

CPASS EAST NEWSLETTER

Cerebral Palsy Alliance Singapore School (East)

2025/Term 2



PRINCIPAL'S MESSAGE

Key Tenets of the School

School Vision

A school that empowers students to be active learners in the community.

School Values

Confidence
Integrity
Respect
Resilience

School Mission

To equip our students with a holistic education to
Live Meaningfully,
Learn Continuously,
Work Productively.

School Culture

To Build a Culture of Care and Empowerment

School Beliefs

Everyone...
can Learn
can Serve
is Special

Dear Parents,

Our students in CPASS East are indeed very privileged to have enjoyed an immensely packed Term 2. There was variety of learning experiences through a wide range of involvement by the students in the activities and programmes packed for them for the entire term. There were learning journeys, experiential activities, sports and showcases of the products of the students' learning experiences. Read all about them in this edition of our newsletter.

The teachers and other staff members have put in their hearts to ensure that their students have the best they can give. They worked tirelessly from one programme to another, curating one activity after another to ensure that the students enjoy their learning and are enriched by them. Their efforts also show great creativity and dexterity of their talent and innovations. They spent countless hours staging the shows, the performances, the learning journeys, and other activities.

I personally witness staff spending their time in school during the school holiday, creating very complex sensory displays that would be used subsequently in the "magical garden". I have consistently noted teachers staying back after school to prepare for the following days' programme of events that start early in the morning. I deeply appreciate the commitment of the staff who stops at nothing to get the best for the students. This is driven by the deep care and love for the children under their charge. Kudos to all the staff.

Weekends are spent with the children at sports complexes and stadiums for their swimming and athletics and sports competition, ranging from CPAS Sports Day to the National competitions. At these events, the young sportsmen and women shone very brightly, not only in their participation and glory but also on their beaming faces when they are participating. They are especially happy when the parents and their siblings are also at the events to support them. Thank you, parents for your consistent and loving support!

While the events are many and varied, the efforts put in are also very significant. For all that the teachers, teacher-aides and staff do for our children at CPASS East, they do it with love. The parents and families of our students also deserve a very strong shout-out! Thank you.

Yours sincerely,
Mr. Boo Hian Kok
Principal, CPASS East

CPASS East Hari Raya Celebration 2025

Written by *Ms. Sharifah Masturah binte
Syed Zainal Abidin Alhabshee, Teacher*



Best Dressed: Raya Radiance on Full Display!



Our teachers and students lit up the school in stunning traditional attire from graceful Baju Kurung to vibrant Batik. A big shoutout to our Best Dressed winners - your festive flair brought so much charm and joy!

Laughter & Lessons: Skit and Drama

Our talented teachers delivered an entertaining skit filled with humor, friendship, and festive messages. Their performance brought laughter and meaning to the day—thank you for making it so memorable!



Guest Performances That Stole the Show

We were honored to host Meridian Primary School, who wowed us with a soulful show choir and a captivating Malay dance. East Spring Secondary School also amazed us with a powerful traditional dance, bringing rhythm, grace, and cultural pride to our stage. Terima kasih!



In class activity: Batik & Wooden Art

Students expressed their creativity through Batik Painting and Wooden Art Crafts, combining artistic exploration with cultural appreciation. Thank you to all teachers and therapists for guiding these beautiful projects!



Say Cheese! Festive Fun at the Photo Booth

Thanks to Mr. Mark Wong and Mr. Ben Ng, from EIPIC, the photo booth became a celebration highlight! With traditional decor and big smiles, students and staff captured unforgettable Raya moments together.



A Celebration to Remember

From performances and art to laughter and togetherness, our Hari Raya celebration was a beautiful reflection of the CPAS spirit. Thank you to all staff, students, and partners for their contributions which made the event magical.



Minimart Craft Sale – A Creative Success!

On 8th May, the Minimart buzzed with creativity and community spirit during our Craft Sale, held from 9am to 12pm. The event showcased a vibrant selection of handmade crafts by senior students from the Functional Programme, who poured their talents into each unique item.



Shoppers browsed and purchased scented candles, soaps, hand-painted notebooks, Bearbrick keychains, custom-designed badges, and magnets—all crafted with care and creativity. Thanks to the enthusiastic support from parents, teachers, and fellow students, we achieved a total sale of \$534. Every purchase not only celebrated our students' artistic talents but also contributed to building their confidence and entrepreneurial spirit.

We extend our heartfelt thanks to everyone who participated in and supported this initiative. Your encouragement plays a pivotal role in nurturing our students' growth and creativity. Stay tuned for more opportunities to support and celebrate our students' endeavours!

Learning Beyond the Classroom Inspires Students:

Learning Journey to Society for Physically Disabled (SPD) Sheltered Workshop

On 20th May, students from Functional Senior Classes 8A and 10A embarked on an enriching learning journey to the SPD Sheltered Workshop. The visit began with a brief introduction that covered key information such as intake criteria, administrative procedures, and the three main vocational training areas offered at the workshop.



During the guided tour, students explored the different training areas, including the Work Activity Centre, where trainees engage in tasks such as packing, tagging, and labelling. They also visited the Artisan Apprenticeship area, where trainees learn leathercraft, marble painting, and create handmade items for public sale. Lastly, they were introduced to the Enclave Training Programme, where trainees carry out packing and disposal of expired products at external client sites.

The students found the visit both meaningful and inspiring, gaining valuable insights into the various training opportunities available for individuals with special needs.

Written by [Ms. Catherine Tan, Job Coach](#)

CPAS Sports Day 2025: A Celebration of Spirit and Unity!

Written by Ms. Esther Leow, Teacher



What an unforgettable day we had at CPAS Sports Day 2025 on Saturday, 10th May! The event was bursting with colour, laughter, and camaraderie from start to finish. The day kicked off with an energetic house march-in, as each house proudly showcased their creative mascots, fun props, and boundless enthusiasm—setting the tone for a vibrant and spirited celebration.



We were honoured to welcome Mr. Desmond Tan, Grassroots Adviser to Pasir Ris–Changi GRC, as our Guest of Honour. He delivered an inspiring speech before sounding the horn to flag off the thrilling frame runner race, which was streamed live to ensure everyone could join in the excitement and cheer on the participants.

Thanks to the generous support from Singapore Pools, represented by Mr. Chin Sau Ho, Senior Director of Community Partnerships and Communications, the day was packed with engaging activities for clients across our EIPIC, School, and Adult Services programmes. Highlights included a joyful mass dance to “We’re All In This Together,” spirited house cheers, delicious popcorn and candy booths, and a fantastic performance by Tampines Meridian Junior College, who graciously shared their venue for the event.



A hearty congratulations to **Blue House** for winning the championship trophy! We also applaud all houses for their outstanding sportsmanship and team spirit.

Together, we shine!



Para Athletics Inter-School Championships 2025

Teamwork on Track: CPASS Takes the Win!

Written by *Mr. Abhinav Joshi, Teacher in-charge Track and Field CCA*

On 17th May, eleven students from our Track and Field CCA proudly represented the school at the Para Athletics Inter-School Championships, held at Chua Chu Kang Stadium. Braving a full spectrum of weather—from the early morning chill and cloudy skies to a brief downpour and the scorching midday sun—our students remained enthusiastic and determined throughout the day. For some of our newer members, it was their very first competition, making the experience more meaningful.

Competing alongside peers from eight other SPED and mainstream schools, our students took part in various events, including Sprinting, Shot Put, and Long Jump. The competition also served as a wonderful platform for CPASS East and West to come together in the spirit of camaraderie and sportsmanship.

A standout moment came from Chrislyn Rae, who competed in three events: the 100m, 200m, and Long Jump. Despite having to perform her long jump under the intense noon heat, she displayed exceptional resilience and clinched the gold medal - a true testament to her dedication and perseverance.

Overall, the team delivered an outstanding performance, bringing home 15 medals - a remarkable achievement that we are incredibly proud of. The team also retained the coveted Best Performing School Trophy. Congratulations to all our athletes on this amazing feat!



Throughout the event, our students exemplified strong character and upheld our school values. Their graciousness was evident as they shook hands with competitors after each event, showcasing true sportsmanship.

This year's atmosphere was especially heart-warming, thanks to the vibrant support from staff, parents, and well-wishers from all participating schools. We extend our heartfelt appreciation to everyone who came down to Chua Chu Kang Stadium to cheer on our athletes—your presence truly meant a lot to the students. 🥰🥰

► Even in the rain, student Ryzqy Khalaf does not give up.

▼ Persis letting go of her pre-race jitters.



Retaining the championship trophy!



focus

Alfian getting interviewed after his race. ►



► Zheng Kai in action as he throws the 4kg Shot Put.

Friends

Pre-race photo of the 2 girls! ►



SUCCESS



Phoebe in Full flight. ►

◀ CPASS East Track & Field team

1
2
3
Track and Field !
👉



Touching Hearts Through Theatre: A Sensory Week to Remember

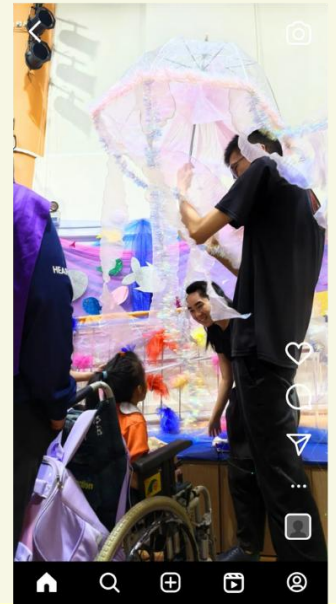
Written by *Ms. Gena Tan, Head of Programme, High Support Programme*

The High Support Programme (HSP) Curriculum Team successfully hosted a week-long Sensory Theatre Experience from 19th to 23rd May, in partnership with ARTDIS (Arts and Disability Singapore) and Team Energize, a dynamic group of mainstream theatre actors and artists with disabilities.

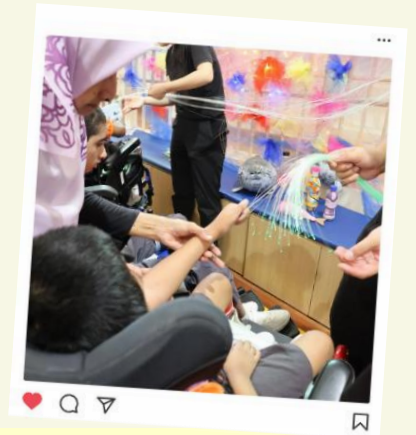
Over five days, students from the High Support Programme, along with selected students from the Academic and Functional Programmes, took part in 15 immersive sessions held at the CPASS East School Hall. Each 45-minute session was thoughtfully designed to stimulate the senses through sound, movement, tactile interaction, and visual storytelling.



The performances created a safe, inclusive, and engaging space where students could explore sensory elements at their own pace. Many responded with joy and curiosity - smiling, laughing, reaching out, and even dancing along with the performers. Feedback from both staff and students was overwhelmingly positive, with many describing the experience as enjoyable, engaging, and meaningful.



Wow, a pretty pink umbrella, wait, it's a pretty pink umbrella-octopus!



Students exploring the sensory lights.

The Magical Garden: A Sensory Adventure to End the Semester

Written by *Ms. Nurul Irdayu Shukor, Teacher, HSP Curriculum Team*

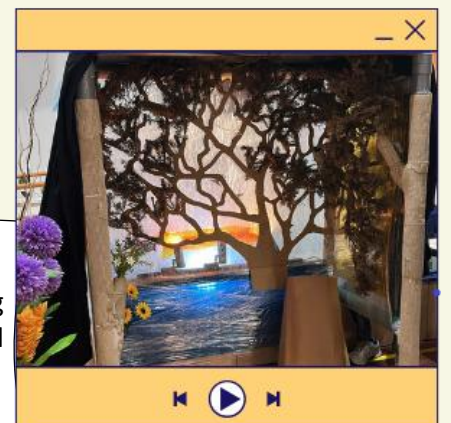
As part of our semester-end celebration, the HSP Curriculum Team planned and organized our Event Day on 27th and 28th May, themed "The Magical Garden." This immersive experience was designed to engage students through sensory exploration, hands-on learning, and imaginative play.

Students journeyed through a magical garden-themed trail, beginning with tactile interactions and ending with exciting water play. Each station offered a unique experience that stimulated both curiosity and the senses.

We were also honored to have dedicated volunteers from Airport Emergency Service (AES) and Republic of Singapore Air Force (RSAF), whose enthusiastic support added immense value to the event. Their presence helped make Event Day a truly magical and memorable experience for our students.

Black Box Station

An in-house creation by Mr. Mark, this station featured a captivating storyline that guided students through a dream-like skyscape, accompanied by the soothing sounds of birdsong and a beautifully curated starry sky.





💡 Light Box Station

Students were encouraged to get their hands dirty by playing with sand and light boxes. As they brushed away the sand, bright lights revealed hidden surprises—pictures of fruits, shapes, and more!

🌿 Forest Station

Students explored a garden-like environment by stepping and walking on textured, spiky grass patches. They played with illuminated fairy wings and interacted with vibrant fruit toys, bringing the fantasy to life.

🍓 Edible Pots Station

Here, students created their own edible potted plants using Oreo crumbs, whipped cream, and edible flowers. Best of all, they got to bring their creations home!

💧 Waterfall Station

A refreshing finale! Students enjoyed getting wet in a playful water zone. Whether standing under waterfall mats or feeling the cool drizzle on their feet and hands, this station provided a joyful sensory cool down.



🌱 Herbs Station

This fragrant station invited students to explore the scents and textures of common herbs found in a garden—an earthy, calming sensory experience.



**Dedicated
volunteers who
made the day
memorable for
our students.**

Primary 3 & 4 Students Dive into the World of Carnivorous Plants

Written by *Ms. Nur Aqilah Bte Amrun, Teacher*

As part of our Academic Programme and the Middle Primary English STELLAR 2.0 syllabus, our Primary 3 and 4 students embarked on an exciting learning journey focused on carnivorous plants.

The adventure took them to SGVenus FlyTrap Pte Ltd, where they had the opportunity to explore a variety of carnivorous plants grown right here in Singapore. This visit brought the STELLAR text to life, allowing students to connect their classroom reading to a real-world experience.

Upon arrival, students were introduced to fascinating plant species such as the Venus Flytrap, Pitcher Plants, and Sundews. They took part in an engaging three-part workshop that included:

- 🌱 An informative session on carnivorous plant types and their unique adaptations
- 🌱 A hands-on exploration where students interacted with the plants up close
- 🌱 A guided tour through a garden teeming with these curious botanical specimens

This experiential learning opportunity deepened students' understanding of the text, expanded their general knowledge, and sparked their curiosity through active exploration and observation.



**Kashton,
Class 21A
and Yu Qing,
Class 24A
exploring
the Venus
Flytrap using
a tweezer.**

**Listening
attentively
to
Mr Leon talking
about the facts
of Carnivorous
Plants.**



The Garden filled with Carnivorous Plants

**Venus FlyTrap,
Pitcher Plant &
Sundew Plant,
all living
together in
diversity.**



Celebrating Our Students' Involvement in NDP Pack 2025 Design

Written by *Ms. Nurul Asyiqin Abdullah, Teacher in-charge Special Arts CCA*



Rihansh (right) and Shaqirah (left) posed with tote bags with their designs.

We are thrilled to share a proud moment from our CPAS community! Two of our students, Rihansh Manoj Chugani from CPASS East and Nurshaqirah Ryhana Binte Shamsha from CPASS West, participated in a special art workshop contributing to the design of the NDP Pack 2025. Held over two days in February at CPASS East, the workshop provided a meaningful opportunity for our students to express their creativity on a national platform.

This year, Rihansh, Class 22A was also selected for interviews with major media outlets, including Channel NewsAsia (CNA), The Straits Times, and Channel 8. You can view the coverage through the links below:

📺 CNA: [Watch here](#)

📺 The Straits Times: [Watch here](#)

In addition, CPASS East was featured in a video by the NDP Media Team, which highlights the artists' journey in creating the pack design.

📺 [Watch the video here](#)

This recognition is a testament to the dedication of our teachers and art coaches from the Special Arts CCA (East & West), who continue to nurture and empower our students through the arts.



Rihansh's design of HDB on the NDP tote bag

Artists from SPED Schools and ARTDIS



Group photo for NDP60 2025 Majulah Singapura



Contact Tracing and Important Dates

Important Dates in 2025 Term 3 (30th Jun 2025 to 5th Sep2025)

Note on Contact Tracing

Parents, please take note.

In case of emergency and effective communication, please update class teacher for any change to the following:

- ✚ Mobile number
- ✚ Home number
- ✚ Home Address
- ✚ Email Address

Sunday, 6 th Jul 2025*	Youth Day
Saturday, 9 th Aug 2025^	National Day
Friday, 5 th Sep 2025	Teachers' Day
Saturday, 6 th Sep to Sunday, 14 th Sep 2025	School Holidays
<p>* Monday, 7th Jul 2025 will be a school holiday. ^ Monday, 11th Aug 2025 will be a school holiday.</p> 