



PROFESSIONAL DEVELOPMENT  
ENTERPRISE LEARNING

### Course Date

24 & 25 June 2021

### Registration Deadline

18 May 2021

### Contact duration and timing:

2x Live Webinar sessions

9:00 am to 12:30 pm

### Venue

Webinar-Virtual classroom

### Course Fees

Full fee : S\$300

### Min Course Capacity

20 participants

### Targeted Participants

- HOD
- Manager
- Executive level

### For Enquiry

Email: [training@cpas.org.sg](mailto:training@cpas.org.sg)

Tel: 6585 5651



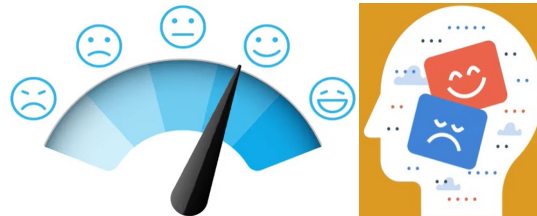
# Mastering Emotional Intelligence

What makes a staff to be able to help themselves and others? Emotional Intelligence (EQ) can certainly help dealing with anxiety, depression, stress, overwhelming feeling and many more emotional challenges.

The participants will learn importance of having the right ingredients and awareness to reach one's full potential and maximise contribution to organisational goals.

This course will provide participants with essential tools and strategies to help them and others manage and develop EQ, especially when addressing and serving their clients' needs.

Participants will enhance their EQ by learning a framework that is extremely adept at helping to not only improve their own life, but also the lives of their clients or other stakeholders within Social Service Sector and Community.



## Learning Objectives

Upon completion of this course, participants will be able to learn to:

- Work effectively with others in a business context to achieve organisational outcomes.
- Building stronger bonds and create a happy, productive work environment
- Identifying suitable work-life balance strategies to achieve personal as well as organisational goals
- Learning to assess emotional intelligence of self and others, and identify ways to increase its level
- Applying emotional intelligence to guide thinking, actions, to influence and persuade others to achieve a win-win outcome

## Course Instructor

Dr David is an SIM's associate trainer with 18 years of experience as an international consultant, performance coach, faculty member and corporate trainer in the Leadership, Talent Management and Development space, working across industries, including the Social Service Organisation/ Voluntary Welfare Organisation sector with all levels of leadership. He has coached numerous organisations with a suite of talent management and leadership solutions. His other subject matter expertise includes strategic decision making and execution, talent acquisition, leadership development, change and performance management.

## Terms and Conditions

- \* Registration will be confirmed only upon receiving invoice or full payment.
- \* In the event of no show up for the course, course fee will be charged with no refund.
- \* Min pax of participants are needed to conduct the training.

**Register now!**

[Register for Mastering Emotional Intelligence \(Online\)](#)