



Annual Report

Financial Year **2021 / 22**

KEY MILESTONES

As we commemorate our 65th anniversary, we celebrate the key milestones that we have achieved in the past years.

1957

After a small group of volunteers started a class of 10 children with cerebral palsy, Cerebral Palsy Alliance Singapore (CPAS), previously known as the Spastic Children's Association of Singapore (SCAS), was officially launched in 1957.

Located at 25 Gilstead Road, its headquarters was known as "Field House", named after paediatrician Professor Elaine Field, who was part of the small group of dedicated persons instrumental in forming SCAS.

1984

The Goodwill, Rehabilitation and Occupational Workshop (GROW) was set up as a sheltered workshop at 17 McNair Road. Its objective was to provide vocational training and employment opportunities for adults with cerebral palsy.

1986

SCAS became a member of the Community Chest. This was to help fund its programmes and to continue providing quality services to persons with cerebral palsy.

2000

The Ministry of Education granted SCAS a 0.85-hectare plot of land at Pasir Ris Drive 1 for the construction of a special purpose centre to centralise all the programmes.

2003

The Headquarters and GROW moved to the new premises in November 2003, and the School and Rehabilitation Centre moved in by December 2003.

2004

The new Cerebral Palsy Centre, located at 65 Pasir Ris Drive 1, was officially opened by Prime Minister Lee Hsien Loong on 18 September 2004.

2005

The Early Intervention Programme for Infants and Children (EIPIC) was initiated in the new premises.

2006

The Ministry of Community Development, Youth and Sports (MCYS) approved the set up and support of the Day Activity Centre (DAC) in SCAS as part of its efforts to cater for clients who were not suitable for open employment or the sheltered workshop.

2008

SCAS aimed to establish itself as a Mega Therapy Hub that will act as a one-stop centre for physiotherapy, occupational therapy, speech & language pathology, medical and psychological services for clients, along with members of the public who face issues related to cerebral palsy and other disorders of movement, posture and development.

2013

To better reflect its programmes and services to assist persons with cerebral palsy and related disorders as well as to give an improved name to safeguard the dignity of people with the condition, the organisation changed its name from "Spastic Children's Association of Singapore" to "Cerebral Palsy Alliance Singapore" (CPAS) with effect from 14 January 2013.

2015

To address a growing need for more accessible specialised therapy services, CPAS opened two out of its seven Specialised Clinics to the public, the Feeding and Swallowing Clinic, and the Audiology Clinic.

2017

CPAS launched the Singapore Cerebral Palsy Registry on 8 September 2017. This research registry aims to improve the overall understanding of cerebral palsy in Singapore and will assist in the future planning of services and resources for persons with cerebral palsy in Singapore.

2018

CPAS became the first social service agency in Singapore to fully implement the Trans-Disciplinary Approach in our early intervention programmes and special school.

2019

The CPAS mascot, Suzy Doll was refreshed to raise awareness of cerebral palsy and CPAS.

ABOUT US

Established in 1957, Cerebral Palsy Alliance Singapore (CPAS) is a social service agency that serves children and adults with cerebral palsy and multiple disabilities. Our fully integrated programmes and services cater to the developmental needs of clients and maximise their functional independence at every stage of life.

OUR VISION

Empowering persons with cerebral palsy or multiple disabilities to realise their full potential and lead fulfilled, dignified lives.

OUR MISSION

We are dedicated to:

- Delivering fully integrated programmes and services at the highest standards with passion, integrity, care, and excellence.
- Creating awareness of cerebral palsy and multiple disabilities, and advocating equal opportunities for all persons with the condition.

CORE VALUES



HOPE

We seek to inspire hope in the hearts of our clients.



ASPIRATION

Never content with the status quo, we aspire to not only enhance the lives of our clients, but also our service and capabilities.



TRUST

Above all, we value the trust that clients place in our organisation's programmes and services.



EMPOWERMENT

Our aim is to empower our clients to overcome their challenges and live a life without limits.



RESPECT

Respect is a fundamental value that guides the actions of our staff.

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CHAIRPERSON'S MESSAGE



DR JANICE WONG
Chairperson

Ever since the Covid-19 pandemic began over 2 years ago, CPAS has been steadfast in developing solutions to address the many challenges that came our way. We remain driven in our goals to deliver fully integrated programmes and services at the highest standards, and to further enhance the learning and development of our clients.

CONTINUOUS IMPROVEMENT OF OFFERINGS AND FACILITIES

To ensure that we serve our clients at the highest standards, CPAS embarked on various plans and initiatives to enhance our programmes and services. Existing initiatives such as Building Bonds, a therapeutic service for Special Education families experiencing existential and attachment-related concerns, underwent enhancements to better meet the needs of our clients. Building Bonds was enhanced to include a reflective and exploratory approach, allowing caregivers to develop self-sufficiency and awareness in their parenting.

With the continued support from the Government, corporates and donors, our facilities are also progressively improved to enhance our clients' quality of life. The Goodwill, Rehabilitation and Occupational Workshop (GROW) launched a One-Stop Training and Office Solutions Digital Hub to provide opportunities for GROW clients to provide basic IT services to CPAS staff and potential external companies.

IMPLEMENTATION OF NEW TECHNOLOGY

Technology continues to take the driver's seat in our pursuit for innovation, allowing us to further increase the convenience and accessibility of our clients. We continue to be the forerunner in adapting new technologies, with CPAS being the first Social Service Agency to implement the Constraint-Induced Movement Therapy (CIMT) and the Functional Electrical Stimulation (FES) Therapy for clients receiving Occupational Therapy. Such technology will enable us to better improve our clients' mobility.

We also collaborate on projects with Institutes of Higher Learning (IHLs) to develop new innovations and technology to further assist our clients. Our Assistive Technology Hub (AT Hub) collaborated with the National University of Singapore (NUS) and Ngee Ann Polytechnic (NP) in Design Thinking and Innovation projects, developing an e-feeder and e-drinking bottle, and an alternative control for power chairs. These projects were done with the key goal of improving our clients' accessibility and daily living.

SHOWCASING OUR CLIENTS' TALENTS TO THE COMMUNITY

It is important for our clients to remain connected and engaged with the larger community, as it provides opportunities for them to showcase their talents. To share the artistic capabilities of our trainees in GROW, we collaborated with Extra Ordinary People Limited and Singapore Pools in community projects, where our trainees' artworks were displayed to the public. Artworks created by our trainees were also chosen for the National Day Parade (NDP) 2022. We are thankful to our partners for all the opportunities in showcasing our clients and their talents with the wider community.

On behalf of the Board, I would like to thank our donors, partners, and staff for the strong support towards CPAS.

EXECUTIVE DIRECTOR'S MESSAGE



Latha Kutty

MS. LATHA KUTTY
Executive Director

CPAS was established 65 years ago to provide support for 10 children with cerebral palsy. With the tremendous support from donors, partners, and our staff over the years, we are now a one-stop centre equipped to provide over 700 clients with essential programmes and services. The support that we have received has been pivotal in the growth and development of our clients.

CONTINUING TO PRIORITISE THE WELL-BEING AND DEVELOPMENT OF CLIENTS

Every client we serve in CPAS is valuable, and we take steps to ensure that they receive care and support that are of the highest standards. One of these steps includes a Quality of Life (QOL) survey, which was conducted for clients in CPAS School to better understand any barriers they face and further improve their QOL.

The development of our clients is greatly prioritised in CPAS, as we work towards ensuring that they are equipped with the necessary skills for daily living. Our Assistive Technology Hub (AT Hub) collaborated with CPAS School to assist selected clients in learning and adapting to the Obi Feeding Robot, which helped them achieve independence in feeding themselves. The CPAS Alumni Beyond Boundaries Club also partnered with Tampines Meridian Junior College (TMJC) to equip our alumni with design skills using latest design applications.

ENHANCED SUPPORT FOR CLIENTS & CAREGIVERS

We remain dedicated to empowering our clients in leading fulfilled, dignified lives. To better assist our clients in their transition to their next stage in life, CPAS launched transition support programmes to support Early Intervention Programme for Infants and Children (EIPIIC) and CPAS School (CPASS) graduands in transitioning to mainstream schools or day activity centres and workshops. We also launched resources, such as a Feeding Handbook for caregivers by our Speech and Language Pathology (SLP)

Department, targeted to help caregivers in caring for our clients at home. By providing new initiatives and value-added resources for clients and caregivers, we can create an environment that forms a strong support system for the development of our clients.

AWARDS AND ACHIEVEMENTS

Our clients and staff are the pride of CPAS. I am proud to share that our very own CPAS School students Aloysius and Jia Yi represented Singapore in the 2021 Asian Youth Paralympic Games (AYPG), with Aloysius clinching a gold medal for Singapore in the Individual Male event, as well as a silver with Jia Yi in the Mixed Pair event. Our staff also continue to improve themselves through courses, credentials, and professional involvement to better support our clients. We congratulate them for their incredible accomplishments.

The year 2022 marks a significant milestone for CPAS as we commemorate our 65th anniversary since our founding in 1957. We celebrate the achievements of our clients, and say a big thank you to our donors, partners, and volunteers for their unwavering support these years. We look forward to many more years of progress with your continued support.

BOARD MEMBERS



1 DR JANICE WONG

Chairperson

School Management Committee (Chairperson & Supervisor)
Nomination Subcommittee (Chairperson)
Staff Subcommittee (Member)

2 MS TAN YEE DENG

Vice-Chairperson

Staff Subcommittee (Chairperson)
Fundraising Subcommittee (Member)
The Children's Charities Association of Singapore (CCA) Representative

3 DR SATYAKI SENGUPTA

Honorary Secretary

Programmes Subcommittee (Chairman)
Nomination Subcommittee (Member)
School Management Committee (Member)

4 HJ SALLIM BIN ABDUL KADIR, JP, BBM, PBM

Honorary Treasurer

Finance-Investment Subcommittee (Chairman)
School Management Committee (Honorary Treasurer)
Audit Subcommittee (Member)
Staff Subcommittee (Member)

5 MR MERVYN SIRISENA, PBM

Assistant Honorary Secretary

Fundraising Subcommittee (Chairman)
Nomination Subcommittee (Member)
The Children's Charities Association of Singapore (CCA) Representative

6 MS YVONNE CHAN

Assistant Honorary Treasurer

Finance-Investment Subcommittee (Member)
Staff Subcommittee (Member)

7 MS FOO SIEW FONG, PBM

Member

Staff Subcommittee (Member)

8 MS KOH KOK LOO

Member

Audit Subcommittee (Chairperson)
Finance-Investment Subcommittee (Member)

9 DR YOONG SIEW LEE

Member

Audit Subcommittee (Member)
Programmes Subcommittee (Member)

10 MR REMY CHOO

Member

Programmes Subcommittee (Member)
School Management Committee (Member)

11 MS MERLISSA ELVIN

Member

Fundraising Subcommittee (Member)

12 DR BICKY BHANGU

Member

Programmes Subcommittee (Member)

13 MR ALOYSIUS WEE

Co-Opted Member

Audit Subcommittee (Member)
Fundraising Subcommittee (Member)

14 DR JEREMY LIN

Co-Opted Member

Programmes Subcommittee (Member)

15 MR ALLAN PHUA

Co-Opted Member

Staff Subcommittee (Member)

16 MR NG WAI KEONG

Co-Opted Member

Fundraising Subcommittee (Member)

17 ASSOCIATE PROFESSOR KEVIN LIM, BBM, PBM

Emeritus Chairman & Honorary Advisor

School Management Committee (Member)
Nomination Subcommittee (Member)
National Council of Social Service (NCSS) Representative



MANAGEMENT TEAM



1 MS LATHA KUTTY
Executive Director

2 MS CATHERINE WEE
Advocacy & Marketing Manager

3 MS NICKIE ANG
Finance Manager

4 MS FOO MUI LENG
Human Resources Manager

5 MS AZALEA ONG
EIPIC Principal
(with effect from 11 Apr 2022)

6 MRS KOH-LIM AI LAY
School Principal

7 MS BETTY TSE
DAC Manager (Adult Services)

8 MS MANJU MOHTA
Head of Assistive Technology (AT) Hub

9 MS PAMPI GHOSH
Head of Occupational Therapy Department

10 MR D. SENTHIL KUMAR
Head of Physiotherapy Department

11 MS SHELLY LOH
Head of Social Work Department

12 MS SUNITHA SENDHILNATHAN
Head of Speech & Language Pathology Department



STATISTICS SNAPSHOT



OVER

700

CLIENTS



STAFF

297



AVERAGE OF

29

HOURS OF
TRAINING
PER STAFF



EIPIC
STUDENTS

242

77 STUDENTS
GRADUATED FROM
EIPIC IN END 2021



CPASS
STUDENTS

251

18 STUDENTS
GRADUATED FROM
CPASS IN END 2021

- 5 classes in Academic Programme
- 16 classes in Functional Programme
- 19 classes in High Support Programme



70

CLIENTS
IN DAC



95

TRAINEES
IN GROW



27,144

HOURS OF
PHYSIOTHERAPY



35,544

HOURS OF
OCCUPATIONAL
THERAPY



26,489

HOURS OF SPEECH &
LANGUAGE THERAPY



173

SCREENINGS
CONDUCTED
BY SOCIAL WORK

OUR PROGRAMMES

Early Intervention Programme for Infants and Children (EIPIC)

For children up to 6 years old

EIPIC provides early intervention for children with identified needs between the ages of a few months to six years old. A Trans-Disciplinary Approach is integrated into the curriculum. A multi-disciplinary team collaborates with caregivers to provide holistic education and support to help each child maximise his or her developmental growth.



CPAS School (CPASS)

For children between 7 and 18 years old

CPAS School is a double-session Special Education (SPED) school serving students with moderate to severe multiple disabilities. We offer the SPED Curriculum as recommended by the Ministry of Education. Through our mission of equipping our students with a holistic education to live meaningfully, learn continuously and work productively, they learn and develop in six domains. For selected students with good motor and functional skills, their curriculum includes pre-vocational training.



Adult Services

• Goodwill, Rehabilitation, and Occupational Workshop (GROW)

For adults 18 years old and above

GROW is a sheltered workshop that provides vocational training and sheltered employment through various projects and social enterprise initiatives. GROW provides an environment for self-development, and nurtures skills for community integration.

• Day Activity Centre (DAC)

For adults 18 years old and above

DAC provides day care for persons who require higher support. The primary aim is to nurture self-help skills through a balanced and structured curriculum of daily living, social skills training, therapy rehabilitation care and recreational activities.

• CPAS Connect Alumni Programme

CPAS Connect is an alumni programme that engages former students and clients through social activities and sports.



OUR SERVICES

Our **Allied Professionals (APs)** extend a comprehensive range of specialised healthcare and support to our clients.



Assistive Technology Hub

Assistive Technology (AT) refers to technology that aids people with disabilities or their caregivers in living, learning, and working. The AT Hub provides the following services:

- Capability building of CPAS clients through the provision of AT suited to their needs.
- Staff training on incorporating suitable AT in the classroom setting to enhance clients' learning.
- Creating inclusive and barrier-free learning and living spaces by modifying the physical environment at the centre or in clients' homes.



Psychology

Our team of Psychologists have different specialities providing services which address paediatric needs. We provide a broad array of psycho-diagnostic treatments/testing and consultation services for a range of behavioural, developmental, and learning needs. We focus on the developmental and behavioural needs, as well as the psychosocial and emotional well-being of children and adolescents.



Occupational Therapy

Our Occupational Therapists address the use of purposeful activities and a variety of treatment methods to obtain the desired level of functioning in self-care, work and leisure.



Social Work

Social Workers assist clients and their families to cope with issues resulting from disabilities and help the clients realise their full potential through the following services:

- Information and Referrals
- Parents and Caregivers Support
- Link with Community Resources
- Casework and Counselling
- Home Visitations
- Agency Visits
- Financial Assistance



Physiotherapy

Our Physiotherapists provide assessment, treatment, rehabilitation and prevention of movement disorders, pain, injury, or any other physical dysfunction.



Speech Therapy

Our Speech Therapists focus on the assessment and management of speech, language, communication, literacy, as well as feeding and swallowing skills. Intervention through Augmentative and Alternative Communication (AAC) is also provided by using low- and high-tech devices for those with complex communication needs and reduced speech intelligibility.



Home Management Programme (HMP)

Therapists provide home-based therapy and social intervention at the homes of people with cerebral palsy who are severely disabled and in need of therapy but are unable to travel to our centre.



Outpatient Programme (OP)

The Outpatient Programme provides therapy and social interventions at our centre for clients with cerebral palsy and other physical disabilities. Therapies provided include speech and language therapy, physiotherapy and occupational therapy.



Specialised Clinics

CPAS runs a range of specialist and medical clinics, as well as an Equipment Loan Library. Each clinic offers specialised care by allied health professionals and medical professionals.

- Audiology Clinic
- Paediatric Psychological Testing Services
- Feeding and Swallowing Clinic
- Sensory Processing and Sensory Integration Clinic
- Seating and Posture Clinic
- Orthopaedic Clinic
- Hand Clinic and Splinting
- Paediatric Neurology Clinic
- Medical and Dental Clinics



CLIENT PROFILES

Empowering Clients through Constrained Induced Movement Therapy (CIMT)

Atchayakumaran Rajendran is a 12-year-old boy diagnosed with cerebral palsy and global development delay. He presents with generalised abnormal muscle tone and weakness in his right upper limb and both lower limbs, causing delayed gross and fine motor skills.

Atchayakumaran requires minimal to moderate assistance in activities of daily living. For instance, he either uses the kaye walker or an adult's support to stand and walk. He uses a wheelchair for long distance mobility in school and is trained to use a motorised wheelchair.

As part of the CPAS Occupational Therapy (OT) Department's implementation of the CIMT, Atchayakumaran participated in the CIMT programme where he underwent 8 days of intervention. The post-assessment results indicated significant improvement in Atchayakumaran's use of his weaker limb for his daily activities, showing progress in his mobility and functional use of his affected right limb.



Turning Dreams into Reality

40-year-old Ong Ding Kai joined the Day Activity Centre (DAC) in November 2019. Diagnosed with Spastic Quadriplegia, Ding Kai joined DAC to remain socially engaged after graduating from CPAS School (CPASS).

Ding Kai enjoys taking photos, but it is challenging for him to do so due to his weaker left arm.

DAC collaborated with GovTech to train Ding Kai in using the ePad – an e-mounting system that allows users to take photos using switches and a mounted iPad. With the support and assistance from his training officer and GovTech's staff, Ding Kai learnt how to use the ePad very well and is now able to capture photos of his friends and teachers in CPAS independently.



Realising the Full Potential of Clients

Aloysius Gan and Yan Jia Yi, students of CPAS School (CPASS), collaborated to design a Zoom background for the Ministry of Social & Family Development (MSF)'s Enabling Masterplan 2030.

Under the guidance of their IT Teacher Mr Yap Feng Kai and Class Teacher Ms Nur Azira Binte Syed Ahamad Shah, Aloysius and Jia Yi completed the final design using applications such as Keynote and Vectornator. The Zoom background will be used by MSF in their online engagement and consultation sessions with social service professionals and stakeholders.



NEW INITIATIVES



Ambidexter Project with Republic Polytechnic

The CPAS Occupational Therapy (OT) Department collaborated with Republic Polytechnic and completed the Ambidexter Project with 13 identified clients from the Early Intervention Programme for Infants and Children (EIPIC) and CPAS School (CPASS). Ambidexter is a portable rehabilitation device for training fine motor skills. Tapping on Virtual Reality (VR) gaming with a modified controller, Ambidexter can motivate CPAS clients in improving their grip strength.



Implementation of Constrained Induced Movement Therapy (CIMT) and Functional Electrical Stimulation (FES)

CPAS is the first Social Service Agency to implement both the CIMT and FES treatment techniques, targeted to stimulate muscles and improve the motor ability and functional use of a weak arm/hand. CIMT was implemented on 10 identified clients from the Early Intervention Programme for Infants and Children (EIPIC), CPAS School (CPASS) and Day Activity Centre (DAC). As the results are satisfactory, CIMT will be implemented on more clients. Clients from CPASS and DAC have also been selected for FES trials.



Tech Booster II Funding – Improving Clients' Accessibility and Mobility

Following last year's installation of Smart Home Technology under the National Council of Social Service (NCSS) Tech Booster funding, the CPAS Day Activity Centre (DAC) received additional support from the Tech Booster II funding to further improve the accessibility and mobility of our clients. The following technologies will be installed within DAC:

- **Fourier Arm Motus M2 Pro Upper Limb Rehab Robotics:** Helps to automate the process of occupational therapy intervention with minimal supervision from therapists.
- **Ceiling hoist with slings:** For clients to practice walking in class.
- **RiftonTRAM:** A Transfer And Mobility device that enables physiotherapists to lift, transfer and provide clients with assisted standing and supported walking with ease.
- **Multi-Sensory equipment from ROMPA:** Creates a readily available environment for sensory stimulation and therapy, to be used by occupational therapists during their intervention sessions with clients.





Transition Support with Mainstream Schools

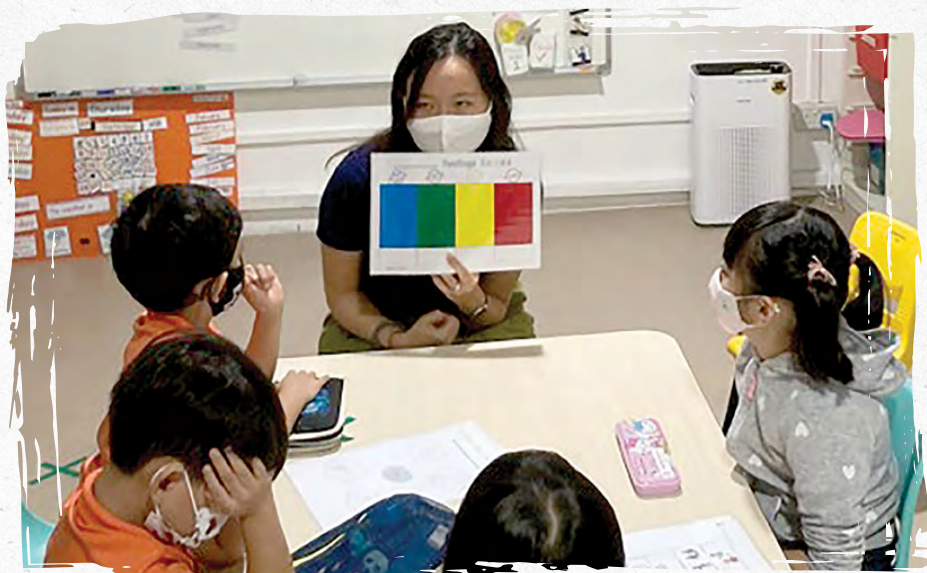
The CPAS Early Intervention Programme for Infants and Children (EIPIIC) collaborated with mainstream schools to further strengthen transition support for EIPIIC students who are moving to mainstream schools. EIPIIC carried out a transition programme with Park View Primary School (PVPS), to support 13 students in transitioning to a mainstream school through activities and Q&A sessions. Elias Park Primary School (EPPS) also invited EIPIIC's Vice-Principal Ms Sarah Tan to share about EIPIIC with Allied Educators (AEDs). The AEDs shared the strategies used in primary school for self-regulations, and how EIPIIC can support students in enhancing their self-regulation and executive functioning skills.



Development of Interactive Learning Resources for Children with Special Needs

Tapping on the National Council of Social Service (NCSS) Experimentation Lab Grant, the CPAS Speech and Language Pathology (SLP) Department developed an adaptive book for children with special needs. Filled with interactive Augmentative and Alternative Communication (AAC)-based learning resources, the book engages young learners through features such as quizzes, animations, and sound effects. The book is the first of its kind in Singapore, and is accessible for all clients, including those with physical limitations.





Am.I.Ready.4.School (A.I.R.S)

The CPAS Psychology Department piloted the Am.I.Ready.4.School Programme in 2021. It is a transition support programme that supports graduating EIPIC readiness students in being independent and confident learners in their transition to mainstream primary schools.

A.I.R.S aims to:

- Help students understand school transitions and primary schools;
- Equip students with basic social skills and socio-emotional competencies to cope with the social demands of transition and primary school;
- Develop positive work habits for learning in a mainstream primary school environment; and
- Provide opportunities for students to practice the skills learnt in EIPIC at home.

Agency Visits for Caregivers of SPED Graduands

To provide further transition support for CPAS School graduands, the Social Work Department conducted virtual tour visits to agencies, in partnership with the CPAS Goodwill, Rehabilitation and Occupational Workshop (GROW), Bizlink Day Activity Centre, and the SPD Sheltered Workshop. The sharing sessions were beneficial for caregivers, providing them with a better perspective in choosing an agency that best suits their child's needs upon graduation.





Giving Back to the Community Through Values-In-Action (VIA) Projects

As part of the school's efforts to inculcate the spirit of giving in students and teachers through VIA projects, CPAS School (CPASS) has entered a long-term partnership with Lee Ah Mooi Old Aged Home. This year, CPASS students from two classes planned and conducted a food donation drive to collect funds to support Lee Ah Mooi Old Aged Home. The collected funds were used to purchase necessities for the residents of Lee Ah Mooi Old Aged Home.



Enhancement of the Goodwill, Rehabilitation and Occupational Workshop (GROW) Digital Hub

Following the launch of the One-Stop Training and Office Solutions Digital Hub at GROW last year, the Digital Hub has been enhanced this year to further support IT services in CPAS. Printing infrastructure including an industrial printer and a heavy-duty shredder were added to the Digital Hub for projects with higher volume. Currently, the Digital Hub serves internal CPAS staff with services such as bulk printing/photocopying, binding, shredding, scanning and simple designing work.



New Advanced Assistive Technology to Improve Accessibility

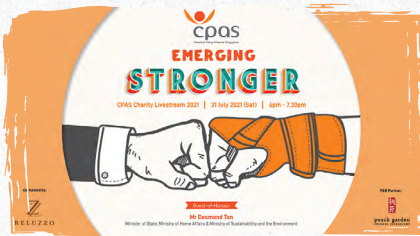
To further enhance Assistive Technology capabilities for our clients, the CPAS Assistive Technology Hub (AT Hub) procured the following new advanced technologies with the support from President's Challenge:

- **Neuro Node Trilogy:** A 3-in-1 solution for persons with disabilities and loss of speech to access their Augmentative and Alternative Communication (AAC) devices
- **Prodi Connect 12 SL 25:** A high performance digital magnifier
- **Explore 8 Humanware:** A touchscreen digital magnifier for desktop or distance viewing

Implementation of Telehealth Application

The Telehealth Application is used to create home programmes for clients and allow the monitoring of programme outcome, allowing clients to receive services from home. The CPAS Physiotherapy Department has implemented the Telehealth Application for over 350 clients in CPAS with positive results. Moving forward, the Telehealth Application will also be implemented for clients receiving occupational therapy in CPAS.

EVENTS



CPAS Charity Livestream 2021

Due to the prevailing Covid-19 restrictions, CPAS held our annual charity fundraiser in the form of a digitised livestream on Facebook for the second year, to continue raising awareness and funds for our clients. Hosted live on our Facebook page, the show was packed with exciting programmes including a special live sale segment, featuring our co-host partner Reluzzo.

With the unwavering support from our sponsors, partners, donors, and viewers, we raised over \$220,000 from the year's Charity Livestream campaign through donations, auction sales, and the delivery of meal packages through our F&B partner. We would like to thank everyone for their continued support and generosity.

World Cerebral Palsy Day (#SpareYourChangeforSuzy) 2021

CPAS launched the Spare Your Change for Suzy campaign from 1 August to 31 October 2021, as we commemorated World Cerebral Palsy Month in October 2021. Leading up to World Cerebral Palsy Month, CPAS rallied support from donors to either launch their individual campaigns on Giving.sg to support our cause, or to donate to any #SpareYourChangeforSuzy campaigns.

A total of 16 peer-to-peer campaigns in support of #SpareYourChangeforSuzy was created on Giving.sg. Along with the strong support from donors and partners, we raised over \$180,000 from the 2021 Spare Your Change for Suzy campaign. We thank everyone for their unwavering solidarity and support for our campaign, despite the challenges posed by the Covid-19 pandemic.

AWARDS AND ACHIEVEMENTS



Bahrain 2021 Asian Youth Para Games (AYPG) - Aloysius Gan, Yan Jia Yi

Aloysius Gan and Yan Jia Yi, students from the CPAS School (CPASS) Class Eagle 9A and Boccia Co-Curricular Activity (CCA), represented Singapore in the 2021 AYPG in Bahrain.

Aloysius was also the flag bearer for the Singapore Team. While it was their first-time representing Singapore, Aloysius won the gold medal in the Male Individual event, as well as a silver with Jia Yi in the Mixed Pair event. We congratulate Aloysius and Jia Yi for their impressive achievements and excellent sportsmanship.

Allied Professionals (AP) Professional Involvement

- Ms Pampi Ghosh, Ms Andrea Claudia Koh, and Ms Jaya Gopinath from the CPAS Occupational Therapy (OT) Department were certified as Sensory Integration therapists by the Collaborative for Leadership in Ayres Sensory Integration (CLASI). Ms Pampi has also been sponsored by CLASI to learn the new assessment method in Sensory Integration.
- Ms Manju Mohta, Head of AT Hub, represented CPAS as a panellist during the social service summit organised by the National Council of Social Service (NCSS).
- Ms Shelly Loh, Head of Social Work, was appointed as part of the Hospital Medifund Committee by the Ministry of Health (MOH). The Medifund Committee reviews and approves applications from Singaporeans by ensuring that they fulfil the eligibility criteria prescribed by MOH.

Long Service Award 2021

- In 2021, 33 CPAS staff members received the Long Service Award, including 4 staff members who received the 15-year, 25-year or 30-year awards. CPAS thanks them for their dedicated service.



Ministry of Education (MOE) Masters Scholarship in Special Education

CPAS School (CPASS) Teacher Mr Yap Feng Kai was presented the MOE Masters Scholarship on Special Education during the Special Education (SPED) Learning Festival Virtual Ceremony 2021.

Feng Kai will be pursuing his Masters in the areas of Augmentative and Alternative Communication (AAC) and will be seconded to the Special Education Branch at MOE for six months, before returning to CPASS.



Early Childhood Development Agency (ECDA) Awards for Excellence in Early Childhood Development 2021

Early Intervention Programme for Infants and Children (EIPI) Senior Interventionist Ms Kum Hui Ting was awarded the Promising Early Intervention Professional Award during the ECDA Awards for Excellence in Early Childhood Development 2021. The award is in recognition of her excellence in teaching, learning and innovative practices in the early childhood sector. EIPI Interventionist Ms Catherine Chua Encarnacion was also a finalist for the Outstanding Early Intervention Professional Award.

LEARNING, DEVELOPMENT AND CONSULTANCY (LDC)



36

**Planned
LDC Trainings**



24

**Completed
Trainings**



533

Attendees



48

**Caregiver
Attendees**



98.8%

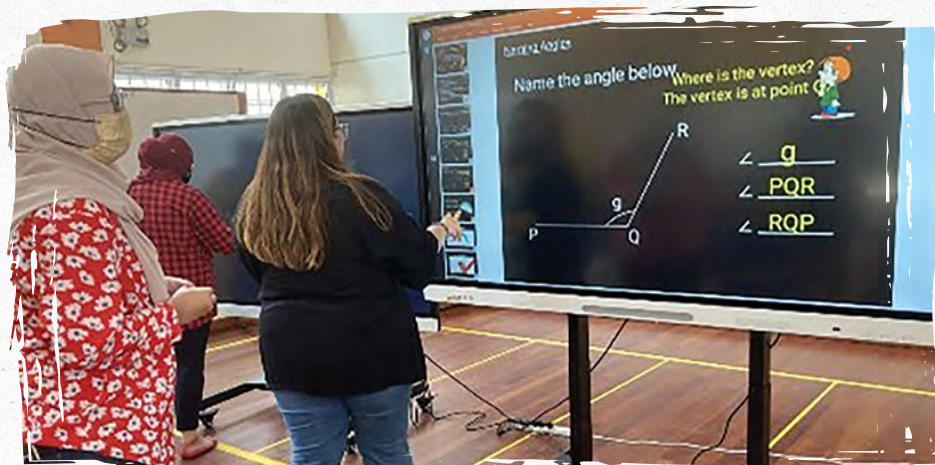
**Course Objectives Met During
Training Evaluation Feedback**

Completed Training Courses

- Assistive Technology for Cerebral Palsy
- Basic First Aid with CPR and AED
- Behaviour Change – Rewards & reinforcement
- Certificate in Ayres Sensory Integration (CASI) – Module 1
- Certificate in Ayres Sensory Integration (CASI) – Module 2
- Certificate in Ayres Sensory Integration (CASI) – Module 3
- Certificate in Ayres Sensory Integration (CASI) – Module 4
- Certificate in Ayres Sensory Integration (CASI) – Module 5
- Certificate in Ayres Sensory Integration (CASI) – Module 6
- Child First Aid in SERA (EIPIC)
- Clinical Gait Skills for Assessment, Treatment and Outcomes
- Communication Using AAC: Basic Theory
- Communication Using AAC: Advanced Module
- Cortical/Cerebral Visual Impairment in Children: Visual Impairment due to damage to the brain, CVI
- Facilitating Language and Communication skills in children with developmental delays – The Hanen Way
- Foundation Skills in Handling Children with Food Refusal Issues (Online)
- Fundamentals of Autism
- Handling Children with Eating, Drinking, and Swallowing Issues
- Introduction to SLD and PMLD
- Paediatric Feeding – A series of virtual workshops on the assessment and management of children with dysphagia and feeding challenges
- Part 1: Sensory processing and Sensory Integration Dysfunction Commonly Found in Children with Special Needs
- Promoting Emergent Literacy Skills
- Taking MAT AX to the Next Level – How to Implement the Best Seating and Mobility Equipment for your Clients
- Toilet training for Children with Special Needs



FUTURE PLANS



Tech Booster Project – CPAS School

With the support from the National Council of Social Service (NCSS) Tech Booster Grant, CPAS School (CPASS) will be implementing various strategies to better support students in enhancing participation, improving engagement levels, increasing opportunities for independent living skills, and reducing caregivers' and staff's efforts. The identified technologies that will be implemented include:

- **Showering & Changing Bed:** Height adjustable shower and changing table to allow staff to transfer clients to/from wheelchair without bending and straining their backs.
- **Obi Feeding Robot:** Catered for individuals who lack upper extremity function, to increase independence, social interaction and effective food capture.
- **Virtual Reality (VR) game for motorised wheelchair:** A customised software solution and training module catered for our wheelchair users undergoing practice to drive a motorised wheelchair.
- **SMART Interactive whiteboard:** The interactive SMART whiteboards enhance the way teachers teach to deliver interactive lessons, and the way students learn and participate.
- **Phonak Roger Focus:** A discreet and digital classroom amplification system enables children with normal hearing and children with hearing loss to hear and respond to instructions more effectively.
- **Mounted Ceiling Hoist:** The device allows transfers to happen smoothly without manual lifting, thus reducing risk of injuries.

To launch Infocomm Technology (ICT)/ Assistive Technology (AT) at EIPIC

The CPAS Assistive Technology (AT) Hub will be collaborating with the CPAS EIPIC to launch the use of ICT and AT within EIPIC classrooms. The AT Hub will work on training the EIPIC interventionists and embedding ICT/AT resources in the classrooms to further enhance the students' accessibility, learning and development.

Implementation of Psychotherapeutics

Digital therapeutics will offer CPAS clients and clinicians the opportunity to have varied options for care and interventions through personalised and evidence-based mental and behavioural treatments. The Psychology Department is in the midst of procuring virtual reality (VR) tools such as Cogniplus and Amelia VR to conduct care and interventions through digital therapeutics for our clients.

SUMMARISED FINANCIAL STATEMENTS

Cerebral Palsy Alliance Singapore
Summarised Financial Statements

Statement of Financial Position

For year ended 31st March 2022

	FY21/22	FY20/21
Assets	S\$	S\$
Non-Current Assets	11,477,090	12,477,654
Current Assets	20,758,346	19,765,716
	32,235,436	32,243,370
Liabilities and Funds		
Current Liabilities	2,266,761	2,633,552
Deferred Capital Donation & Lease Liabilities	10,145,715	11,223,134
Funds	19,822,960	18,386,684
	32,235,436	32,243,370

Statement of Comprehensive Income

For year ended 31st March 2022

	Total	Total
Income	S\$	S\$
Government Grants	7,746,051	6,820,668
Specific Donations	694,777	1,085,200
General Donations	1,371,630	1,316,348
Programmes/Therapy Treatment Fees	539,454	517,385
Job Support Scheme (JSS)	658,644	2,265,215
Others	4,375,540	3,773,467
TOL Fee	825,972	825,972
	16,212,068	16,604,255
Expenditure		
Manpower	9,696,630	8,803,528
General & Administrative Costs	1,554,104	1,237,706
Upkeep and Utilities	385,292	348,125
Utilisation of Specific Fund	1,455,977	2,300,517
TOL Fee	-	-
Interest Expense & Depreciation (ROU Asset)	832,298	847,812
Others	851,491	862,260
Total Expenditure	14,775,792	14,399,948
Surplus/(Loss)	1,436,276	2,204,307

For our full annual report and financial statements for FY2021/2022, please visit our website at: www.cpas.org.sg

We sincerely thank all donors, volunteers, supporters, friends and well-wishers who have helped make a difference in the lives of our clients.

SUMMARISED FINANCIAL STATEMENTS

Cerebral Palsy Alliance Singapore School Summarised Financial Statements

Statement of Financial Position

For year ended 31st March 2022

	FY21/22	FY20/21
Assets	S\$	S\$
Non-Current Assets	1,169,436	1,005,898
Current Assets	7,312,050	6,246,940
	8,481,486	7,252,838
Liabilities and Funds		
Current Liabilities	1,480,175	1,180,939
Deferred Capital Donation & Lease Liabilities	471,236	473,972
Funds	6,530,075	5,597,927
	8,481,486	7,252,838

Statement of Comprehensive Income

For year ended 31st March 2022

	Total	Total
Income	S\$	S\$
Government Grants	9,607,270	8,454,493
Specific Donations	94,650	189,487
General Donations	3,983	13,988
Programmes Fees	155,487	102,797
Others	775,419	1,204,710
TOL Fee	668,553	668,553
	11,305,362	10,634,028
Expenditure		
Manpower	5,248,049	4,527,327
General & Administrative Costs	2,474,183	2,141,616
Upkeep and Utilities	266,216	241,888
Utilisation of Specific Fund	1,423,544	1,193,021
TOL Fee	668,553	668,553
Others	292,669	217,003
Total Expenditure	10,373,214	8,989,408
Surplus/(Loss)	932,148	1,644,620

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Cerebral Palsy Alliance Singapore

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