

CPASS (West) Newsletter

2024/Term 4

#006

Principal's Message

Key tenets of the school

School Vision

A school that empowers students to be active learners in the community.

School Values

Confidence
Integrity
Respect
Resilience

School Mission

To equip our students with a holistic education to
Live Meaningfully,
Learn Continuously,
Work Productively.

School Culture

To Build a Culture of Care and Empowerment

School Beliefs

Everyone...
Can Learn
Can Serve
Is Special

Dear Parents,

As we approach the end of 2024, we find ourselves reflecting on our second year at CPASS West. The year has been filled with significant milestones and countless memorable moments, as we worked to offer an array of programmes for our students. Each of these experiences has been designed to support their growth and well-being.

One of the highlights of the year has been the strong partnership we have built with Rulang Primary School. We have not only shared our school facilities, such as Rulang's Volleyball CCA making use of our school hall every Monday afternoon, but also supported each other in meaningful ways. For instance, CPASS West has used Rulang's indoor court as our Emergency Evacuation External Holding Site, ensuring that our school community has a safe and reliable place to go in case of an emergency.

Our collaboration did not stop there. Together, we successfully organised our first Boccia event for seniors in the Jurong West community. This event was a beautiful demonstration of what we can achieve when we work together. In another collaboration, students from both schools created handmade bookmarks, which they gifted to staff during our Teachers' Day celebrations as a gesture of gratitude and appreciation.

We are eager to continue building these connections and we are actively engaging with more community partners. These collaborations will create opportunities for our students to explore new interests and skills while also benefitting our partners in a win-win relationship. We look forward to seeing how more partnerships can further enhance the experiences of our students and contribute to the broader community.

As part of our commitment to continuous improvement, each year the school seeks feedback from our key stakeholders—our parents. This year, we are pleased to share that an overwhelming 98.7% of parents expressed satisfaction with the school. Your feedback is invaluable to us as it helps us understand what we are doing well and where we can make improvements to better serve our students and families.

One area that was brought to our attention through the feedback process was the limited range of Co-Curricular Activities (CCAs) currently available. We hear you and we are happy to announce that we will be expanding our CCA offerings starting in 2025. This expansion will include a wider variety of activities, offered in both the morning and afternoon.

At CPASS West, we value your trust in our staff to work alongside you in supporting your child's education, something we do not take lightly. We are grateful for the ongoing communication, feedback, and collaboration that help make our school community stronger. Our dedicated and committed team is always ready to go the extra mile for our students and we are proud of the work they do every day to ensure that each student receives the support and care they need to progress.

As we look ahead to the future, let's continue to strengthen our partnership by keeping our communication open and regular. Together, we can create a positive and nurturing environment where our students can flourish. We look forward to an even brighter year ahead!

Yours sincerely,
Mrs Koh-Lim Ai Lay
School Principal (CPASS West)

Cerebral Palsy Alliance Singapore School (West)

SCHOOL VISIT BY MINISTER OF EDUCATION

Ms Cynthia Lim Li Lin (Administrative & Operations Manager)

On 19 September 2024 (Thursday), CPASS West hosted a School Engagement Session for Minister for Education, Mr Chan Chun Sing. In this visit, Minister Chan shared Ministry of Education's commitment to enhancing support for educators in special education and fostering inclusive education.



Minister joins the AM session students as they prepare for morning assembly, a key part of their daily routine.



Minister learning from Mrs Koh-Lim Ai Lay (Principal) and Ms Latha Kutty (Executive Director) about the assistive technology mechanism used by students for flag raising.



Minister engaging with students from Falcon 6C: Janelle Han Xin En, Cheong Nur Faidisha Qistina, Luthfil Hadi Bin Azman and Nurshaqirah Ryhana Binte Shamsha, as they share on the use Google Maps to plan their routes for their community mobility training.



Tang Hong Kai Lennox (Falcon 5C) tagging the minimart items with the assistance of Ms Tan Mui Hoon, Melody (Teacher Aide) as Mrs Koh explains to Minister about the learning behind minimart duties.

Cerebral Palsy Alliance Singapore School (West)



Ms Chin Mei Foong Michelle (Transition Planning Coordinator) sharing with Mr Chan Chun Sing (Minister for Education) the variety of plants cultivated by students from the Senior Functional Programme.



Minister observing Swee Sarah (Swan 2C) during her physiotherapy session with Ms Ni Ni Swe (Senior Physiotherapist) and Ms Athimoolan Sakthi Sulochana (Physiotherapy Aide).



Minister together with Mrs Dayna Chia, Mr Daniel Ang, Ms Terry Monica Theseira (Officers from MOE) having a discussion with Mrs Koh & Ms Lanny Kwok (Covering Vice-Principal), Dr Janice Wong (CPAS Chairperson) and Ms Latha on the new site for CPASS West.



Minister getting to know the staff of CPASS West before the dialogue session.

Cerebral Palsy Alliance Singapore School (West)

UPDATE ON SPRUCING WORKS

Ms Cynthia Lim Li Lin (Administrative & Operations Manager)

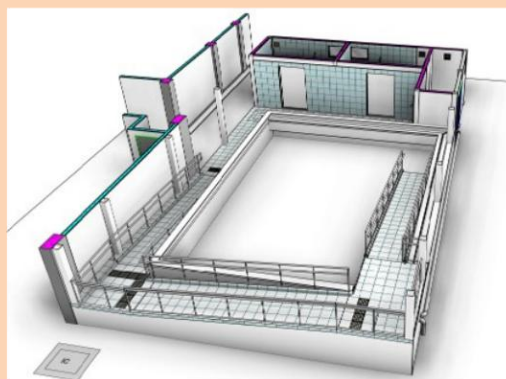
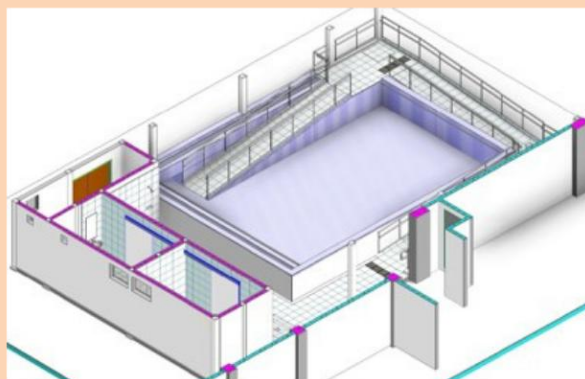
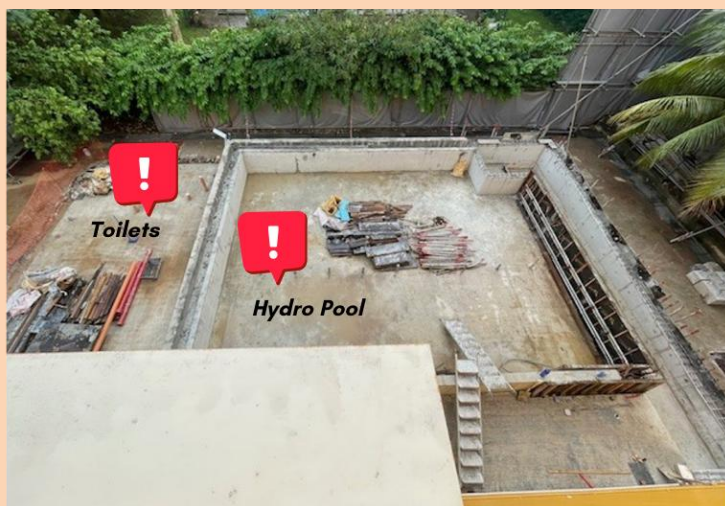
BUILDING OF THE RAMP AND A NEW LIFT

- The construction site has been cleared and leveled for Foundation work for the Ramp (completion by February 2025)
- The Bored Micro Piling works for the Lift was completed end August 2024 and the Structure Works for the Lift Shaft had started work on 16 September 2024 (Monday) (completion by June 2025).



HYDRO POOL PLAN & LAYOUT

- The framework for the Hydro Pool was completed on 26 September 2024 (Thursday) and the Erection of Roof Structures will start on 4 October 2024 (Friday) (completion by February 2025).



Cerebral Palsy Alliance Singapore School (West)

CPASS OUTDOOR EDUCATION PROGRAMME, MELBOURNE ADVENTURE TRIP

Ms Aifaa Liyana Binte Norazhar (Teacher)

In 2020, CPASS partnered with School of Sports & Health (SSH) Republic Polytechnic (RP) to develop a three-year programme leading to an overseas trip at the end of the third year. Each year, students are introduced to new outdoor skills, followed by a local camp to prepare them for the overseas trip. Although the programme was paused in 2020 and 2021 due to the COVID-19 pandemic, it resumed in 2022.

The programme aims to build students' confidence and self-esteem through outdoor activities, allowing them to push their limits and become more self-assured individuals. Activities are designed with "challenge by choice," allowing students to build confidence through participation progressively.

Between 2022 and 2024, our students have been supported by RP staff and students, engaging in various outdoor activities including land-based activities such as a challenge ropes course and water-based activities such as kayaking. Through the partnership with RP, CPASS staff also developed their skills and confidence in facilitating these outdoor programmes.

The programme's highlight was the overseas trip to Melbourne, Australia in September 2024 where students and staff stayed and completed activities at an inclusive campsite. YMCA Camp Manyung is situated on the scenic Mornington Peninsula. The campsite offers accessible programmes and accommodations to cater to diverse needs. A reconnaissance trip in September 2023 confirmed Camp Manyung as the ideal location for our overseas trip programme.

In preparation, the 24 CPASS East and West students who signed up participated in various outdoor activities to bond with 20 RP student befrienders. RP students gained hands-on experience in communicating and working with CPASS students, while the CPASS students took part in various outdoor activities. This preparation included an overnight camp at the CPASS East school to assess the students' readiness for the trip.



Staff, students and their families taking a group photo before the departure.

On 4 September 2024 (Wednesday) students and parents stood together at Changi Airport Terminal 2, shedding tears that spoke of both sadness and excitement. For many students, this trip marked their first extended time away from home, and the emotions were palpable. Yet, in the first two days, their spirits began to lift as they explored the Royal Botanic Garden, feeding the animals at Bundoora Park Farm, and playing together at the Ross All Abilities playground.

On 7 and 8 September 2024 (Saturday and Sunday), the group checked into Camp Manyung, embarking on a whole new adventure that fostered independence and teamwork. Students embraced their responsibilities, which included serving food, setting tables, and cleaning up after each meal. Working together in their groups, they learned valuable life skills and the importance of collaboration, all while bonding over shared tasks and laughter.



Yan Jun Jie, Lucas (Falcon 6C) enjoying his ride on the three-wheel hand cycle during the Biking activity.

Cerebral Palsy Alliance Singapore School (West)

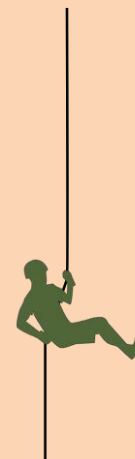
CPASS and RP students participated in various activities during that weekend, including tree-rolling, flying fox, giant swing, archery, bike skills, and environmental care. The camp experience not only deepened their friendships but also empowered them to take pride in their contributions, gain newfound confidence in themselves, making it a memorable chapter in their journey.



Nathan Eo (Yang Mingxuan) (Falcon 4C) and Mr Suriya (RP Student Buddy) completing the tree rolling activity together.



Yan Jun Jie, Lucas (Falcon 6C) at the Archery range with Mr Kevin Tan Meng Liang (Senior Psychologist).



Luthfil Hadi Bin Azman (Falcon 6C) waiting for his turn on the tree roll structure.



Vithur Raj (Falcon 6C) getting hoisted up to the platform for the Flying Fox activity.



Luthfil Hadi Bin Azman and Yan Jun Jie, Lucas (Falcon 6C), enjoying the sea breeze at Sunnyside North Beach.



From left to right, Ms Chan Ying En (RP Student Buddy), Mr Jeremy (RP Lecturer), Lim Kai Ning (Falcon 5C), Ms Aifaa Liyana Binte Norazhar (Teacher), Ms Noredah Bte Mohd Yatim (Senior Teacher) and Mrs Koh-Lim Ai Lay (Principal).



Cerebral Palsy Alliance Singapore School (West)



Yan Jun Jie, Lucas and Vithur Raj (Falcon 6C), fixing their bed sheets together with Mr Tan Choon Kiang, Nick (Job Coach) and Mr Kevin Tan Meng Liang (Senior Psychologist).



Lim Kai Ning (Falcon 5C) enjoying the pizza she made during the Kitchen Garden activity.



Nathan Eo (Yang Mingxuan) (Falcon 4C) and Mr Suriya (RP Student Buddy) setting up the tables for dinner.

Reflections from students and teachers indicated that the experiences from the trip fuelled their self-esteem and improved their management of their emotions and expectations. The supportive atmosphere encouraged them to step out of their comfort zones, fostering not only personal growth but also a strong sense of camaraderie that would last long after the trip ended.



Final group photo with the RP buddies on our last day in Camp Manyung.

Cerebral Palsy Alliance Singapore School (West)

EMPOWERING OUR CPASS CHAMPIONS WITH ASSISTIVE TECHNOLOGY (AT)

Ms Karuppaiyan Akshaya (IT Resource Teacher)

ENVIRONMENTAL:

Any device that enables one to engage with the environment and control it when otherwise unable to, is AT. It starts from as simple as a ramp for easier mobility. It can also be a switch that is adapted to be used in turning on daily appliances like fans, lights, stoves, etc. This adaptation is done using a device called the Powerlink4. The Powerlink4 can be connected to any appliance and switch type, therefore making the appliance switch enabled.



Kim Le Yi Eve (Swan 1D) activating the blender (connected to powerlink) with the use of switch.



Powerlink



Student Using Grip Switch to activate the pouring cup.

DAILY LIVING:

Assistive technology in the daily living setting employs various low-tech and high-tech devices to enable students to do tasks with ease. For example, a student using an angled spoon to feed self, using specialized bottles/cups for drinking, using suction scooper bowls to aid easier scooping are all low-tech means of adaptability to facilitate daily living. The Rifton Tram used in toileting to lift and transfer student is an example of high-tech AT for daily living.



Student using a right-angled spoon and suction scooper bowl during snack time.

MOBILITY:

One of the most essential parts of everyday living in a differently abled person's life is their mobility. There are ample devices out there to assist students with their mobility. These mobility devices are very specific and customized to each student's unique needs. Even though mobility devices are categorized under broad terms such as wheelchairs, walkers, etc, each of these devices on its own is unique and performs functions that aids our students in their own specific way.



Some examples of the mobility devices that our students use.

The future of assistive technology holds promising advancements that promotes higher level of inclusivity for differently abled individuals. Our team in CPASS strives to provide as high level of advanced technology as possible to our students and staff to facilitate holistic development of each student.

INCLUSION IS NOT ABOUT MAKING EVERYONE THE SAME. IT'S ABOUT EMBRACING AND CELEBRATING OUR DIFFERENCES.

Cerebral Palsy Alliance Singapore School (West)

CHILDREN'S DAY

Ms Sai Vina V Vimalenthiran (Teacher)

This year Children's Day was celebrated on 3 October 2024 (Thursday). Students celebrated the day by having a ball of a time at T-Play, an indoor playground located at HomeTeamNS Bukit Batok. Students as well as staff had loads of fun playing on the slide, trampoline, in the ballpit and more! With volunteers from the AirForce helping, students did not want the day to end and were wishing for more play time. Here's to hoping this wish comes true next year!



Individualised cupcakes for our students!



Lucy Guo (Swan 1D) with Ms Ng Xiao Ling (Huang Xiaoling) Celeste (Speech & Language Pathology Therapy Aide) going down the slide together!



Isaiah Yen Ern Shyrn (Falcon 5D) taking a break from playing to cool down.



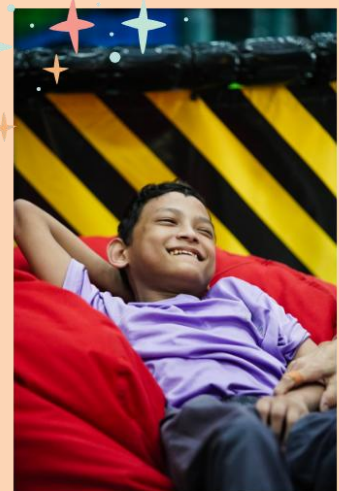
Kim Eun Hye Luna (Falcon 6D) with Ms Kwok Ping Ping Lanny (Vice-Principal) playing in the ball pit with a volunteers.



Lye Boo Zhuo (Swan 2D) having a ball of a time in the ball pit!



Chong Zhi Hao (Falcon 6D) enjoying his time at the indoor playground!



Irfan Bin Muhammad Ali Khanafiah (Falcon 5C) taking a break on the bean bag!



Mrs Koh-Lim Ai Lay (Principal) delivering the children's day message.

Cerebral Palsy Alliance Singapore School (West)

PERSON-CENTRED PLANNING PROTOTYPING @ CPASS WEST: FAMILY ENVISIONING MEETING

Ms Chin Mei Foong Michelle (Transition Planning Coordinator)

In 2023, CPASS partnered with the Special Education Branch (SEB) of the Ministry of Education to pilot Person-Centred Transition Planning (PCP). This initiative aims to actively involve students and their families in collaboration with the school to prepare for the student's future after graduation.

In 2024, as part of the Family Envisioning Meeting (FEM) Scale-Up, three students and their families from the 15-year-old cohort were selected to develop the students' post-school goals using Person-Centred Planning (PCP) tools. Feedback was also gathered from parents to refine Person-Centred Transition Planning for Special Education (SPED) schools.

Parents expressed positive feedback about the FEM sessions, which lasted 45 minutes to an hour. One parent appreciated the dedicated time spent by the Transdisciplinary (Trans D) Team and families to share insights about their child. The information gathered through PCP tools was comprehensive, though it required significant preparation.



A meaningful Family Envisioning Meeting focused on open discussions about aspirations, what's working, and areas to grow—guided by our student one-page profile.



The Family Envisioning Meeting brought heartfelt conversations and honest reflections as we worked together to shape a shared vision for our students' future.

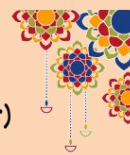


Allied Health Professionals (AHPs) suggested extending the sessions to allow for deeper discussions. These insights will help improve future FEM sessions and enhance the overall transition planning process for students in SPED schools.

Cerebral Palsy Alliance Singapore School (West)



DEEPAVALI CELEBRATION



Ms Karuppaiyan Akshaya (IT Resource Teacher)

CPASS West celebrated the vibrant Deepavali festival on 7 November 2024 (Thursday). The festivities began with a creative pre-event activity where students crafted Thoranams, traditional Indian decorations made from mango leaves or colorful materials, to adorn all classroom doors.

On the event day, students immersed themselves in the rich tapestry of Indian culture through seven interactive booths. These included a Henna station, a Sensory exploration booth, and a Snack Tasting booth, each designed to engage their senses and spark curiosity.

As they visited the various booths, students had the chance to enjoy hands-on activities and savour authentic cultural experiences. Snack time was made extra special with a delicious serving of Briyani, adding to the festive spirit.

The celebration was filled with joy and discovery, offering students not only a day of fun but also an enriching opportunity to learn about Indian culture.



Volunteers from National Junior College performing Indian dance for our students.



Aydil Putra Bin Rizal (Swan 2C) and Mr Ryan Loh Junjie (Teacher) dressed up in Indian ethnic outfits.



Kim Le Yi Eve (Swan 1D) decorating leaves for her class Thoranam.



Janelle Han Xin En (Falcon 6C) and Chua Han Yu, Avery (Falcon 4C) donning their hennas.



Dawson Toh Li Sheng (Falcon 6D) getting Henna done by a volunteer from National Junior College.

Cerebral Palsy Alliance Singapore School (West)

SINGTEL WATERFRONT 2024



Ms Noredah Bte Mohd Yatim (Senior Teacher)

CPASS West staff and students were elated to be invited to Singtel Waterfront event on 25 October 2024 (Friday). The event was organized with the aim of fostering inclusivity and giving special needs students a memorable cultural experience. It also aligned with the ongoing commitment of Esplanade and Singtel Waterfront Theatre to provide diverse and accessible arts experiences to all. The students, accompanied by their teachers and caregivers, were greeted warmly upon arrival.

The students from the 2 programmes – High Support and Functional, were grouped into 2 separate groups. Students in the Functional programme were given an opportunity to experience live performances and revel in the vibrant atmosphere of one of Singapore's premier performing arts venues. The day's highlight was a specially curated performance 'The Feelings Farm' was designed to engage young audiences of all abilities. The show featured a blend of music, visual storytelling, and dance, with artists who were skilled in creating an inclusive and interactive experience. The students were captivated by the colourful costumes, vibrant music, and engaging storytelling, making the performance an unforgettable experience.



The visually captivating, magical performance at the theatre.



Mrs Koh-Lim Ai Lay (Principal), posing with Dawson Toh Li Sheng (Falcon 6D) for a selfie.

For students in the High Support programme, they were given the chance to explore the breathtaking views of Marina Bay, located along Singapore's Esplanade waterfront before proceeding to the White Room at Esplanade. Students gathered for an immersive, multi-sensory experience tailored just for them. This was no ordinary event; it combined live singing with hands-on sensory activities designed to captivate and engage every student. The space transformed into a vibrant world of music, touch, and exploration, where students with special needs could connect with the performance at a close level. The students were not merely spectators; they were part of the experience, invited to interact with props, textures, and sounds that were thoughtfully woven into the performance.

The experience at Esplanade was truly memorable, with students exploring both the White Room and the Theatre. Both spaces offered a unique opportunity for students with special needs to connect with the arts in a way that felt welcoming and accessible. The students enjoyed a day tailored to their needs, whether through live singing and sensory activities in the White Room or the immersive performance in the Theatre.



Group photo with Singtel volunteers and performers.



The students from the High Support Programme having their photo taken against Singapore's iconic landscape, Marina Bay Sands waterfront.

Cerebral Palsy Alliance Singapore School (West)

SCHOOL VISIT BY MOE DIRECTOR-GENERAL EDUCATION (DGE)

Ms Cynthia Lim Li Lin (Administrative & Operations Manager)

On the morning of 13 September 2024 (Friday), Ms Liew Wei Li, Director-General of Education, Ministry of Education, visited CPASS West. She interacted with students who were having CCAs and spoke to the staff on school programmes and the collaborations with main-stream schools.



Ms Liew Wei Li (Director-General of Education) interacting with Chua Han Yu, Avery (Falcon 4C) using Augmentative & Alternative Communication (AAC), guided by both Mrs Koh-Lim Ai Lay (Principal) and Ms Kwok Ping Ping Lanny (Covering Vice-Principal).

Ms Liew was delighted when she learned about CPASS West collaboration with the community and Rulang Primary School. Ms Liew had given valuable inputs on further collaboration with Rulang Primary School and path towards new opportunities with Spectra Secondary School for the new Daily Living Skill Room.

We are thankful for Ms Liew guidance and look forward to collaborating with Rulang Primary School and Spectra Secondary School in 2025!

Cerebral Palsy Alliance Singapore School (West)

YACHT ADVENTURE FOR STUDENTS OF CPASS WEST

Ms Chin Mei Foong Michelle (Transition Planning Coordinator)

On 17 October 2024 (Thursday), five students from the CPASS West embarked on a unique and empowering yacht adventure, thanks to Captain Q and his company, Wanderlust Adventures. This special outing was not just about exploring the sea; it was about breaking barriers and giving the students a chance to experience an adventure many might have thought was beyond their reach.

Captain Q's Vision: Empowerment Through Adventure

Captain Q, a passionate enthusiast who enjoys fishing and diving, believes that everyone, regardless of their physical abilities, should have the opportunity to enjoy life's adventures. "Everyone has a chance to try it out," says Captain Q, reflecting on his decision to offer this experience to CPASS students. "I want to give back by allowing these students to experience something they may never have thought possible."

Many students at CPASS are wheelchair users and face mobility challenges. For them, activities like going on a yacht, fishing, or island-hopping might seem out of reach. But Captain Q hopes this adventure will change that perception. "Students in wheelchairs might feel that certain things are impossible," he explains. "I hope this experience will give them the confidence to try things beyond what they thought they could do."

With careful planning to ensure accessibility, the adventure offered students the chance to try fishing, enjoy the sea breeze, and experience the thrill of being on the yacht. Captain Q's team designed the trip to be inclusive, allowing the students to fully participate, no matter their physical limitations.

No Expectations—Just Giving Back

What makes this gesture even more remarkable is that Captain Q doesn't expect anything in return. His vision for Wanderlust Adventures is grounded in inclusivity and giving back to the community. "I don't expect anything from them," he shares. "This is purely about giving these students a chance to experience something they might never have had the opportunity to do."

His philosophy is simple but powerful: everyone, regardless of race, ability, or background, should have the chance to explore and enjoy the beauty of the sea. "Wanderlust Adventures is about making sure that everyone has the ability to try, to explore, and to enjoy the ocean," Captain Q explains.



Lim Ethan (Lin Yiteng), Natalie Soo Wen Xuan and Tang Hong Kai Lennox (Chen Hongkai) (Falcon 5C) sitting on the yacht deck waiting for the water adventure.



Group photo with the students who joined us from CPAS School (East).

Cerebral Palsy Alliance Singapore School (West)

Building Confidence and Challenging Limitations

For the students at CPASS, this yacht adventure was more than just a fun outing—it was an opportunity to push past their perceived limitations and try something new. By taking part in activities that might initially seem daunting, they experienced the sense of accomplishment that comes from stepping outside their comfort zones.



Tang Hong Kai Lennox (Chen Hongkai) (Falcon 5C) did island-hopping to Lazarus Island with Teacher Aide, Ms Melody Tan.



Natalie Soo Wen Xuan (Falcon 5C) also explored Lazarus Island and posed for a photo with Teacher Aide, Ms Cindy Yap.



Luthfil Hadi Bin Azman and Yan Jun Jie, Lucas (Falcon 6C) displayed their fearlessness on the yacht deck.



With his easy-going demeanour and passion for the ocean, Captain Q, patiently showed Yan Jun Jie, Lucas (Falcon 6C) the ropes of fishing, demonstrating how to cast the line, wait for a bite, and reel in the catch.



A Future of Possibilities

Captain Q's vision for Wanderlust Adventures goes beyond just one event. It's about creating a world where everyone has the opportunity to try things they never thought possible, regardless of their abilities. This yacht adventure is a step toward that vision—helping to break down barriers and create a future where everyone can explore life to the fullest.



A group photo on Lazarus Island with Team CPASS West.

Cerebral Palsy Alliance Singapore School (West)

STEPPING STONES PROGRAMME

Mr Tan Meng Liang Kevin (Senior Psychologist)

During Term 3, three 17-year-old students from CPASS West spent their Wednesday lunch hours with Mr Tan Meng Liang Kevin (Senior Psychologist) in the Psychology Room, participating in the Stepping Stones Programme. This enrichment programme is designed to help senior students better regulate their emotions and orientate them to the behaviours expected of them as they transit into the workforce.

Over eight weeks, the students engaged in activities like role-playing, charades, and other games to help them recognize and regulate emotions they may face in their future workplace. They also learned essential social skills, such as interpreting non-verbal cues, reading body language, and practicing active listening with each other. Additionally, they practised expressing their thoughts and framing criticisms positively using I-Messages without hurting and blaming the other person.



Resources used in the Stepping Stones Programme.



Luthfil Hadi Bin Azman (Falcon 6C) sharing about his feelings.



Yan Jun Jie, Lucas (Falcon 6C) expressing how he overcame his initial anxieties to feeling calmer and more at ease.



Yan Jun Jie, Lucas (Falcon 6C) receiving his completion certificate.



Luthfil Hadi Bin Azman (Falcon 6C) receiving his completion certificate.



Lim Ethan (Lin Yiteng) (Falcon 5C) receiving his completion certificate.

Best wishes to all three students as they begin their various work experiences in the near future.

Cerebral Palsy Alliance Singapore School (West)

SINGTEL CARNIVAL 2024

Ms Noredah Bte Mohd Yatim (Senior Teacher)

Students from CPASS West had a memorable and enjoyable experience at the Singtel Carnival 2024, held on 9 October 2024 (Wednesday). Arriving early at Expo Hall 5, the venue of the carnival, students and staff were excited and were ready to immerse themselves in the vibrant atmosphere of the carnival.



The place was filled with laughter and excitement as students from various Special Education Schools participated in a wide range of games and activities. Each station were carefully designed to accommodate and celebrate the diverse abilities of students. From interactive booths to simple yet fun games, there was something for everyone to enjoy. Each station was adapted to ensure accessibility, allowing every student to participate fully and enjoy the experience.

In addition to the fun, students had the opportunity to bond with their peers and teachers in a vibrant, inclusive environment. Volunteers from Singtel were on hand to guide them through each game, offering encouragement along the way. A key highlight of the carnival is the opportunity for students to win gifts and prizes. After successfully completing games, students were rewarded with exciting gifts such as toys, stickers, stuffed animals, or educational materials.



Ms Aifaa Liyana Binte Norazhar (Teacher) and Ms Amutha D/O Perumal (Teacher Aide) taking a fun group picture with Yan Jun Jie, Lucas, Janelle Han Xin En, Nurshaqirah Ryhana Binte Shamsha, Vithur Raj and Luthfil Hadi Bin Azman, students from Falcon 6C.

Special performances added to the lively atmosphere, making the day even more unforgettable. For many students, the thrill of trying new activities and the joy of winning prizes add to their sense of accomplishment and boosts their self-esteem. The smiles on our students' faces said it all – this was truly a day of joy and empowerment.

We are deeply grateful to Singtel for their continued support in creating meaningful experiences that allow our students to explore and enjoy engaging experiences in a safe and fun setting.



Lim Kai Ning (Falcon 5C) and Ms Cindy Yap (Teacher Aide) playing the booth games.



Mohamed Elqi Iffwan Bin Mohamed Yuzwan (Falcon 6D) trying the ring toss game.



The inflatable cactus brought out Goh Qin Ze Ashden's (Falcon 4C) competitive spirit as he eagerly tried to toss a ring over it.

Cerebral Palsy Alliance Singapore School (West)



PARENTS ORIENTATION DAY

Ms Cynthia Lim Li Lin (Administrative & Operations Manager)

On 6 November 2024 (Wednesday), CPASS West welcomed the parents of fourteen new students who will be joining the school in 2025.

Parents Orientation Day was a day we introduced our School Programmes, Functional Programme and High Support Programme to our new parents. School provided an overview for the Programmes to ensure that parents are informed and can better support their children at home. School had also emphasized the Trans-Disciplinary approach in CPASS, a strong collaboration that enhances holistic development for our students.

Parents met School Leader, Teachers, staff, and administrators to kick start a cooperative relationship between parents and the school, which is crucial for student well-being.



Mrs Koh-Lim Ai Lay (Principal) shared with the new parents on the different modes of communication available to contact the school.



New parents toured the School and were given an overview of the School Facilities.



New parents enjoyed the Lesson Observation for the High Support Junior Class Swan 4D, conducted by Mr Teo Wei Jek (Jack) (Teacher).



The session ended with parents signing up for School Transportation and purchasing School Uniforms.

Parents also toured the school to learn about school facilities, services and activities that cater to the diverse needs of our students.

The session was a success, as School and Parents created a shared understanding and partnership that will benefit the students. To all parents of new students, WELCOME to CPASS West!



Cerebral Palsy Alliance Singapore School (West)

AFTER SCHOOL ENRICHMENT PROGRAMME FOR TERM 3 & 4

Mr Tan Choon Kiang, Nick (Job Coach)

As we wrap up the 2nd semester of the year, we have given our function programme seniors an after-school experience that seeks to not only practise their various skills learnt in class (numeracy, community mobility, digital literacy etc.) but also find a fun way to apply them!



At the start of Term 3, our school introduced an after-school baking enrichment programme to teach students baking as both a hobby and a potential vocation. A big thank you to NTUC Health Centre for providing the space and Mdm. Sjuffriani, the baking coach, for leading the sessions, students learned to use baking equipment such as mixers and ovens. The results were delicious cakes, cookies, and tarts made by the students for themselves and teachers.

Throughout the term, students engaged all their senses in the baking process, enjoying the smells, textures, and creative aspects of baking. With occasional involvement from senior citizens from the Jurong Nursing Home, the programme also promoted teamwork, patience, and communication as students worked together to measure, mix, and share their ideas. Baking as a group fostered camaraderie, helping the students support each other in their culinary efforts.

At the start of Term 4, our school launched the "Let's Go Jalan Jalan" after-school programme, designed to give students the chance to explore and enjoy leisure activities beyond the classroom. Whether it's discovering Singapore's biggest malls, trying their hand at bowling, catching the latest movie, or even going on a simple errand trip, the programme encourages students to unwind while learning valuable life skills.



Vithur Raj (Falcon 6C), Harith Bin Hazli (Falcon 5C) and Janelle Han Xin En (Falcon 6C) dusting off some milo to make the finishing touches to their cupcakes!



Commemorating a very fun and competitive experience at Superbowl Jurong with the students and volunteers!



Taking a group photo after watching "The Wild Robot" - 9/10 strongly recommended by CPASS WEST students!

"Let's Go Jalan Jalan" aims to teach students more than just going out to "Jalan Jalan". Exploring the malls, gives students opportunities to practise navigation skills and budgeting while shopping for necessities. Bowling while very fun also teaches focus, coordination, and friendly competition. The process of booking a movie and watching also sparks discussions on storytelling and even social themes.

Errand trip and the cookout to celebrate the last session also turn into practical lessons in time management, responsibility, and decision-making, fostering independence and teamwork among students.

The programme not only promotes leisure but also encourages personal growth and social skills in real-world settings!

Cerebral Palsy Alliance Singapore School (West)

STUDENT'S VOICE

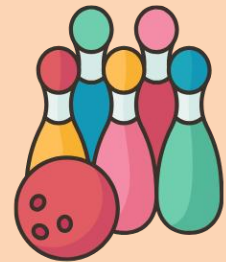
Ms Chin Mei Foong Michelle (Transition Planning Coordinator)

Visit to Edible Farm @ Jurong Lake Garden



Lim Kai Ning (Falcon 5C)

"I learned about flowers, winter melon and chilli. I planted the stem in a pot and watered the plant."



Let's Go Jalan Jalan



Harith Bin Hazli (Falcon 5C)

"I enjoyed bowling because I was with my friend and teachers. I want "Let's Go Jalan Jalan" in 2025 because it is fun, and we can include family."

Cerebral Palsy Alliance Singapore School (West)

RUN FOR INCLUSION 2024

Ms Noredah Bte Mohd Yatim (Senior Teacher)

On 9 November 2024 (Saturday), our students took part in the inspiring Run for Inclusion event at Jurong Lake Gardens. Despite the wet track conditions, the students showed perseverance and determination, completing the 3-kilometer run with unwavering spirit. For many of them, this wasn't just about running; it was a journey of personal resilience, a chance to push their limits, and a celebration of inclusivity.



Student Lim Kai Ning (Falcon 5C) giving a high-five to the mascot.



Students Nathan Eo (Falcon 4C) and Lim Kai Ning (Falcon 5C) treading carefully with Mr Wong Hong Da (Teacher) and Ms Tini Khairanie Juma'in (Teacher Aide).



Students and teachers from Track & Field CCA from both East and West schools at the finishing line.

START

The students paced themselves carefully along the slippery track, while at the same time cheering on each other to complete the run. Cheered on by teachers and family members, the students conquered the distance and proudly reached the finishing line. By the end of the race, each student left with a sense of accomplishment and pride, not just in finishing the race but in taking part in an event that celebrates diversity, unity, and the power of inclusion. Run for Inclusion 2024 truly demonstrated the resilience and indomitable spirit of our students, proving that even in challenging conditions, they can rise above and achieve their goals.

This memorable event has left a lasting impact, not only on the participants but also the supporters who witnessed their achievements. Run for Inclusion 2024 truly showcased the unbreakable spirit of our students and all individuals with special needs, proving that with perseverance and support, everyone can cross the finish line.

Cerebral Palsy Alliance Singapore School (West)

FRAME RUNNING EVENTS 2024

Ms Ni Ni Swe (Senior Physiotherapist)

In September 2024, CPASS West participated in two Frame Running events: The President's Challenge and the Haw Par National Youth Para Championship.

THE PRESIDENT'S CHALLENGE

The President's Challenge 2024, held at Delta Sports Centre on 4 September 2024 (Wednesday), showcased a renewed focus on creating lasting social impact by nurturing talent in sports and the arts. CPASS West Frame Running Team, invited by the Singapore Disability Sports Council (SDSC), had the honour of demonstrating their skills during President Tharman Shanmugaratnam's visit.

Ms Ni Ni Swe (Senior Physiotherapist) explained the benefits of frame running for students, highlighting SDSC's support in introducing frame running to CPASS through donor-funded bikes and staff training.

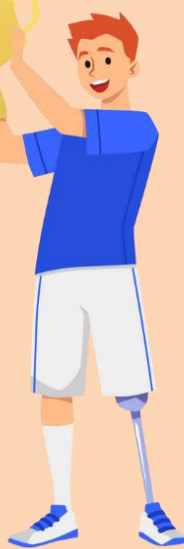
The event highlighted how frame running enhances students' fitness, confidence, and independence, demonstrating the transformative power of inclusive sports in fostering social integration. President Tharman's direct interaction with the students underscored the importance of embracing diverse abilities and promoting inclusivity in society.



With assistance from Ms Quah Yew Kin Mavis (Senior Occupational Therapist), Chua Han Yu, Avery (Falcon 4C) greeted President Tharman Shanmugaratnam and The First Lady, Ms Jane Ittogi, using Augmentative & Alternative Communication (AAC).



Chua Han Yu, Avery (Falcon 4C) & Liang Yi Ting (Falcon 5D) representing CPASS West along with Ms. Ni Ni Swe (Senior Physiotherapist) & Ms Quah Yew Kin Mavis (Senior Occupational Therapist).



The team taking a picture with President Tharman Shanmugaratnam and the First Lady, Ms Jane Ittogi.

Cerebral Palsy Alliance Singapore School (West)

HAW PAR NATIONAL YOUTH PARA ATHLETICS CHAMPIONSHIPS 2024

The Haw Par National Youth Para Athletics Championships 2024 took place at Yio Chu Kang Sports Stadium, on 14 September 2024 (Saturday).

Organized by the Singapore Disability Sports Council (SDSC), the competition provided youth with disabilities a platform to compete, showcase their abilities, and develop their skills. It also served to identify potential athletes for Singapore's national and development squads.

This event aimed to inspire and support talented individuals like our students, offering selected athletes the opportunity to represent Singapore in major international para competitions, while promoting inclusivity and excellence in sports. Five students from CPASS West successfully completed the 60-Meter Dash Frame Running Finisher Race.



Javier Hong Jie Wen (Falcon 5D) warming up before the competition.



Goh Qin Ze Ashden (top) & Chua Han Yu, Avery (bottom) (Falcon 4C) completed the 60 Meter Dash Frame Running Finisher Race and won 2nd and 1st place respectively.



Liang Yi Ting & Javier Hong Jie Wen (Falcon 5D) are ready for the race, assisted by Ms Leiqa Adira Thomas (Occupational Therapist Aide), Mr Kevin Tan Meng Liang (Senior Psychologist) and other volunteers.



CPASS West group shot!



Cerebral Palsy Alliance Singapore School (West)

ACHIEVEMENT AWARDS FOR SPECIAL EDUCATION STUDENTS (AASPEDS) 2024: A HEARTFELT CELEBRATION OF STUDENTS' ACHIEVEMENTS

Ms Kwok Ping Ping Lanny (Covering Vice-Principal)

On 14 November 2024 (Thursday) CPASS West hosted a memorable AASPEDS Ceremony to celebrate the outstanding achievements of our students. While the event was simple, it was filled with warmth, pride, and gratitude, reflecting our students' hard work, growth, and success over the past year.

As the ceremony unfolded in our beautifully decorated classrooms, the atmosphere was filled with joy and excitement. Our students truly shone as they received their well-deserved awards. The event was not only a celebration of our students' success but also a tribute to the unwavering support of their families, teachers, Allied Health Professionals (AHPs), and staff who have been by their side every step of the way.

A DAY OF RECOGNITION AND APPRECIATION

The ceremony recognized 27 awards across five key categories: the Best Progress Award, Best Conduct Award, Best Progress in Rehabilitation, Leadership Award in CCA, and the newly introduced Leadership Award in the Prefectorial Board.

SPECIAL THANKS TO OUR EMCEES

A heartfelt thank you to our wonderful emcees, Ms Leiqa Adira Thomas (Occupational Therapist Aide) and Ms Indira Shamini (Teacher Aide), who led the event with grace and enthusiasm. Their professionalism and warmth set the tone for the event, making the ceremony smooth and enjoyable for everyone.

ACKNOWLEDGING THE SUPPORT OF OUR TEAM

We would also like to express our gratitude to the students from IT Enrichment who designed the beautiful presentation slides. Special thanks to Ms Mithela Devi d/o Raveendran (Administrative Executive) and Mr Mohammad Norhaqim bin Ruslan (Information and Communication Technology Executive), who worked behind the scenes to print certificates, decorate the classrooms, and capture photos of the event.

A heartfelt thank you goes to all the teachers, AHPs and staff members who have worked tirelessly throughout the year to ensure each student received the guidance needed to reach their full potential. Our students' success is the result of a collective effort, and we are proud to have such a strong and caring CPASS West family.

A HEARTWARMING FINALE

One of the highlights of the ceremony was a vibrant Cardio Drum performance by our students from Falcon 5C and 6C, which added an extra layer of excitement and energy to the event.

As we reflect on the 2024 AASPEDS Ceremony, we also want to thank everyone—students, families, caregivers, and staff—for making the event a day to remember. This celebration of achievement is truly a shared accomplishment, and we look forward to continuing our journey of growth and success together.

Congratulations once again to all our awardees, and thank you to everyone who made the 2024 AASPEDS Ceremony such a meaningful and unforgettable occasion!



Ms Leiqa Adira Thomas (Occupational Therapist Aide) and Ms Indira Shamini (Teacher Aide), the emcees for the day!



Ms Noredah Bte Mohd Yatim (Senior Teacher) presenting Harith Bin Hazli (Falcon 5C) with his sash.

Cerebral Palsy Alliance Singapore School (West)

THE LIST OF 2024 AASPEDS AWARDEES IS AS FOLLOWS:

Best Conduct Award	Best Progress Award
<ul style="list-style-type: none"> • Aydil Putra Bin Rizal • Nur Aileen Ariana Binte Mohammad Airie • Coen Cheng Sheng An • Chua Yu Xuan Celeste • Maahirah Binte Mohamed Yunos • Rizq Nawfal Bin Hambril • Cheong Nur Faidisha Qistina 	<ul style="list-style-type: none"> • Koh Yu Xin Jolee • Swee Sarah • Samera Mohamed Shafir • Kim Le Yi Eve, • Chua Han Yu, Avery • Isaiah Yeu Eru Shyru • Irfan Bin Muhammad Ali Khanafiah

Best Progress in Rehabilitation Award (OT)	Best Progress in Rehabilitation Award (PT)	Best Progress in Rehabilitation Award (SLP)
<ul style="list-style-type: none"> • Koh Yu Xin Jolee • Samera Mohamed Shafir 	<ul style="list-style-type: none"> • Wong Jun Kang • Thinesh Kaunder Gobu 	<ul style="list-style-type: none"> • Kim Eun Hye Luna • Lucy Guo

Leadership Award in CCA (Modular Sports)	Leadership Award in CCA (Modular Arts)	Leadership Award in CCA (Track and Field)
<ul style="list-style-type: none"> • Chong Zhi Hao • Lye Boo Zhuo 	<ul style="list-style-type: none"> • Isaiah Yeu Eru Shyru • Swee Sarah 	<ul style="list-style-type: none"> • Janelle Han Xin En



Leadership Award in Prefectorial Board
<ul style="list-style-type: none"> • Harith Bin Hazli • Janelle Han Xin En



IMPORTANT DATES IN TERM 1 (2 Jan 2025 to 14 Mar 2025)

Note on Contact Tracing

To ensure that we can contact all parents/ guardians/ caregivers for emergencies and to help the School in communicating effectively, please inform your child's teacher of any change in the following:

* Contact details (mobile /email address/home telephone number)

* Home address

28 Jan 2025	Chinese New Year Celebrations
29 & 30 Jan 2025	Chinese New Year
13 Feb 2025	Commemoration of Total Defence Day
15 Feb 2025	Total Defence Day
School Closures: 29 & 30 Jan 2025	
School Holidays: 17 – 21 March 2025	