

Course Date

18 Feb 2022 (Face to face training)

Registration Deadline

18 Jan 2022

Contact duration and timing:

9:00 am to 12:00 pm

Venue

CPAS Training Room, Level 4

Course Fees

Full fee : S\$150

Min Course Capacity

20 participants

Targeted Participants

- Parents
- Teachers
- Allied Health Professionals

For Enquiry

Email: training@cpas.org.sg

Tel: 6585 5651



Developmental Trauma and Attachment Disorders, the Cause, Symptoms and Effects

Children can experience trauma from many directions. Natural disasters devastate communities, leaving families homeless. Children are caught in the crosshairs of shootings and community violence. But the biggest emotional storms—neglect and abuse—rage inside the home, where children are supposed to feel safe and loved. Even though adults experience trauma, too, maturity helps them process the events more effectively and return to a sense of normalcy. For children, early-life traumas can actually alter their young brains and result in developmental and behavioral problems.



Learning Objectives

Upon completion of this course, participants will be able to learn to:

- Gain confidence in their ability to identify and understand how repeated trauma affects children and adolescents
- Understand the breadth and complexity of Developmental Trauma and associated difficulties
- Develop their empathic understanding through ideas for experiential learning

Course Instructor

Mr Parandaman is a Pediatric Forensic Psychologist with 8 years' experience of working in a specialist child and adolescent mental health team for children who are placed in residential care. He is a Specialist Chartered Forensic Psychologist with the British Psychological Society (BPS) and is a doctoral candidate with Middlesex University. He set up a community Paediatric psychological services unit within a family service centre in Singapore. He is currently heading the psychology department in CPAS and is hoping to provide trauma informed care. He is mindful that for children who have experienced developmental trauma, helping them to grow healthy attachment relationships can significantly improve their long-term physical and emotional health. Since qualifying as a Forensic Psychologist, He has undertaken additional therapeutic training in Child Eye-Movement Desensitisation Reprocessing (EMDR) (a specialist therapy for trauma); schema therapy for children and adolescents; Trauma Focused Cognitive Behavioural Therapy (CBT), Attachment, Regulation and Competency (ARC). Parandaman has also undertaken further specialist training in the assessment and treatment of Complex Trauma and Dissociation. He consults families where there are complex child protection and safety concerns and, repeated patterns of psychological trauma and abuse which are relevant to child mental health and developmental trauma. In particular, he provides clinical and forensic psycho diagnostic assessments, risk assessments, child custodial evaluation, treatment and psychotherapy.

Ms Thivya Lakshmi completed Masters in Clinical Psychology at Royal Holloway, University of London. She is currently a Graduate Member with the British Psychological Society (BPS). Currently at CPAS, she has had the opportunity to work with a wide age group of clients, from EIPIC students to Adult clients at GROW. With regard to psycho diagnostic assessments, she has been trained in administering psycho diagnostic assessments such as the WPPSI and WASI and has also undergone training for administering Dynamic Assessments. She has also been trained in therapy services, such trainings include Child Group Leader Training for social skills and problem-solving curriculum, CBT, Schema Therapy, Sensory Motor Arousal Regulation Treatment (SMART) and Trauma Focused-CBT. She believes in approaching any intervention or assessment, in a more holistic manner and advocate for the need to triangulate clinical information to better understand a client's situation and needs. She focused on understanding adverse childhood experiences that children with special needs face and the attachment related issues and burnout that parents/caregivers face. The attachment and trauma lens of her clinical practice allows her to understand the child from a holistic perspective which allows post traumatic growth for the child and family.

Terms and Conditions

- * Registration will be confirmed only upon receiving invoice or full payment.
- * In the event of no show up for the course, course fee will be charged with no refund.

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