Cerebral Palsy Alliance Singapore School Newsletter 2022 / Term 4



School Vision

A school that empowers students to be active learners in the community.

KEY TENETS OF SCHOOL

To equip our students with a holistic education to Live Meaningfully, Learn Continuously, Work Productively.

School Mission

School Beliefs

Everyone...
Can Learn
Can Serve
Is Special

School Values

Confidence Integrity Respect Resilience

School Culture

To Build a Culture of Care and Empowerment

PRINCIPAL'S MESSAGE:

Dear Parents,

2022 has been an exciting year. Although some Covid Safe Management Measures (SMMs) continued to be enforced when the year began, and traces of apprehension and uncertainty still lingered all around, CPAS School life started to return to its former vibrancy as the SMMs gradually relaxed, and more students returned to school. Many school activities such as class learning journeys, class outings, community mobility trainings and work attachments with industry partners increasingly resumed.

Annual school events such as National Education (NE) events, School camp, Children's Day celebrations and Graduation were planned and conducted physically. Students could mingle with their schoolmates when they meet in the assembly area or hall every day for the daily assemblies. It was a great joy watching students interacting with their teachers and peers from other classes. CPAS School has come back alive again!

Two significant milestones define CPAS School in 2022: Online communication portal – Littlelives, and CPAS School 2 in the west.

On 27 January 2022, CPAS School launched the online communication portal - Littlelives, for all parents. Its main objective was to create a safe platform for staff and parents to communicate, share information such as photographs and videos of students' participation in activities as well as their progress in school. Though the initial sign up was slow due to unfamiliarity and apprehension, parents gradually embraced the idea and majority of parents are now onboard with Littlelives. We are thankful that parents have become receptive to this new initiative because Littlelives will remain the primary mode of communication between school and family for the future.

CPAS School has entered a new phase of growth. In the past few years, school enrolment has been growing steadily and since 2017, have exceeded the maximum school capacity of 240 students. Though CPAS School was operating at maximum capacity, new applications continued to be admitted because every child deserved to receive an education and be given an opportunity to attend school to learn with their peers.

In March 2022, Ministry of Education (MOE) announced the set-up of a second CPAS School in the west. Though the actual site of CPAS School 2 had not been established, from June 2023, the new school would be situated at the holding site at Jurong West Street 52. Students transferred to CPAS School 2 with the new admissions would be studying at CPAS School 1 for the first semester in 2023 before the move in June.

Although the starting student population at the new school was small, the same curriculums for the High Support Programme and Functional programme implemented in CPAS School 1 would be adopted in CPAS School 2. The service model delivery through the Transdisciplinary Approach would continue as well.

2022 has been a fulfilling year and as it comes to a close, it is timely to pause for a moment to express our heartfelt thanks and gratitude to CPAS School staff who go above and beyond the call of duty to support and guide our students; to parents and caregivers who collaborate tirelessly with our staff to bring out the potential in your child; and to the partners of CPAS School, let us celebrate our collaboration and collective dedicated passion, and bring it to new levels of high to benefit our students.

To one and all, have a fun-filled year-end holiday and stay safe! See you in 2023!

Yours sincerely, Mrs Koh-Lim Ai Lay School Principal

2022 CPAS School Camp

Written by Ms Shalani Suppermaniam and Ms Chew Wen Qian Kelly, Teachers

Memory is a way of holding onto the things you love, the things you are, and the things you never want to lose.

This year, the theme for our Annual School Camp was "Making Memories Together." To promote confidence and autonomy, graduating students were given the chance to poll and decide the activities for the camp. This provided a special experience for the camp participants to forge precious memories as they learn through fun activities.

@ SEA Aquarium Singapore, Sentosa

Eleven students from the Functional Senior Program attended the 2 days and 1 night camp in school from 16 to 17 September 2022. On the first day of camp, the students went to the SEA Aquarium Singapore at Sentosa. Students had the opportunity to be close to the fascinating marine life in the aquarium. They also worked within teams to complete their team bonding activity, 'I-Sea-You,' which required them to move around the aquarium to find and photograph specific sea creatures.



The second camp activity a trip to was Supermarket at Tampines. In this

activity, the students had to compete in purchasing grocery items in a shopping list, this required resilience and confidence. Our students also had to work together in a team to manage the budget given them as every member in the team received equal opportunities to purchase their preferred snack for the BBQ night.

Queueing to pay for purchases @ Giant Supermarket, Tampines 🥰



The final activity was the Laser Tag Game, which was most memorable because our students learnt to win through strategizing and good team spirit. We would like to take this opportunity to thank the following staff for their time and

effort for making it possible: Ms Kelly Chew, Ms Shalani Suppermaniam, Ms Aifaa Liyana Binte Norazhar, Ms Cherin Tan, Ms Ivy Aw, Mr John Liu, Mr Ong Kim Beng, Ms Neo Sheau Li, Ms Michelle Chua, Ms Michelle Chin, Ms Nurul Asyiqin Abdullah, Ms Joanna Chia, Ms Joyce Loh, Ms Danica Roque San Pedro, and Ms Leilani Jontarciego Amen.



CPASS Outdoor Education Programme on 28 October 2022

Written by Ms Aifaa Liyana Binte Norazhar, Job Coach



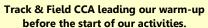
Ms Aifaa Liyana with Scouts, Siti Nur Iman, Muhammad Irfhan & Bravienne Wee enjoying the sights during the cable car ride.

Term four, week seven marked the last session for Outdoor Education Programme in 2022. Students from the Scouts, Track & Field and Swimming CCAs participated in the programme, and they had lots of fun in the sun as they made their way to Sentosa for the programme's activities.

It was a memorable experience as they rode the cable car from Harbourfront Centre to Sentosa. Some teachers and students were slightly anxious about the cable car ride as it was a first-time experience for them. Thankfully the weather was favourable, and everyone had an enjoyable ride, the view was magnificent as the students looked for landmarks from their viewpoint in the cable car on

their way to the island. The next exciting high element was the Siloso Skywalk into Fort Siloso. Students had an enriching time as they explored Fort Siloso and took photographs with the canons and the wax figures in the different chambers. They learnt snippets of history as they listened to the audio guide and the visuals provided.

The last activity was at the Trickeye Museum. Everyone had an enjoyable time posing for photographs at the displays and had fun trying to take a photograph that would be most realistic. All students and teachers had fun exploring the various locations in the outdoor area and enjoyed themselves very much. It was a fulfilling day, and the Outdoor Education Programme ended on a high note for the year.







Janelle Han, Tan Zhi Xiang & Muhammad Noor Shazuan from the Track & Field CCA crossing the Skywalk together.





Jim Lee, Nur Waja Hakiki and Poh Jun Teng from the Swimming and Scouts CCAs posing for photographs at the Trickeye Museum.













CPASS Booth Sales at Purple Parade 2022

Written by Ms Aifaa Liyana Binte Norazhar, Job Coach

The Purple Parade 2022 marked the 10th Anniversary of Singapore's largest movement to support inclusion, a unifying national platform to promote awareness and celebrate abilities of Persons with Disabilities. On 29 October 2022, The Purple Parade was held at Suntec City. It was the first face-to-face outdoor carnival since the pandemic restrictions eased. CPASS quickly seized the opportunity and eagerly registered for a sales booth. This would be the second time that CPASS manned a booth at the carnival.



Six Functional Senior (FS) classes participated in preparing the products for sale. During vocational lessons, the six classes of FS students brainstormed with their teachers to decide on the products for sale and started making the products from the beginning of Term 3. The products for sale included resin coasters, resin jewellery boxes, stationery sets, tote bags with designs made by the students, candles, planting kits and organic soil that were mixed and packed by the FS classes. The FS classes completed the product preparations in two terms, and they were able to see the fruits of their labor at The Purple Parade event.

Student volunteers and teachers manned the booth at the outdoor carnival. Students shared that they were slightly nervous about manning the booth as it was the first time that they had to meet the public in a face-to-face sale as compared to sales events done in school. In the end, they felt that it was an enriching experience as they gain confidence in interacting with the public. They were able to practice the steps they had learnt in school and completed the sale smoothly under the guidance of the teachers present. Response for the sale of products was good and after the six-hour event, all the items were sold out. It was a satisfying result for the arduous work put in by our students and teachers for The Purple Parade





Our student, Tan Zhi Xiang (Eagle 22A), attending to a customer with guidance from CPAS EIPIC teacher, Ms Clare Serene Foster.



2022 Deepavali Celebration

Written by Mrs Joana Kumar, Senior Teacher

As we near the end of the school year, we also end our school year of celebration of the festivals with Deepavali, a celebration of light over darkness, triumph of good over evil. Our lovely teacher emcees began the celebration by greeting and wishing all staff and students celebrating Deepavali. They also shared that Deepavali, and Diwali can be used interchangeably as there was no difference in meaning, before the programme commenced.

Students were enlightened with an animated story of Deepavali and viewed how a typical Indian family in Singapore celebrated this special festive occasion. Video clips of friends of CPASS were screened as a pleasant surprise to all. The most significant surprise was a dance performance by CPASS dancing angels, The Thevataikals, comprising of teachers, teacher aides, and wardens! These lovely angels dressed in brilliant Indian attire, wowed and thrilled everyone with their hip dance moves as they swayed to a medley of Bollywood favourites. After the dance, students were invited up on stage to join the dancing angels, as they taught the students simple dance moves to dance along for an encore. The students were elated to join in the celebrative dance.

During the second half of the celebration at the hall, students were invited to participate in making Mango Lassi, Chappati and Ladoo using simple gross and fine motor skills. They were then given portions of the food items prepared beforehand to bring to the class for sharing and sampling. A highlight at the hall was the photo/dressing booth, where students were invited to put on traditional Indian attire and have their pictures taken as a class or individually. As with previous years, teacher aide Mr Jegathesan Gopalakrishnan secured sponsorship of vegetarian meals for all students and staff at CPAS School. Indian snacks were also donated to all the students prior to Deepavali. Having such long-



standing partnerships with stakeholders always add on to the festive atmosphere for the students. The Character and Citizenship Education (CCE) Professional Learning Team (PLT) must also be accorded due credit for decorating the school for the celebration and the CCE work group for the planning and execution of this last festive event of the year, where students were invited to explore a multi-sensory experience of sights, sounds and tastes of Deepavali!



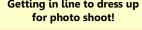


resplendent in their beautiful attire!



APs and teachers assist tudents with gross and fine motor demonstrations.









CPASS staff helping to serve vegetarian food from Brindas.



Our bevy of beauties and handsome gentlemen from Eagle 7A strike a pose.

Singtel Carnival 2022

Written by Ms Irene Ho, Transition Planning Coordinator (TPO)

On 11 November 2022, from 8.30am to 5.00pm, all MOE SPED Schools in Singapore went to the Singapore Expo, Hall 4B to participate in a day of fun and games. This annual event which took a hiatus due to the pandemic, came back with many

exciting fun and games like Bouncy Castles, Carnival Rides, and over 40 games, activity, and food stalls.

Sensory Stimulation CCA @ Singtel Carnival



Nine hydraulic buses and three 40-seater buses ferried 261 CPASS students and 127 teachers and caregivers to the carnival. When the students entered the Expo Hall, their eyes opened wide in surprise when they entered the Expo Hall and saw the decorations, games stalls and pony rides. Everybody enjoyed themselves at the carnival, playing games, winning prizes, and eating delicious nuggets, popcorn, mash potatoes and cookies; they quenched their thirst with Ribena and Milo.

Happy faces filled the Expo Hall, and eager hands clutched their Singtel Carnival tote bags tightly as it gradually filled to the brim with toys and presents from generous stall holders. Soon it was time to go home but nobody complained because everybody had a full tummy of delicious food and a bursting bag of wonderful toys and presents.

Who wants to go for Singtel Carnival 2023? Put up your hands!





The Extra Ordinary People Celebrations

Written by Ms Sai Vina Vimalenthiran, Teacher

The Extra Ordinary People Celebrations took place on Wednesday, 16 November 2022 from 7pm to 8.30pm. Fourteen SPED schools came together to showcase the different talents of the students. More than a thousand people attended the show physically and through the live stream. Madam President, Madam Halimah Yacob was the Guest-Of-Honour.

Students from Performing Arts CCA performed a musical medley consisting of two songs, 'I have a dream' and 'Super Trouper' from the band ABBA. The students learnt these songs from the start of the year and practiced hard through the year to perform these songs for this event. Our students sang and played various instruments such as the keyboard, bass guitar, resonators, and chimes.

Muhammad Dahny Mikhail Bin Mohamad Nazree and Cheong Nur Faidisha Qistina sang the theme song for the event – "ExtraOrdinary Colours" together with the storyteller of the show, Ms Melissa Sidek. Both students had extra weekly practices with Ms Melissa Sidek for this song.

Practicing and performing for this event had taught the students to be more confident in their abilities and talents. They were especially nervous because their families would be in the audience to see them perform. With the reassurance from the teachers, instructors and one another, the students performed exceptionally well and received a lot of positive feedback and praises from their families, teachers, and guests of the show. With confidence, the students are looking forward to taking part in next year's performance.



Performing Arts CCA singing their hearts **O** out at the finale.







Muhammad Dahny Mikhail Bin Mohamad Nazree, Cheong Nur Faidisha Qistina and Ms Melissa Sidek sang the theme song for the event – "Extra Ordinary Colours."

Job Shadowing September 2022

Written by Mr Kang Wee Kweong, Job Coach

On 15 September 2022, five Functional Senior (FS) students participated in the in-person annual Job Shadowing Day (JSD) organized by SG Enable. This year, Cushman & Wakefield Services, a facilities management company that hired people of different abilities, participated in the JSD event.

Our students learned about the different roles within a facilitate management company like technicians, security personnel and facility managers. After a presentation by Ms Jenny Goh, Facilities Manager from Cushman & Wakefield Services, CPASS students were given a tour of a facility located in Bukit Merah which was managed by Cushman & Wakefield Services. Next, the students were presented with a demonstration on how the company using robot to patrol the main lobby of the facility. Then, the students visited the Air Handling Unit Rooms of the chilled water central air conditioning system and learnt about aircon filters. Finally, the students were led to the Security Control Room for a tour. There they introduced to the different equipments and switches.

It was a fruitful and meaning experience for all the students.







Multi-Agency Transition Meeting (MATM)

Written by Ms Irene Ho, Transition Planning Coordinator (TPC)

The Multi-Agency Transition Meeting (MATM) is an inter-agency meeting between SPED schools and Adult Centres at the end of SPED schooling. This initiative was started in 2019 by Ministry of Education, in partnership with Ministry of Social and Family Development to promote person-centred handovers for student and families to Adult Centres enhance quality of life outcomes.

The MATM provides a structured platform for multi-stakeholders to gain a rich and holistic understanding of the student to support person-centred transition to an Adult Centre.

Key parties involved in the MATM are:















Keertana d/o Chandran (Eagle 22A) @ MATM

The MATM takes place in the final schooling year after families have indicated their choices for post-school placements. For CPASS' graduating student — Keertana d/o Chandran (Eagle 22A) and Muhammad Farid Danish Bin Jailani (Eagle 21A), MATM took place on 28 October 2022, via Zoom, between

Sheltered Workshop – CPAS Goodwill, Rehabilitation and Occupational Workshop (GROW), graduating student and family, and CPAS School.

Muhammad Farid Danish Bin Jailani (Eagle 21A) @ MATAM



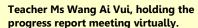


2022 Progress Report Meetings with Parents

Written by Mrs Lee-Tan Chor Hui, Senior Teacher

The progress report meetings with parents began on 17 October and ended on 1 November. With the national easing of community Safe Management Measures, parents had the option to meet either via Zoom or in person. The conferences were hosted by the class teachers and together with Allied Professionals, they shared the students'

progress with their parents.











Teacher Ms Sharifah Masturah Binte Syed Zainal Abidin Alhabshee and Allied Professionals conducting the meeting with parents in person.

Cruise Outing for Class 22A

Co-written by Mohamed Aiman Bin Abdullah, Muhammad Ryyan Zufayri Bin Mohamed Sani and Keertana d/o Chandran, guided by Ms Wang Ai Vui, Teacher

On 14 November 2022, students of Eagle 22A, with their Class Teacher Ms Wang Ai Vui, Teacher Aide Ms Farrah Riyanna Binte Abdol Rajak, Head of Programme Ms Michelle Chin, Senior Teacher Ms Wang Ai Ling, and Job Coach Ms Aifaa Liyana Binte Norazhar, went on a cruise outing sponsored by Wanderlust Adventures. The students had their curriculum time in school in the morning, had their lunch and then went excitedly for their cruise outing. For some, it was a first time on board a yacht and everyone was very thrilled for the experience.

Below is an excerpt co-written by three of the students from Eagle 22A.

On 14 November 22, our class took a cruise from Sentosa Cove on board a yacht.

Luckily it was a sunny day. We tried fishing and had a lot of fun. We took many photographs together too. When evening came, we took a walk on Lazarus Island and then we cruised around Singapore at night. The Singapore skyline was so beautiful. The whole cruise journey

lasted for four hours, before we knew it, it was time to go home. We really enjoyed ourselves and had a lot of fun. It was certainly a treat to be on the cruise, a great way to graduate!



Enjoying our ride on a yacht



Trying our hand at fishing



Aiman, Ryyan & Keertana, Students of Eagle 22A



Everyone relaxing at the sight of a beautiful sunset

Graduation 2022

Written by Ms Sabrina Mok, Teacher

Graduation is an important milestone in every student's life and it is no different for our students in CPASS. For the first time since the pandemic, we could conduct a physical graduation ceremony for our graduands on 18 November 2022. It was such a delightful, happy occasion that brought tears to our eyes.

For this year's graduation ceremony, the committee planned a memorable evening for the families and teachers to celebrate the graduating students' educational journey and achievements. 'Here and Beyond', the theme chosen for this year's graduation, symbolized the continuation of the students' journey in life after graduation from CPASS because it marked a new beginning in their lives as they embarked on their next exciting journey into adulthood.

In preparation for this special day, each graduating student prepared a farewell speech and group dance item. They rehearsed for many hours so that they would present the best on the graduation day. As a farewell gift to their fellow schoolmates, senior students from the IT class prepared a video montage of each graduate. The video montage featured memories of each graduate's unique and enriching journey in CPASS.

At the graduation ceremony, time was also set aside to celebrate two groups of people involved with CPASS. The first group were the graduates from previous years who had continued to be employed in a job after graduation, these graduates received the Sustained Employment Award. The second group were the volunteers at CPASS. Although the past two years had been tough for everybody, a group of dedicated volunteers continued to support the students at CPASS in every way they could. It was an opportune time to express our appreciation to them.

On the whole, Graduation 2022 turned out to be truly heartwarming and memorable for everyone. Indeed, it marked an honourable moment for our graduands to enjoy their achievement and encourage them to persevere as they embark on their next endeavours with confidence and pride. Congratulations to the 2022 Graduates, and may their future be happy and fulfilling.



2022 Teachers' Day Celebrations

Written by Mrs Joana Kumar, Senior Teacher

The weeks of planning and preparation for Teachers' Day celebration culminated to an exciting day of fun, joy and laughter for all students and staff alike. For students, Teachers Day is a special day to show their appreciation to class teachers, teacher aides (TAs), therapists, and other school staff they encounter daily. The students cheered, clapped, smiled, and vocalized their excitement; it was a welcomed sight for students to hear teachers' names being called out and to see them go up on stage to receive gifts from Mrs Koh, our principal.



Our many firsts for this year after measures Covid were relaxed – Happy Teachers' Day face to face!

Through the activities on that day, students realized that their teachers could potentially sing and play instruments in a jazz club and display their drama skills in MediaCorp. A segment of "Guess Who" was a crowd favourite, where students get to see pictures of staff when they were... once upon a time, little boys and girls just like them. All staff were treated to waffles, but they had to queue in line at the waffle stand, where two of our lovely TAs and 2 parent volunteers were busy making the waffles on the spot!

CPASS students know and recognize the difference these teachers have made in their lives. They look forward to coming to school, into their classrooms each day, where they know they will be understood by their teachers and are constantly encouraged to express their thoughts and feelings through various means, as they hone knowledge, skills and understand the importance of school values for character building. Students at CPASS know that their teachers care for them and want them to be safe, healthy, happy, overcome challenges and try new things.

Principal and SMTs have their share of fun on stage.





CPASS is not without our own superheroes!



Hot, hot waffles by our lovely teacher aides!



My Days in DISE - Diploma in Special Education

Written by Mr Abhinav Joshi (AJ), Ms Esther Leow, Ms Hafidah Binte Mohamed Yacob, Ms Nurfarah Norkamar (Farah) and Ms Nurshameera Hussain (Shameera), Teachers

When the five of us (AJ, Farah, Esther, Shameera and Hafidah) were nominated to attend the Diploma in Special Education (DISE) course in NIE (National Institute of Education) for the year 2022, we felt excited and glad. The course duration was a full year in a newly curated "Enhanced" DISE curriculum and we were ready to embark on this new journey together. The course provided us with a lot of new knowledge and nuggets of wisdom that we have each summarized below!

Ms Nurfarah Norkamar

It had been a valuable experience being able to listen to some of the challenges other SPED teachers faced. During class discussions, I realised that I could relate with some of the sharing and could learn some of the strategies shared. There were two modules which I specifically enjoyed, namely an elective module The Arts, and Introduction to SPED. The Arts module was interesting, and it challenged me to do things that were beyond my comfort zone, such as to act, sing and dance. As for the module, Introduction to SPED, it allowed me to reflect and understand deeply on the reasons for choosing this career path as a SPED Teacher. Motivated and eager to go, I hope to continue to be a teacher who would inspire many students in the future!

Ms Hafidah Binte Mohamed Yacob

DISE had been a wonderful learning opportunity. Meeting other special education teachers and learning about their school curriculum and classroom management had provided us with new ideas to implement in our classroom. The most memorable guest speakers were parents from other special schools; hearing about their experiences inspired us to work more collaboratively with the Trans-D team to achieve the same goal.

Mr Abhinav Joshi

Taking DISE was an invigorating opportunity to learn so much more about the SPED community. It got me thinking about how important of a role we teachers play in a student's life. Meeting other SPED teachers from other schools and sharing strategies and practises was insightful and it allowed me to meet many likeminded individuals. Lastly, the main takeaway for me from this course was learning that growing as a teacher will be an ever-changing process that will require continuous learning and reflecting.



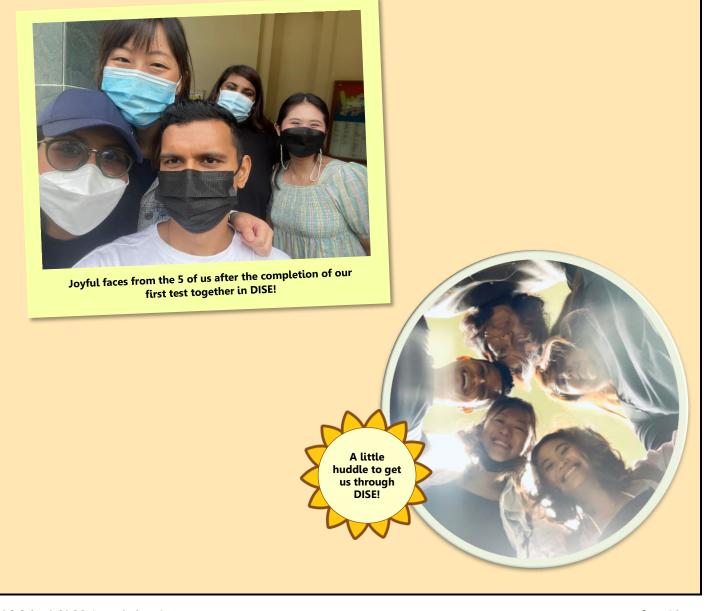
Ms Esther Leow

All of us were students once, and when asked to share about teachers who had taught us, frequently we would name those who were funny, those who were slightly too strict, those who had helped us to improve or even those who treated us to pizzas at the end of the school term. Occasionally some teachers may spark an interest or inspire us to walk a different path. Yet, at DISE, we have learnt that teaching is much more complex than what we had thought. Through lectures, discussions, and assignments, we reflected on our personal beliefs about special needs and learnt about the person-centred planning process. We unpacked the psychology behind learning and pedagogical tools available to support diverse needs in a SPED classroom. While it had been a busy year, it was nonetheless fruitful and an experience for which I am grateful.

Ms Nurshameera Hussain

As a student at NIE this year, I underwent DISE, which was both eye-opening and insightful. For me, listening to the lecturers and gaining a deeper understanding of how we could help our students had been a valuable opportunity. My colleagues from other SPED schools in Singapore also had the chance to share the best practices from their schools with me. Although the full-year course had numerous assignments and deadlines to meet, our peers and lecturers were always willing to assist and listen to us, it had been a meaningful time well spent learning from one another.

In conclusion, as we all look forward to graduating from NIE as trained SPED teachers, we would like to express our thanks to CPASS, for providing this opportunity to achieve new milestones as SPED teachers! Additionally, we wish to send our appreciation CPASS staff who have assisted us in so many ways to make our DISE journey so fruitful and poignant.



Contact Tracing

To ensure that we can contact all parents/guardians/caregivers for emergencies and to help the School in communicating effectively, please inform your child's teacher of any change in the following:

- Contact details (mobile /email address/home telephone number)
- Home address

Important Dates in Term 1 (3 January 2023 to 10 March 2023)

*Saturday, 1 January 2023	New Year's Day
Tuesday, 3 January 2023	Start of New School Year
**Sunday 22 January 2023 Monday, 23 January 2023	Chinese New Year
Tuesday, 15 February 2023	Total Defence Day Commemoration
Monday, 20 February 2023 to Friday, 3 March 2023	IEP Meeting
Saturday, 11 March 2023 to Sunday, 19 March 2023	School Holidays

^{*} Monday, 2 January 2023 will be a public holiday.

Newsletter main layout designed by student Ryan Das (graduated in 2021)

^{**} Tuesday, 24 January 2023 will be a public holiday.