobs despite current adversities is definitely appreciated. Thank you very much, CPASS staff!



Sample of Online Birthday **Greetings with Animation.**





Contact Tracing

To ensure that we are able to contact all parents / guardians / caregivers for exigencies, and to help the school in communicating effectively, please inform your child's teacher of any-change in the following:

- Contact details (mobile / email address / home telephone number)
 - Home address

Important Dates in Term 4 (14 September 2020 to 20 November 2020)

Friday, 9 October 2020	Children's Day
Monday, 19 October 2020 to Friday, 30 October 2020	Progress Report Meetings
*Saturday, 14 November	Deepavali
Thursday, 19 November 2020	Graduation Ceremony (Schooling as usual for ALL students)
Friday, 20 November 2020	No schooling on Friday, 20 November
Saturday, 21 November 2020 to Sunday, 3 January 2021	School Holidays (New school year starts on Monday, 4 January 2021)

^{*} Monday, 16 November 2020 will be a scheduled school holiday