

## Paediatric Feeding - A series of virtual workshops on the assessment and management of children with dysphagia and feeding challenges

### Course Date

W1:29 Nov, W2:30 Nov, W3:1 Dec,  
W4:2 Dec, W5:3 Dec, W6:6 Dec,  
W7:7 Dec 2021

### Registration Deadline

23 October 2021

### Contact duration and timing:

7x2 hrs Live Webinar sessions

8:30 am to 10:30 am

### Venue

Webinar-Virtual classroom

### Course Fees

**Full Course fee : \$850.00**

**Course fee for (Singaporean/PR holders) with VCF grant from SSA : \$595.00**

**Course fee for (WP/EP Holder) with VCF grant from SSA : \$722.50**

Limited slots available.

### Min Course Capacity

15 participants

### Targeted Participants

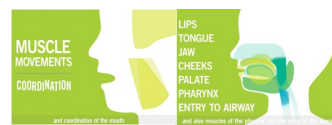
- Speech and Language

### For Enquiry

Email: [training@cpas.org.sg](mailto:training@cpas.org.sg)

Feeding Difficulties can be a real concern for parents. Feeding our children is one of the most important jobs a parent can do! The constant worry your child is getting enough nutrition to grow and to be healthy can be very stressful. Constant battles every meal time can lead to both parents and children dreading mealtimes! Children frequently miss out socially if they don't want to eat or can't eat. It makes going to birthday parties, picnics, restaurants or family events very stressful.

Ensuring a child is taking in adequate nutrition for growth and learning in an unstressful environment is the aim. Some of the children we see are under weight. Some have weight appropriate for their age and some are over weight. However if eating meals is stressful for the whole family support for eating may be required. Children might look like they are a good weight but help may be needed if there are gaps in their nutrition (e.g., limited protein). What ever the problem, the key factor is to determine whether your child is consuming the quantity, range of foods and textures needed to obtain all their nutritional requirements.



### Learning Objectives

Upon completion of this course, participants will be able to learn to:

- Anatomy and Physiology of swallowing in children
- Development of eating and drinking skills in children
- Conditions which may predispose to paediatric dysphagia and red flags for referral
- Assessment protocols and methods for children with suspected dysphagia
- Making intervention decisions on assessment outcomes
- Functional strategies for chewing practice, managing liquids safely, exercises to improve swallow function
- EBP Approaches to dysphagia/behavioural feeding interventions in children
- Assessment and management of feeding difficulties in children in special populations including ex-prematurity, ankyloglossia, cerebral palsy and cleft palate
- Tube feeding - management and assessment for readiness to support tube weaning
- The role of the speech pathologist and other team members in working with children with paediatric dysphagia/behavioural feeding challenges

### Course Instructor

Ms Emma Necus is a speech pathologist and international board-certified lactation consultant based in Brisbane, Australia. After 17 years working with children with paediatric dysphagia in acute, subacute and special education public systems (Including Nottingham UK, Wellington and Waitemata NZ, The Mater and Queensland Children's Hospitals, Brisbane) she recently took the plunge into full time private practise and management roles. She currently holds a Feeding Team Lead role at SpeechNet Speech Pathology, and is the director of her own company Feed and Grow. These roles focus on education, mentorship and management, as well as a complex clinical caseload of paediatric dysphagia, lactation and behavioural feeding difficulties in children from pre-term to 18 yearsr olds.

Emma has a passion for early intervention and evidence base practice in paediatric feeding and dysphagia management. She completed her masters degree in children with cerebral palsy and oral phase dysphagia in 2010, and is now working towards her PHD examining oral motor and feeding outcomes in infants and children with Ankyloglossia.

**Dr Sandra McMahon** is Director & Senior Speech Pathologist of SpeechNet Private Speech Pathology & Learning Centre. She is also the founder of Pop & Top – Language and Social Skills Groups with a range of speech therapy services are provided for children of all ages. Dr McMahon is passionate about diagnosing and treating children with communication and feeding difficulties. She combines her experience and passion to provide a range of services. She has a passion for providing parents with information on how to prevent communication difficulties. Dr McMahon was the Director of Speech Pathology of a major Metropolitan Tertiary Hospital. In addition she was a University Lecturer in Speech Therapy. The key areas included speech and language development, literacy skills and feeding problems. She presented at National and International Conferences, State wide seminars (Children Reflux, Multiple Birth Association) and is a frequent invited presenter for several organisations.

**Register now!**

**CPAS Staff need to submit Training Application Form**

## Terms and Conditions

- \* We are awaiting the VCF funding outcome from NCCS for this course.
- \* Participants from SSAs will be eligible for the VCF subsidy based on certain criteria and on first-come-first serve basis, as only limited seats are given by NCCS.
- \* Participants who have received VCF, will not be eligible for Early Bird Discount.
- \* Participants register before 30 July, and did not receive VCF, may enjoy Early Bird Fee.
- \* Registration will be confirmed only upon receiving invoice or full payment.
- \* In the event of no show up for the course, course fee will be charged with no refund.

		Participants Min – 15 pax Max – 20 pax		Trainer Dr Sandra McMahon / Ms Emma Necus
Day 1 • Live Webinar 1	Date: 29 November 2021 Monday, 2 hrs (Singapore time) Morning	8.30 am	10.30 am	Dr Sandra McMahon / Ms Emma Necus
	Workshop 1: Normal Development of Eating and Drinking/Anatomy •Normal feeding development •Neurobiology of swallowing •Stages of swallowing (pre oral, oral, pharyngeal, esophageal) •Case Studies			
Day 2 • Live Webinar 2	Date: 30 November 2021 Tuesday, 2 hrs (Singapore time) Morning	8.30 am	10.30 am	Dr Sandra McMahon / Ms Emma Necus
	Workshop 2: Assessment •Conditions which predispose to paediatric dysphagia •Paediatric dysphagia vs Behavioural Feeding Difficulties – A Discussion •Case History taking and red flags •CN examination for swallowing •Oral Motor Assessment			
Day 3 • Live Webinar 3	Date: 1 December 2021 Wednesday, 2 hrs (Singapore time) Morning	8.30 am	10.30 am	Dr Sandra McMahon / Ms Emma Necus
	Workshop 3: Assessment •Clinical (functional) Assessment in pediatric and adult dysphagia •Suck-swallow -breathe and (swallow-respiratory) coordination in children and adults •Instrumental Assessment of dysphagia - VFSS, FEES, Esophageal Manometry •Differential diagnosis of dysphagia and severity (mild, moderate, severe/ safe vs unsafe) •Case Studies and Discussion			
Day 4 • Live Webinar 4	Date: 2 December 2021 Thursday, 2 hrs (Singapore time) Morning	8.30 am	10.30 am	Dr Sandra McMahon / Ms Emma Necus
	Workshop 4: Intervention •Making intervention decisions on assessment outcomes •Functional strategies for chewing practice, managing liquids safely, exercises to improve swallow function. •Swallowing maneuvers, evidence for and against using E-Stim / NMES in dysphagia. •EBP Approaches to dysphagia intervention in children and adults •Case Studies and Discussion			
Day 5 • Live Webinar 5	Date: 3 December 2021 Friday, 2 hrs (Singapore time) Morning	8.30 am	10.30 am	Dr Sandra McMahon / Ms Emma Necus
	Workshop 5: Special Populations •Assessment and management of children with cleft lip and palate •Assessment and management of Ankyglossia (Tongue Tie) •Assessment and management of eating and drinking in children with Cerebral Palsy •Assessment and management of feeding with pre-term infants. •Transitioning from NGT/PEG to Oral feeding •Case Studies and Discussion			
Day 6 • Live Webinar 6	Date: 6 December 2021 Monday, 2 hrs (Singapore time) Morning	8.30 am	10.30 am	Dr Sandra McMahon / Ms Emma Necus
	Workshop 6: The Team and Complex Considerations •The role of the multidisciplinary team in dysphagia intervention •The role of the speech pathologist in paediatric palliative care •Risk Feeding •Documentation •Case Studies and Discussion			
Day 7 • Live Webinar 7	Date: 7 December 2021 Tuesday, 2 hrs (Singapore time) Morning	8.30 am	10.30 am	Dr Sandra McMahon / Ms Emma Necus
	Workshop 7 – Conclusions and Discussion •Question and Answer Session •Case Studies and Discussion •Where next? A discussion			