

CPASS EAST NEWSLETTER

Cerebral Palsy Alliance Singapore School (East)

2025/Term 1



PRINCIPAL'S MESSAGE

Key Tenets of the School

School Vision

A school that empowers students to be active learners in the community.

School Values

Confidence
Integrity
Respect
Resilience

School Mission

To equip our students with a holistic education to
Live Meaningfully,
Learn Continuously,
Work Productively.

School Culture

To Build a Culture
of Care and
Empowerment

School Beliefs

Everyone...
can Learn
can Serve
is Special

Dear Parents,

Welcome to the new academic year, 2025! The year started with crash of drums and cymbals with an early Chinese New Year to welcome the year of the snake. There were costumes and activities galore as students and teachers celebrated the event. While enjoying ourselves, we have not forgotten the learning that comes through in each event we hold in CPASS. The learning during this Chinese New Year was on cultural symbols and the values of wisdom, courage and perseverance attached to our various cultures. We teachers find joy in weaving learning into our fun and active celebrations in school. This is the celebration of Life!

Not long after the drums and the fireworks of the Chinese New Year fading away, the teachers spared no effort in bring various partner into our next celebration, our Total Defence Day. This year, we had our community partners in the Singapore Police Force (SPF) and our partner school, East Spring Secondary (ESS). The SPF, and the cadets and teachers of the National Cadet Corps (NCC) in ESS brought in a lot of props and artefacts to bring the experience of Army life and the work of the police to the students here. They also showed us the importance of having strong defence forces to keep Singapore safe.

The highlight at the start of the year did not take our attention away from the core work we had to do to GROW ourselves in skills, learning and values. Teachers, while they carried out their routine works, they were consistently focused on how the needs of the students could be holistically and properly met. The varying needs of the students made it necessary for our teams of teachers from the 3 programmes to be innovative and creative, driven by our strong passion and love for the children under our care. Thank you CPASS East Staff!

2025 was also a time for the renewal of the school management team. We had 6 of our teachers moving into higher roles of responsibilities and the addition of an experienced Head of Programme from another SPED school. These movements of staff are aimed at strengthening our leadership team with new-blood, new energy and new synergies. For many of them who have been with us, they have been here serving CPASS for some years, showing dedication, care and love for the children they serve. We will wish them all the best in their new journeys of growth. I encourage all of us to give them our support and get to know them better. Do read about them in this newsletter as they share with us who they are outside of school, being themselves, at home and beyond.

Yours sincerely,
Mr Boo Hian Kok
Principal, CPASS East

2025 Chinese New Year Celebration at CPASS East

Written by *Ms. Nurfarah Norkamar and Ms. Nurshameera Hussain, Teachers*

This year's Chinese New Year celebration was filled with joy, excitement, and meaningful moments for our students, staff, and caregivers. The theme for this year was costumes. Our celebration kicked off with a spectacular lion dance performance by none other than our very own teachers! The energy and enthusiasm they brought to the stage were infectious, filling the hall with festive spirit. Adding to the excitement, our very own Chai Shen (God of Fortune) made a grand entrance, accompanied by teachers playing the Chinese drums, symbolizing good luck and prosperity. Students eagerly reached out to receive their blessings, setting a joyous tone for the rest of the event.



**A Roaring Start with
Lion Dance and Chai Shen
(God of Fortune)**



This year's theme focused on costumes, providing a fantastic opportunity to highlight a variety of traditional Chinese outfits. Students were invited on stage to try them on and strike their best poses, making for a fun and interactive fashion segment. To enhance the experience, the costumes were displayed and made available for students to try on throughout the week at the beautifully designed Photo Booth by the Character and Citizenship Education Professional Learning Team, allowing everyone to fully embrace the festive spirit. One of the highlights of the celebration was the special skit, *The Snake's Wise Journey*, where students embarked on a mission to restore light to CPASS East. In honour to this year's zodiac, the snake, teachers creatively incorporated it into the storyline and delivered an engaging performance. With captivating storytelling and lively acting, the skit enthralled the audience, with students especially enjoying the unique and memorable characters. It was a meaningful performance that emphasized the values of wisdom, courage, and perseverance.

To wrap up the celebration, we held the Best Dressed Awards, recognizing students and staff who embraced the festive spirit through their creative outfits. This was followed by a heartwarming sing-along session, where everyone joined in to belt out classic Chinese New Year songs. The event ended on a sweet note with the distribution of mandarin oranges, symbolizing good luck and blessings, to all students, staff, and caregivers. It was truly a celebration to remember, and we look forward to more joyous moments together in the coming year!

**A Celebration
of Traditional
Attire**



A Journey of Wisdom: The Snake's Wise Journey



Total Defence Day 2025

Written by *Mr. Sathiysh S/O Jegathesan and Mr. Gerard s/o Rajan, Teachers*

On 11th February 2025, CPASS East commemorated the fall of Singapore during World War II. This year's Total Defence Day celebration at our school was a meaningful and engaging event that reminded us of the importance of resilience, unity, and preparedness in safeguarding our nation. The event kicked off with a message from Deputy Prime Minister (DPM) Mr. Gan Kim Yong followed by a special message by our school principal, Mr. Boo Hian Kok, who highlighted the significance of being proactive citizens in contributing to national security and harmony. The event involved all students, teachers, and school staff; it was held within our school premises, including the hall and outdoor areas. This was followed by a special assembly, where students participated in an interactive presentation about what is Total Defence Day and how it plays a crucial role in our nation's survival.

The event aimed to educate and inspire students to understand the importance of Total Defence in protecting and strengthening our nation. Through an assembly session, emergency preparedness drills (Lights out), a food rationing experience and the booths set up to showcase our defence forces capabilities. An engaging presentation was conducted to emphasize the six pillars of Total Defence - military, civil, economic, social, digital, and psychological followed by a short skit played by our very own Teacher Aides, Ms. Beulah Thomas, Mr. Muhammad Rasoul Bin Shiddik and Mr. Muhammad Hafidh Nur Hakim Bin Hilmy Irwan. Two booths were set up, one representing the Army and another representing the Police force. Teachers and students from East Spring Secondary (ESS) school provided the necessary equipment needed for the Army booth. Singapore Police Force (SPF) provided their vehicle display, as well as helped set up the game booth and information booth.

Some of the highlights of the day were the vehicle display by the SPF as well as the Army and SPF booths. Every class participated in emergency preparedness drills where they observed 30 mins of light off. Another impactful moment was the food rationing experience during snack time, where students were served simple meals such as sweet potato porridge,

reminiscent of what people had during times of hardship. This initiative helped us appreciate the stability and security we enjoy today.

Overall, this year's Total Defence Day was an eye-opening experience that deepened our understanding of national security and unity, inspiring us to play our part in keeping Singapore strong and resilient. We would like to express our appreciation for the collaborative efforts and support from our community partners, ESS, and the SPF.



Total Defence booth set up by ESS NCC students

2025 Prefect Investiture

Written by *Mrs. Lee-Tan Chor Hui, Senior Teacher and*
Ms. Irene Ho, Transition Planning Coordinator

On 11th March 2025, 12 students were sworn in as prefects of CPASS East. They were –

- 😊 Wee Zhi Qing Bravienne, Head Prefect, Class 10A
- 😊 Muhd Alfian Bin Mohamad Azhar, Vice-Head Prefect, Class 22A
- 😊 Abdul 'Alim Bin Muhammad Khidhir, Class 21B
- 😊 Cheng Wei Xuan Phoebe, Class 21A
- 😊 Hansel Lee Kai Yang, Class 23A
- 😊 Heidi Neo Hui En, Class 5A
- 😊 Joel Wong Wen Kai, Class 23A
- 😊 Mohamad Shan Rusyaiddi Bin Mohamad, Class 4A
- 😊 Muhammad Irfan s/o Mohaiyadin Shah, Class 10A
- 😊 Ng Yan En Desireena, Class 21A
- 😊 Nur Halisha Raudhah Binte Kamsan, Class 22A
- 😊 Zayden Tan, Class 24A

The ceremony began with an opening address by Principal Mr. Boo Hian Kok, who emphasized the significance of leadership and service, and he encouraged all students to aspire to be a prefect to serve our school community. With great pride, Mr. Boo presented each prefect with their prefect badge and vest, symbolizing their role and responsibility within the school. The prefects, totaling 11 from the morning session and 1 from the afternoon session, stepped forward confidently, as Mr. Boo helped them don their prefectorial vest. All prefects, ready and determined, with hands raised and voices united, recited the Prefects' Pledge, affirming their dedication to serving their peers and upholding the values of our school.

At the end of the ceremony, the newly minted prefects stood proudly for a photograph with Principal Mr. Boo Hian Kok, Vice Principals Ms. Suzana Bte Ahmed and Ms. Nur Faezah Abdul Rahman, and Senior Teacher Mrs. Lee-Tan Chor Hui. Congratulations to the prefects of 2025, and we wish them all the best as they embark on their leadership journey!



Head Prefect, Bravienne Wee, Class 10A
receiving her badge and vest .



2025 Prefects with School Leaders

2025 IEP/ITP Meetings with Parents

Written by *Ms. Wang Ai Ling, Senior Teacher and Ms. Irene Ho, Transition Planning Coordinator*

The annual exercise of meetings with parents for Individual Education Plans (IEP) for junior students or Individual Transition Plan (ITP) for senior students, was conducted from 24th February 2025 to 7th March 2025.

After a month of observing their students, teachers met the parents to discuss the goals for the students' IEP / ITP. The meetings were conducted via 2 modes, virtually or physically. Each meeting lasted for about 30 minutes.

Overall, about 90% of meetings were conducted virtually while 10% of meetings were conducted physically or over the telephone. Providing the different modes of meetings allowed for parents and School Trans D team to meet to discuss and confirm the IEP / ITP goals for the students.

Class 5B IEP meeting conducted virtually



Class 8B Teacher, Ms Joey Liaw conducting IEP meeting virtually



Ms Joey Liaw with her Trans D team explaining the IEP goals to parents



Class 15B Teacher, Mr Yang Jun Wei explaining the IEP goals to parents



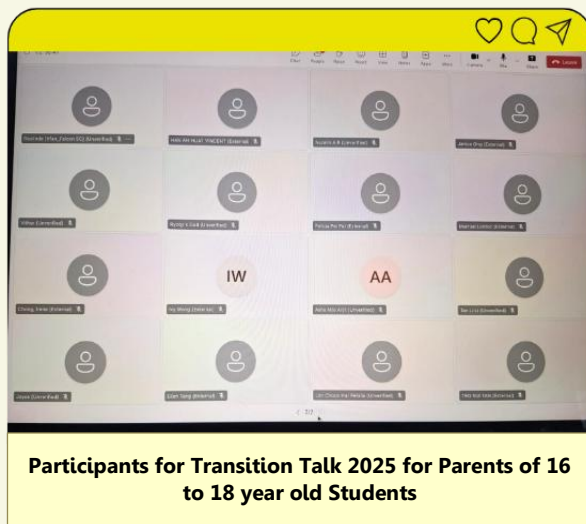
2025 Transition Talk for Parents of Senior Level Students

Written by *Ms. Irene Ho, Transition Planning Coordinator*

On Monday 17th March 2025, parents of senior level students from CPASS East and CPASS West attended Transition Talks conducted by Transition Planning Coordinators (TPC), Ms. Irene Ho, and Ms. Michelle Chin. The talks were held virtually from 9am to 11am, one was for the parents of students aged 13 to 15 years old, and another for parents of students aged 16 to 18 years old. A total of 10 parents attended the first session, and close to 35 parents attended the second session. Vice-Principal (CPASS West), Ms. Lanny Kwok and Job Coach (CPASS West), Mr. Nick Tan also attended the second talk.

The first Transition Talk focused on informing parents of the differences between junior classes and senior classes, from Individual Education (IEP) for the junior students to Individual Transition Plan (ITP) for the senior students, emphasis of lessons in the senior classes and the parents' role in supporting their children as they are promoted to senior level. The second Transition Talk focused on sharing important information leading to the students' graduation, such as matters on deputyship, post-18 services and resources, different post-school pathways for our students, including information from invited speakers from Enabling Service Hub (ESH), the newest services from SG Enable.

Overall, the talks were fruitful, and the many questions that were fielded by the parents were duly answered by the TPCs and ESH. For parents who were unavailable to attend, the talks are conducted annually, hence they could look out for them next year.



Participants for Transition Talk 2025 for Parents of 16 to 18 year old Students



Q&A Session During Transition Talk 2025

Visit to Canopy Veterinary Centre

Written by *Students from Class 21A and 23A, guided by class teachers*

On 28th February 2025, Classes 21A and 23A visited Canopy Veterinary Centre. We were buzzing with excitement at the thought of seeing animals in a clinic. We were sad that one of our friends, who loves cats, couldn't join us because he was sick.

Upon arrival, we were greeted by a friendly veterinarian who introduced us to various tools like syringes, thermometers, microchip scanners and a dental model. We learnt how to care for animals properly.

After the classroom session, we toured the centre. We saw an X-ray room and machine, where we examined real X-rays of a broken bone and a cat that had swallowed something strange. We also saw animals that were in their cages, recuperating from surgery. Then, we got to play vet by donning white lab coats. In the playroom, we "performed surgery" on a fake dog, removing its organs for a pretend transplant.

By the end of the day, we felt satisfied, having learnt so much about cats, dogs, and the world of veterinary care!



X-ray of bones of animal



Group photograph (*~*)



This is how a mite looks like

Visit to Canopy Veterinary Centre



X-ray of the skeleton of animal



Pretend vets (^~^)



I can hear the heartbeat!

New School Management Team members on The Block at CPASS East

Swimming Lessons and Beachgoer

Hello! I am **Ms Nur Faezah Binte Abdul Rahman, Vice Principal**. I am a mother to a wonderful 7-year-old girl and a playful cat who keeps our household lively. While I am a dedicated, task-oriented individual at work, at home, I tend to embrace my inner slacker. I really enjoy my downtime, and rest is something I deeply value.

Though I can be serious, when necessary, I have a humorous side that comes out when the mood is light. I love finding the balance between hard work and relaxation, as I believe it is important to recharge and enjoy life as it comes. Outside of my daily responsibilities, I am a firm believer in lifelong learning. This year, I am chasing a long-held dream: learning to swim.

In January 2025, I began taking swimming lessons and have already mastered three strokes. I was inspired by watching my daughter and husband have a blast together while swimming during a family holiday last year. Their joy in the water sparked something in me, and now I am on a journey to overcome my fear of deep water. It has been challenging, but the progress I have made so far motivates me to keep going.



When I am not focused on work or my swimming lessons, my hobbies shift based on my mood. I enjoy watching K-dramas, diving into thrilling mystery novels—especially those with two-perspective storylines—and immersing myself in the world of anime, with Demon Slayer being one of my favourites. I also love going on beach holidays to relax and recharge. In particular, I feel Thailand has some of the best, cleanest beaches with spectacular views.

Whether I am focused at work, tackling a personal project, or simply enjoying time with my family, I am always eager to grow and learn more. My goal is to continue stepping out of my comfort zone, whether it is learning a new skill, embracing new experiences, or simply laughing at life's little moments.

World Traveller and Inclusivity Advocate

Ms. Connie Chua, Head of Programme (Academic Programme) ~ I love to travel.

Travelling exposes me to different cultures, perspectives and ways of thinking, which can be enriching when it comes to teaching children. I believe in creating an inclusive environment where every child feels valued and develops a sense of self-worth.



A Dash of Me in the Newsletter!



Hello! I'm **Ms. Fazlinda binte Mohamad Idris, Head of Programme (Functional Programme)** and I'm excited (and maybe a little bit nervous) to join as the new Head of Programme (Functional Programme) in CPASS. If you happen to see me around, I'll likely be the one with a smile.

A little about my journey: I started my career in CPAS as a resource teacher, where I first learned the power of building teaching and learning resources for the diverse learning needs.

In that year, I also had the opportunity to build a connection with some students. After that, I moved into a classroom teaching role, which gave me the opportunity to see how every child's learning style is unique, and how crucial it is to create an environment that adapts to those needs. From there, I transitioned into a curriculum coordinator role, where I worked on designing and implementing teaching strategies to ensure all students, regardless of their abilities, could thrive in their learning. Now, as the Head of Programme here at CPAS, I'm bringing everything I've learned to the table—and I couldn't be more thrilled about it.

When I'm not at school, you'll probably find me either planning my next travel adventure (I'm a big fan of exploring new places and trying new foods—if you know a good hidden gem, let me know!), or indulging in my other passion: eating! I'm a self-proclaimed foodie who will travel for the perfect plate of chicken rice or the best street food, so if you've got any recommendations, I'm all ears.

My husband is my travel partner. We love discovering new places, whether it's just a weekend getaway or a big international trip. If we can combine food and travel, I'm in!

But back to why we're here: I truly believe in the power of teamwork. Parents, teachers, and students—we all have a role to play, and when we come together, there's no limit to what we can achieve. So if you ever have a question, an idea, or just want to swap travel or food recommendations (seriously, I'm always looking for new spots), I'm here for it.

Here's to a year filled with growth, laughter, and yes, probably a few "oops" moments that we'll look back on with a smile.





Avid Animal Lover and Music Enthusiast

Hello everyone! I'm **Ms. Gena Tan, Head of Programme (High Support Programme)**. I have been with CPASS since 2012 and am passionate about improving the quality of education for our students. I believe that every student can learn, and I strive to create a child-centered learning environment where they can thrive. Outside of work, I am an animal lover and a proud parent of a pet dog schnauzer. I also love music and enjoy incorporating it into my daily life. I look forward to working together to support our students! 😊

More Than a Job, it is a Calling

Hi, I am **Ms. Sabrina Mok, Senior Teacher**. In my role, I support teaching and learning in the classroom by mentoring teachers, developing strategies to enhance student engagement, and creating a nurturing environment where every child can thrive. Seeing my students grow and achieve milestones, no matter how big or small, is the most rewarding part of my work.

Outside of school, I am a mother of two young children who keep me on my toes! In my free time, I love to unwind and enjoy some quiet "me time" with a drink.

Teaching is more than just a job to me—it is a calling, and I am grateful to be part of a school that shares the same commitment to making a difference.



Make SPED better everyday

Hi, I am **Mr Yap Feng Kai, Head of Programme (ICT & Assistive Technology)**. I am been at CPAS School since 2012 and enjoy working with the students and teachers very much. I believe that every child can learn if given the right tools and aim to help every student succeed in their learning goals!



Positive Role Model with Music in Her Heart



Hello! I am **Ms. Shermaine Goh, Senior Teacher**. I have been part of the CPAS School community since 2015 and am excited to begin my role as a senior teacher this year. As a mother of two, I understand the importance of nurturing and supporting the growth of young people, both academically and personally. I firmly believe that every student has the potential to improve their quality of life, and even small, incremental steps can make a significant impact—both during their time at school and beyond. My goal is to ensure each student I teach leaves better equipped with the tools they need to thrive in the world.

My personal interest lies in curriculum work, particularly in assessments. I believe that well-informed teachers can plan more effective teaching and learning experiences that cater to the individual needs of students. Understanding how to elicit responses that truly reflect a student's abilities, without being limited by physical mobility or speech, is key. It is equally important to analyze results in a way that is easy to understand, helping identify areas for improvement and providing valuable insights into a student's progress. This enables us to guide them more effectively. My aim is to contribute to a school environment where teaching strategies are continually refined, ensuring that every student receives the best possible intervention.

Through my work, I hope to make a difference within my circle of influence, no matter how small. I am passionate about fostering an inclusive and supportive environment where all students can succeed. Outside of the classroom, I love to sing and bring a bubbly, energetic energy to my teaching. I strive to be a positive role model for both students and teachers, and I hope my passion for teaching and learning inspires them to reach their full potential.

Contact Tracing and Important Dates

Important Dates in 2025 Term 2 (24th Mar 2025 to 30th May 2025)

Note on Contact Tracing

Parents, please take
note.

In case of emergency
and effective
communication,
please update class
teacher for
any change
to the following:

- ✚ Mobile number
- ✚ Home number
- ✚ Home Address
- ✚ Email Address

Monday, 31 st Mar 2025	Hari Raya Puasa
Friday, 18 th Apr 2025	Good Friday
Thursday, 1 st May 2025	Labour Day
Saturday, 10 th May 2025	CPAS Sports Day @ TMJC
Monday, 5 th May 2025	Polling Day Off-In-Lieu
Monday, 12 th May 2025	Vesak Day
Tuesday, 13 th May 2025	Sports Day Off-In-Lieu
Saturday, 31 st May to Sunday, 29 th Jun 2025	School Holidays