

# CPASS (West) Newsletter

2025/Term 3

#009

## Principal's Message

### Key tenets of the school

#### School Vision

A school that empowers students to be active learners in the community.

#### School Values

Confidence  
Integrity  
Respect  
Resilience

#### School Mission

To equip our students with a holistic education to  
Live Meaningfully,  
Learn Continuously,  
Work Productively.

#### School Culture

To Build a Culture of Care and Empowerment

#### School Beliefs

Everyone...  
Can Learn  
Can Serve  
Is Special

Dear Parents,

You may be familiar with the saying, "It takes a village to raise a child." For children with additional needs, like our students at CPASS West, it often takes more than a village - it takes a strong, supportive community working hand in hand.

Thus, we warmly encourage parents to join us on this Transdisciplinary (TransD) journey as we work towards your child's goals. Through the Home-School Collaboration programme, which has begun in Term 3, teachers and Allied Health Professionals (AHPs) have been sharing strategies for you to try at home to support one identified IEP/ITP goal of your choice. This joint effort allows your TransD Team and you to design cohesive, student-centred programmes where goals are aligned across both school and home.

Examples of skills that can be reinforced at home include communication using Augmentative and Alternative Communication (AAC), self-care skills such as feeding independently, gross motor skills like walking, functional numeracy such as counting money.

By staying actively involved through regular communication, joint goal setting, and practicing skills at home, you help to reinforce learning beyond the classroom. This consistency empowers your child to generalize functional, communication, and daily living skills across different environments, supporting greater independence. Here are some tips for successful implementation:

- Integrate tasks into daily routines or interests (e.g. helping to spread bread for breakfast).
- Provide a consistent environment (use timers, visual supports, or schedules to establish routine and engagement).
- Track progress (in addition to checklists, jot down quick notes, or share photos/videos with the TransD Team).
- Communicate openly (share what is working well and what may need adjustments).
- Stay flexible and collaborative (adjust routines together as needed).
- Celebrate small successes (praise effort and progress, no matter how little—it makes a big difference!).

Together, by combining our efforts at home and in school, we can give our students the best chance to thrive and grow. We look forward to working with you in the last term of 2025. Stay healthy!

Yours sincerely,  
Mrs Koh-Lim Ai Lay  
School Principal (CPASS West)

# Cerebral Palsy Alliance Singapore School (West)

## CPAS STAFF AWARDS

Ms Mithela Devi (Administrative Executive)

Productivity & Efficiency Awards (PEA) 2024 Team:



**CCE Committee 2024:**

Ms Lim Jing Yi (Teacher) and Ms Nur Hanna Frida bte Rupaii (Teacher).



**FP Enrichment Programme:**

Ms Chin Mei Foong Michelle (Transition Planning Coordinator) and Mr Tan Choon Kiang, Nick (Job Coach).



Recipients from the previous year or other awards:

Mr Tan Choon Kiang, Nick (Job Coach) and Ms Karuppaiyan Akshaya (Teacher).

Recipient from the previous year:

Mrs Liu-Ho Pui Han (Teacher)



**HSP Curriculum Team (East)**

Ms Goh Wan Hua (Zerline) (Senior Teacher) - second from the right, with the HSP Team from the East



# Cerebral Palsy Alliance Singapore School (West)

## Productivity & Efficiency Awards (PEA) 2024 Individual:



**Frame Running**  
*Ms Ni Ni Swe (Senior  
Physiotherapist)*



**Outdoor Programme**  
*Ms Aifaa Liyana bte Norazhar  
(Teacher)*



## TIC Awards and Effort Excellence:



**Teamwork Titan 2025**  
*Ms Kwok Ping Ping Lanny (Vice-Principal)*



**Client Champion 2025**  
*Ms Melody Tan Mui Hoon (Teacher Aide)*



**Effort Excellence (Term 1 2025)**  
*Ms Melody Tan Mui Hoon (Teacher Aide)*

# Cerebral Palsy Alliance Singapore School (West)

## AWARENESS WORKSHOP WITH TEACHERS FROM RULANG PRIMARY SCHOOL

Ms Lanny Kwok Ping Ping (Vice-Principal)

On 14 May 2025 (Wednesday), CPASS West hosted an awareness workshop for 17 teachers from Rulang Primary School. The session aimed to give the teachers insights in developing empathy and awareness about the challenges faced by individuals with multiple disabilities / Cerebral Palsy. Participants explored hands-on activities at four stations — gross motor, fine motor, communication, and learning — and reflected on strategies they could use back at their school and interacting with people with disabilities.

A big thank you to our parent volunteers — Wei Lin (Reon's mum), Sheryl (Jolee's mum), Jasmine (Sarah's mum), and Mrs Raj (Vithur's mum)— and our students, Swee Sarah (Swan 6C) and Vithur Raj (Falcon 8C), for making the workshop smooth, welcoming, and inclusive. Their support helped create a positive and engaging environment for everyone.

The session also encouraged teachers to reflect on their own emotions, such as how they feel when unsure how to help a student, helping them connect empathy with practical strategies.



*Ms Noredah Sim (Senior Teacher) sharing insights on supporting students with multiple disabilities.*



*Trying it out: Participants feel the challenges students face with fine motor skills.*



*Seeing the world through their eyes: participants try low-tech eye gaze communication.*



*Participants explore how students move with a wheelchair.*



*Vithur Raj (Falcon 8C) demonstrating cutting with adaptive scissors*

Overall, the workshop gave teachers practical experience and insights, helping them better understand the challenges students face and how to support them inclusively.

### Highlights from Rulang Teachers:

"The pace is just right and we got to experience different difficulties that children with disabilities might face."

"All the hands-on activities were something we have never experienced before... an eye-opener!"

"The adaptive tools help to support CPAS students in their learning."

"The stations were well planned and gave us a better insight into the students' daily challenges."

# Cerebral Palsy Alliance Singapore School (West)

## UPDATES ON MAJOR WORKS

Ms Tan Eileen (Social Work and Administrative Assistant)

### Hydro Pool

The Hydro Pool was completed on 31 March 2025 (Monday). It is currently pending clearance from the following regulatory authorities:

- Singapore Civil Defence Force (SCDF)
- Building and Construction Authority (BCA)
- National Environment Agency (NEA)

Once approvals are granted, the facility will be ready for use.

### Canopy

The planned canopy installation has been suspended until further notice due to the discovery of an underground gas pipe. Investigations and safety assessments are ongoing to determine the next steps.



### Ramp

The foundation works for the new ramp have been completed. However, progress was temporarily delayed allowing an Accredited Checker—an independent quality professional—to conduct a thorough review of the structural designs to ensure all safety requirements are met.

As of 25 July 2025 (Friday), construction has resumed with the commencement of drainage works for the ramp.

### Lift

The completion of the lift has been delayed, as it is dependent on the completion of the ramp. Further updates will be provided once the ramp construction progresses.



# Cerebral Palsy Alliance Singapore School (West)

## EACD & IAACD CONFERENCE 2025

**Ms Quah Yew Kin Mavis (Senior Occupational Therapist) and Ms Ni Ni Swe (Senior Physiotherapist)**

During the June holidays, Ms Quah Yew Kin Mavis (Senior Occupational Therapist) and Ms Ni Ni Swe (Senior Physiotherapist) had the opportunity to attend an international conference in Heidelberg, Germany. Jointly organised by the European Academy of Childhood Disability (EACD) and the International Alliance of Academies of Childhood Disability (IAACD), the pre-conference workshops and main conference took place from 24 - 28 June 2025.

With the theme “Developing Networks – Networks for Development”, the large-scale conference drew over 2000 participants from 82 countries including clinicians, researchers, caregivers, and individuals with lived experiences. As part of the pre-conference, Ms Ni Ni attended a two-day gait course that provided extensive learning on clinical examination, testing and gait analysis. The course focused on understanding which muscles are involved, why certain gait patterns occur, and participants were engaged in group discussions as well as practical sessions to apply the knowledge gained.

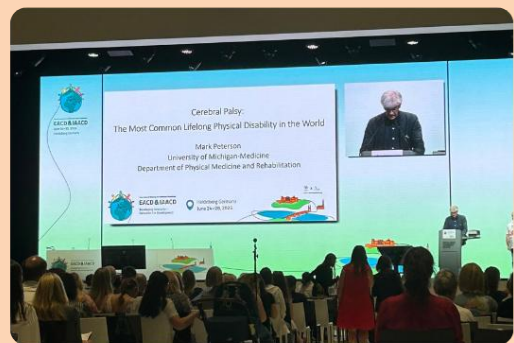


*Ms Ni Ni Swe (Senior Physiotherapist) at the pre-conference workshop on gait analysis.*

The main conference itself featured a broad spectrum of topics related to Cerebral Palsy and childhood disabilities, spanning areas such as orthopedics, telehealth, robotics, feeding, cognition and policy making.

For our therapists, it was eye-opening to learn from international research on cerebral palsy across the lifespan, and to deepen their understanding of evolving evidence and intervention approaches. The conference also provided the opportunity to connect with professionals, persons with disabilities, and caregivers from around the world, making this an enriching experience.

The trip was indeed a fruitful journey of learning and exchange, and we look forward to applying the insights gained to further enhance our services for our students and families.



*One of the keynote session during the main conference programme.*



*Ms Quah Yew Kin Mavis (Senior Occupational Therapist) and Ms Ni Ni Swe (Senior Physiotherapist) at the Heidelberg Congress Centre attending the main conference programme.*

# Cerebral Palsy Alliance Singapore School (West)

## LEARNING TRIP TO UNITED KINGDOM

Ms Goh Wan Hua Zerline (Senior Teacher)

During the June School Holidays, a team of six SPED Teachers from both CPASS East and West embarked on an overseas learning trip to five schools across the United Kingdom (UK) to deepen their understanding of curriculum design and delivery for students with Profound and Multiple Learning Disabilities (PMLD), Complex Learning Disabilities (CLD) and Severe Learning Disabilities (SLD).

Throughout the visits, the team observed how personalised learning pathways are prioritised and how classrooms and curricula are tailored to reflect individual strengths, needs and progress.

One highlight of the trip was the opportunity to see how assessment frameworks are adapted. Rather than focusing on academic targets, these frameworks capture ipsative progress for each student in different domains, such as communication, sensory awareness, physical development and emotional well-being.

The experience has provided valuable insights and practical strategies that will inform and inspire curriculum development back home.



*Group photo taken in UK of teachers from both CPASS East and West.*

*From left: Ms Sabrina Mok Qian Hui (Senior Teacher, CPASS East), Mr Abhinav Joshi (Teacher, CPASS East), Ms Goh Wan Hua Zerline (Senior Teacher, CPASS West), Ms Tan Li Xin Gena (Head of Programme, CPASS East), Ms Nurul Irdayu Shukor (Teacher, CPASS East), Ms Chan Ju Lih (Teacher, CPASS East).*

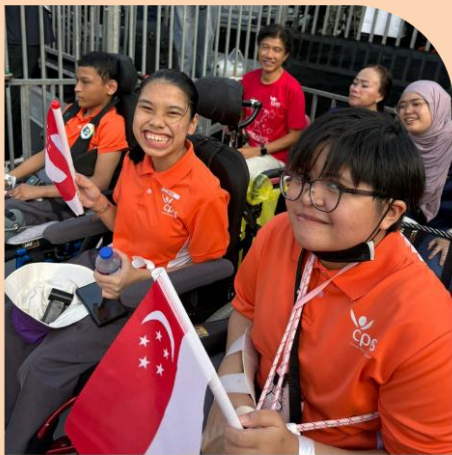
# Cerebral Palsy Alliance Singapore School (West)

## NATIONAL EDUCATION (NE) SHOW

Ms Karuppaiyan Akshaya (Teacher)

On 5 July 2025 (Saturday), three of our students had the incredible opportunity to attend the National Education (NE) Show, a special preview of the National Day Parade. It was a truly memorable event that combined spectacle, celebration, and learning in one unforgettable evening.

The students came fully prepared for the weather, eager and excited to immerse themselves in the experience. From the moment they arrived, the energy was palpable. They were treated to a vibrant display of Singapore's strength and unity, including a grand parade featuring our various defence forces, a breathtaking aerial performance by the Red Lions and skydivers, and a dazzling fireworks display that lit up the night sky.



*Irfan bin Muhammad Ali Khanafiah (Falcon 7C), Cheong Nur Faidisha Qistina (Falcon 8C), & Nurshaqirah Ryhana Binte Shamsha (Falcon 8C) readily seated to enjoy the NE show with Mr Kwok Siu Hong (Teacher Aide), Ms Magbanua Janeth Braga (Healthcare Assistant) & Ms Adlin Addina Bte Azmi (Teacher Aide).*



*Ms Magbanua Janeth Braga (Healthcare Assistant), Ms Adlin Addina Bte Azmi (Teacher Aide) & Ms Karuppaiyan Akshaya (Teacher) enjoying the Sing-Along for the NDP songs.*



*Airforce Showcase of diamond formation flying to celebrate SG60.*

They also enjoyed the creative works of local artists and performers, who showcased the rich culture and talents of Singapore. Throughout the evening, the students sang along to patriotic songs, waved their flags with pride, and squealed with excitement at every highlight of the show.



*Nurshaqirah Ryhana Binte Shamsha (Falcon 8C) waving to the helium-filled balloon flying past.*



More than just entertainment, the NE Show gave our students a deeper understanding and appreciation of Singapore's history, resilience, and national pride. They left the event inspired and grateful for the chance to be part of such a meaningful celebration.

This rare opportunity truly made a lasting impact, helping them connect more deeply with the values and spirit of our nation.

# Cerebral Palsy Alliance Singapore School (West)

## CPASS WEST STAFF OVERSEAS TRIP

Ms Shobana Karuppiah Thandavum (School Staff Developer)

From 6 to 7 July 2025, a group of 12 staff from CPASS West and East, together with their family members, enjoyed a much-anticipated weekend retreat to Batam.



Staff and family members gathered at the ferry terminal, all smiles and excitement before setting off for the Batam getaway.



The short trip was a wonderful blend of relaxation and shared experiences.

The itinerary was simple yet fulfilling-starting with indulging in scrumptious local cuisine with rich Indonesian flavors. Shopping was also a highlight, with participants exploring a variety of retail spots such as malls and the local market to bring home souvenirs and treats.



For those seeking rest and rejuvenation, self-care sessions such as massages, spa, manicures and pedicures provided much needed pampering.

Beyond the activities, the trip was a chance for staff and their families to connect outside of workplace, fostering strong bonds and shared memories. It was a truly enjoyable short getaway- one that left all refreshed and recharged.



Tucking into an authentic Indonesian feast at Waroeng Sunda Teh Sinta restaurant, savoring the rich flavors of traditional Sunda dishes.



Photo of staff engaging in a variety of leisure activities, including trying their hand at archery and enjoying a relaxing pedicure.



# Cerebral Palsy Alliance Singapore School (West)

## BOCCIA COMMUNITY COMPETITION 2025 A DAY OF FUN, TEAM SPIRIT, AND GROWTH!

Ms Lanny Kwok Ping Ping (Vice-Principal)

On 11 July 2025 (Friday), CPASS West, together with Rulang Primary School, hosted the very first Boccia Community Competition at Jurong Spring Community Centre. The day was filled with laughter, excitement, and teamwork as 18 seniors and clients from St. Joseph's Home, NTUC Health, and Red Cross DAC joined us for friendly competition.

Participants wore pastel green T-shirts designed by CPASS West, while our students and volunteers wore black, creating a vibrant, energetic atmosphere. The day wasn't just about winning—it was about connection, teamwork, and making a difference.

Our students shone in their roles, with Vithur Raj (Falcon 8D), Cheong Nur Faidisha Qistina (Falcon 8D), and Chong Zhi Hao (Falcon 7D) taking on responsibilities as referees and timekeepers. They displayed confidence, resilience, and leadership, learning to manage the games smoothly with minimal guidance. The Rulang Primary students also showed great growth, overcoming initial nervousness to become confident leaders, guiding the games and supporting their peers. Every participant received a medal, reminding everyone that the true reward of the day was effort, teamwork, and shared joy.



Mrs Koh-Lim Ai Lay (Principal), presents the gold medal to the winning team from Red Cross DAC.



Cheong Nur Faidisha Qistina (Falcon 8C) diligently recording the score on the score sheet.



Everyone is a winner! Medals proudly displayed ahead of the award ceremony.



Rulang Primary referees using a torchlight to shine on the balls, determining which is closest to the Jack ball.



Participants from NTUC Health playing against Red Cross DAC in an exciting match.



Chong Zhi Hao (Falcon 7D) picking up the balls and passing to the participants each end.

We are grateful to our community partners—Singapore Disability Sports Council, St. Joseph's Home, Red Cross DAC, NTUC Health, and Jurong Spring Community Centre—for their support. A special thank you goes to CPASS West staff and IT Enrichment students for helping the event run smoothly and designing the competition poster.

This event was a wonderful example of teamwork, empathy, and community spirit. We look forward to continuing our partnership with Rulang Primary and creating more meaningful experiences for our students and participants in the future.

# Cerebral Palsy Alliance Singapore School (West)

## LAUNCH OF THE D.S. LEE FOUNDATION MIND ART EXPERIENTIAL LAB

Ms Lanny Kwok Ping Ping (Vice-Principal) & Mr Mohammad Norhaqim Bin Ruslan (ICT Executive)

On 11 July 2025 (Friday), the Yeo Boon Khim Mind Science Centre celebrated a significant milestone with the launch of the D.S. Lee Foundation Mind Art Experiential Lab (MAELab) and the unveiling of its latest exhibition, “Exploring the Digital Frontier of Mental Health.”

A key highlight of the event was the thought-provoking digital artwork presented by CPASS East and CPASS West students. Their pieces explored mental health themes such as anxiety, depression, attention, and memory. Students from CPASS West IT Enrichment, guided by Ms Joanne (IT Instructor) spent about a month preparing their digital artworks. The works of students from Falcon 8C: Yan Jun Jie, Lucas, Nurshaqirah Ryhana Binte Shamsha and Luthfil Hadi Bin Azman were featured in the exhibition.



Arts showcased in the D.S. Lee Foundation Mind Art Experiential Lab, Alexadra Hospital

During the guided tour, Luthfil Hadi Bin Azman and Yan Jun Jie, Lucas, proudly presented their artworks to guests. They spoke about the feelings and stories behind their creations with confidence.



Luthfil Hadi Bin Azman (Falcon 8C) sharing his artwork to the guests.



The showcase, which ran from 5:00pm to 6:00pm, provided a valuable opportunity for our students to share their creativity and talents with the wider community. We extend our heartfelt appreciation to all our students, staff, and partners for making this meaningful experience possible!



“Where Worries Rest” by Luthfil Hadi Bin Azman (Falcon 8C)

“Navigating the Minds” by Yan Jun Jie, Lucas (Falcon 8C)



“Smile for the World” by Nurshaqirah Ryhana Binte Shamsha (Falcon 8C)

# Cerebral Palsy Alliance Singapore School (West)

## RACIAL HARMONY DAY 2025

Ms Arifah Binte Muhamad (Teacher)

Racial Harmony Day on 21 July 2025 (Monday) was celebrated with much excitement and unity, as students and staff came together to honour Singapore's diverse cultural heritage. The day began with a vibrant display of traditional ethnic attires worn proudly by students and staff, creating a colourful and festive atmosphere across the school.

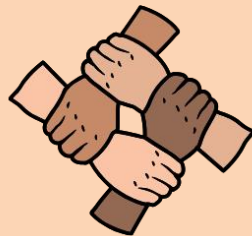
One of the highlights was the lively costume parade, where students confidently showcased their traditional outfits to cheers and applause. The celebration also included an engaging presentation and quiz that helped students learn about the significance of Racial Harmony Day and the importance of mutual respect and understanding among all races. Students also enjoyed song and dance comprising of the four main ethnic languages in Singapore.



Student from 8C: Nurshaqirah Ryhana Binte Shamsha, Yan Jun Jie, Lucas, Janelle Han Xin En, Vithur Raj, Harith Bin Hazli, Luthfil Hadi Bin Azman sharing about their attires during the costume parade.



Emma Tan Yan Xin (Falcon 9C) showcasing her traditional Malay kebaya, accompanied by Mr Muhammad Bazli Bin Zamery (Teacher Aide) wearing a batik top.



A sensory treat awaited everyone at the Aromatic Booth, where students had the chance to smell a variety of spices used in different ethnic cuisines. This hands-on experience sparked interest and curiosity about the flavours and traditions behind these dishes.



Erin Gomez Ng Shi Ting (Falcon 8D) exploring the Aromatic Booth, touching and smelling various spices used in traditional dishes of different cultures.



Thinesh Kaunder Gobu (Swan 1D) receiving his prize for 'Best Dressed' presented by Goh Wan Hua Zerline (Senior Teacher), accompanied by Mr Ryan Junjie Loh (Teacher).



Through these activities, our students had the opportunity to not only have fun but also to deepen their appreciation of Singapore's multicultural society. It was a joyful and meaningful day that reinforced the importance of unity in diversity.

# Cerebral Palsy Alliance Singapore School (West)

## LEARNING BEYOND THE CLASSROOM: OUTDOOR PROGRAMME

Ms Noredah Sim (Senior Teacher)

Our recent Outdoor Programme, held on 25 July 2025 (Friday) at CPAS School West, was more than just an adventure—it was a meaningful learning experience. The programme brought students beyond the classroom into real-world environments where they could develop essential life skills, build character, and foster a sense of community. A total of 8 students from the Outdoor Education Programme group participated in the activity, demonstrating resilience, teamwork, and a spirit of exploration.

A highlight of the programme was the Outdoor Cooking activity, where students took ownership of the entire process—from purchasing ingredients at the supermarket to preparing and cooking meals as a team. Students experienced first-hand what it means to plan, budget, and make real-life purchases. This not only developed their practical money skills but also gave them a sense of responsibility and independence.



*A sweet end to the day – marshmallows toasting fun!*

What stood out most was how our more capable and mature students naturally stepped up as leaders. They guided their peers with patience and encouragement, helping to build confidence and unity among the group. Through teamwork, students learned to value one another's strengths and embrace each other's differences, fostering mutual respect and empathy.

The journey itself was filled with meaningful challenges. Students had to navigate their way to the supermarket, walk through narrow alleys, and cook in the heat—all of which required perseverance, adaptability, and resilience. These real-world situations provided rich opportunities for students to develop confidence and the courage to try new things in unfamiliar environments.



*Soto in the making –  
Nathan Eo (Falcon 1C)  
checks the soto gravy*



*With steady hands, Lucas  
Yan Jun Jie (Falcon 8C)  
slices the chicken meat.*



*Meal preparation underway  
– every helping hand counts!*

In every step of the experience, our students demonstrated growth—not just in practical skills but in character. The Outdoor Programme has shown that when given the opportunity, our students are capable of so much more than we imagine. With the right support and environment, they can thrive, lead, and inspire one another. We look forward to our next adventure—the Outdoor School Camp this September!

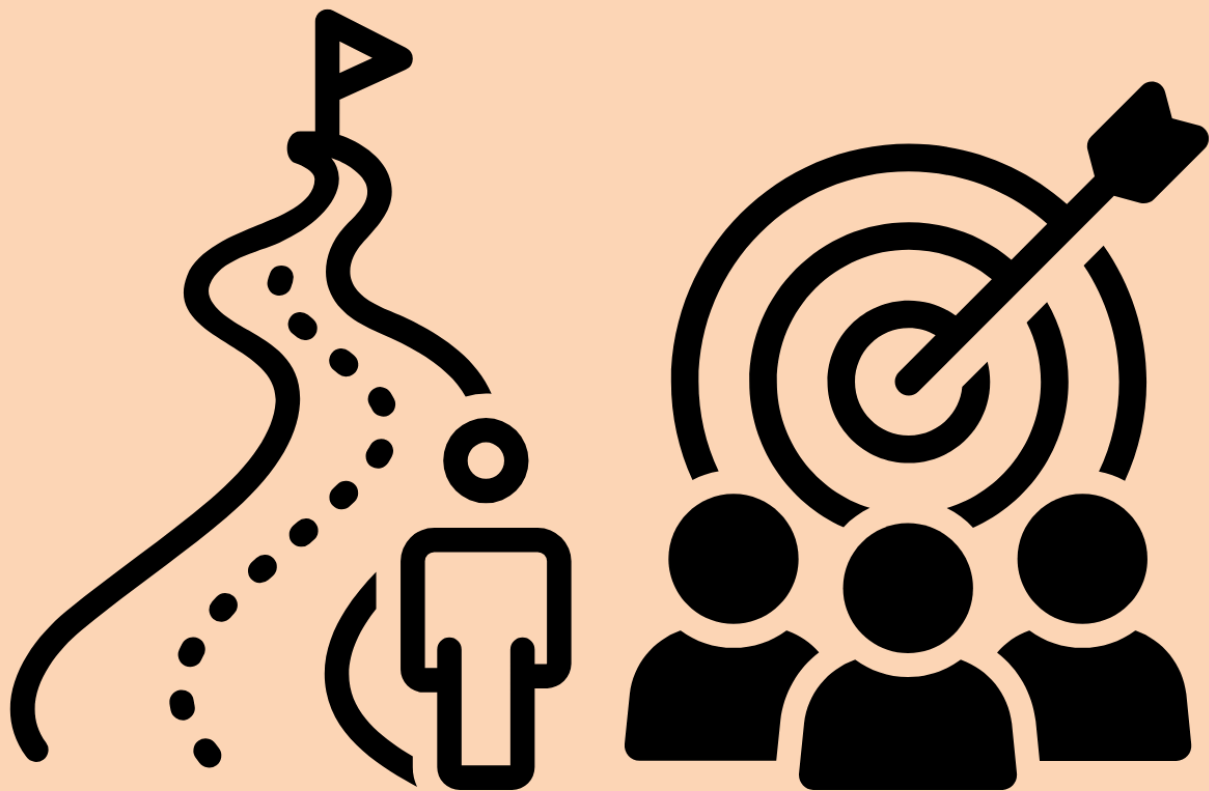
# Cerebral Palsy Alliance Singapore School (West)

## STRATEGIC PLANNING WORKSHOPS

**Ms Cynthia Lim Li Lin (Administrative & Operations Manager)**

As part of the Ministry of Education's (MOE) Special Education Branch's (SEB) ongoing efforts to strengthen strategic planning across SPED schools, CPAS School West has been selected to participate in a series of Strategic Planning Clinics. The clinics are facilitated by consultants from 108 Growth Partners, a strategy and management consulting firm with experience in the education sector. The strategic planning process comprises of one pre-clinic session and three clinic sessions.

These clinics are designed to provide structured guidance and support to school leaders and planning teams in developing or refining the school's three- to five-year strategic plan.



A GOOD strategic plan helps schools remain agile during times of change, and also helps them better define what they intend to achieve when it comes to their student success objectives and their greater organizational goals.

With a strategic plan in place, CPASS West have a roadmap which we will use to track, evaluate, and modify our plans to facilitate better governance decisions and provide clearer direction for the future of the school!

# Cerebral Palsy Alliance Singapore School (West)

## SHARING OUR PRACTICES: SCHOOL VISITS AT CPASS WEST

Ms Shobana Karuppiyah Thandavam (School Staff Developer)

This month, CPASS West had the privilege of hosting two enriching school visits that provided opportunities for sharing practices and building professional connections.

On 1 August 2025 (Friday), we welcomed a group of five educators from Special Education schools in India, together with two educators from APSN Katong School. Later in the month, on 25 August 2025 (Monday), we hosted a second group comprising of nine senior teachers from the NIE Teacher Leadership Programme.

*School visit by educators from India and APSN Katong.*



*School visit by senior teachers from NIE Leadership Programme.*



Both visits began with a warm welcome and an overview of the school by our Principal, who shared CPASS West's vision, mission, school programmes, and commitment to providing meaningful learning experiences for our students. This was followed by a guided school tour, where visitors had the chance to see the facilities and gain insights into how learning spaces are designed with a variety of resources by teaching staff and AHPs to support our students' diverse needs.

Guests also observed lessons and CCA sessions, where they saw varied teaching approaches that caters to our students' strengths and learning profiles. A highlight of the visits was the opportunity to interact with resources at the interactive booths presented by our AT, OT, and SLP teams. These booths showcased how therapy and assistive technology are integrated into the school programme to enhance student participation and independence.



*Visitors experiencing an authentic Tower Transit public transportation practice session with Functional Senior students.*



*Mr Ramlan Bin Hamim (Lead Educator and AT Specialist) sharing how AT tools enhance learning accessibility for students.*



*A visitor trying out adaptive scissors to cut along guided lines.*



Throughout both sessions, visitors expressed appreciation for the dedication of CPASS West staff in creating purposeful and engaging learning experiences.

These visits not only allowed us to share our practices but also created valuable opportunities for professional exchange. We look forward to continuing such engagements to learn from one another.

# Cerebral Palsy Alliance Singapore School (West)

## NATIONAL DAY CELEBRATION

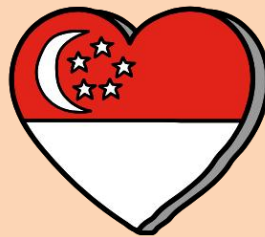
Ms Lim Aik Choo Melissa (Teacher)

On 8 August 2025 (Friday), our school came together to celebrate Singapore's 60th National Day in a special combined session for both the morning and afternoon sessions.

The day began with a meaningful observance ceremony and a National Day message, reflecting on Singapore's journey to independence and the significance of our national symbols. Students explored this year's NDP 60 theme through quizzes, interactive sharing, and reflections on our shared national identity.



*Lye Boo Zhuo (Swan 6D) answering a quiz with the help of Ms Siti Aisha Bte Umar Pulavar (Teacher).*



*Nurshaqirah Ryhana Binte Shamsha and Harith Bin Hazli (Falcon 8C) raising the National flag and school flag with Ms Adlin Addina Bte Azmi (Teacher Aide).*

Traditional games like gasing and chapteh were adapted for inclusivity, ensuring fun for all. One highlight was a lively "Don't Forget the Lyrics" game, where songs paused mid-line and participants had to sing the next line—sparking plenty of laughter and cheers!

We were also treated to a live tarik performance, with staff pulling Milo and teh from a height, tin to tin, showcasing skill and adding a nostalgic local touch. Everyone enjoyed a local breakfast of kaya butter toast, Milo, and teh tarik, rounding off a truly meaningful and memorable morning.



*Wong Jun Kang (Falcon 7D) trying out adapted gasing with Ms Nur Hanna Frida Binte Rupaii (Teacher).*

The celebration ended with a giant birthday cake and a heartfelt rendition of "Happy Birthday Singapore." Happy 60th Birthday, Singapore!



*Singapore 60<sup>th</sup> National Day cake.*



*Isaiah Yen Ern Shyrn (Falcon 8D) pleased with the temporary tattoo on his arm.*

# Cerebral Palsy Alliance Singapore School (West)

## CPAS SCHOOL STUDENTS CONTRIBUTE TO NDP PACK 2025 DESIGN

Michelle Chin (Transition Planning Coordinator)

Two of our students— Nurshaqirah Ryhana Binte Shamsha (CPASS West) and Rihansh Manoj Chugani (CPASS East) from the Special Arts CCA were among 44 talented special needs artists across Singapore selected to design this year's NDP 2025 Tote Bag.



In February, both students took part in a special two-day art workshop hosted by the NDP organising Committee. They contributed their creativity to a national project. This opportunity allowed them to showcase their artistic talents while representing CPASS on a meaningful platform.

It's worth a mention that CPASS East was highlighted in a special video by the NDP Media Team, capturing the artist's journey in creating the tote bag design.

### A Mother's Pride

Shaqirah's mother shared her joy and pride in her daughter's achievement:

“

As her mother, I am extremely proud that Shaqirah is among the 44 talented special needs artists in Singapore chosen to design this year's NDP tote bag. I felt truly honoured, privileged, and excited to be invited to the launch event—it was an amazing experience and a day we will never forget. Shaqirah has made history in our family.

”

She added that Shaqirah was proud to share her achievement with friends and family and felt deeply connected to the meaning behind her artwork:

“Her design reflects Singapore and what it means to us, just like our national anthem.”

### Celebrating Creativity

This recognition is a testament to the dedication of our teachers and art instructors from the Special Arts CCA (East & West), who continue to nurture and empower our students through the arts.

We look forward to seeing more doors open for our students in the future, and to celebrating their passion and abilities.

# Cerebral Palsy Alliance Singapore School (West)

## SIBLINGS NETWORKING & KOPI SESSION

Mr Tan Meng Liang Kevin (Senior Psychologist)

On 16 August 2025 (Saturday), CPASS West hosted concurrent support sessions for both the siblings and parents of our students. The turnout was heartening. A total of 11 siblings attended the Siblings Networking session while around 20 parents participated in the Kopi Session.

The Siblings Networking session aimed to create a warm and engaging space for siblings to connect, share, and support one another. The session featured a heartfelt sharing by Ms Charmaine Lam from SibsUnite. Ms Charmaine spoke candidly about her personal journey growing up with a sibling with a disability, offering both inspiration and valuable insights to our young attendees.



Mr Tan Meng Liang Kevin (Senior Psychologist) and Ms Charmaine Lam (volunteer from SibsUnite) hosting the Siblings Networking Session.



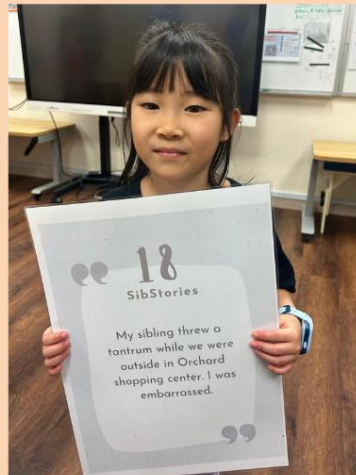
Following the session, the siblings headed to SuperBowl Jurong for an hour of bowling fun. The activity was a hit! Many of the siblings bonded over strikes and spares, and new friendships were formed.



Chloe Ang (Zayne Ang's sister) & Reyes Teo (Reon Teo's brother) enjoying themselves at the bowling alley.



Qays Naushad (Rizq Nawfal's brother) shared about a moment he remembered about his brother, Rhys that got him 'concerned and worried'.



Chloe Ang (Zayne Ang's sister) picked a poster comprising of stories from other siblings that she identified with during the ice-breaker.

# Cerebral Palsy Alliance Singapore School (West)

At the Kopi Session for Parents, two volunteers from SibsUnite, Ms Shireen Yeo and Ms Shin Tian facilitated the segment. This segment became a meaningful and emotionally resonant space for parents to reflect on the unique challenges faced by their typically developing children in families with siblings who have higher support needs.

The mention of the term 'Glass Child' is particularly significant. This term refers to children who are perceived as being 'seen through' because their needs may be overlooked due to the focus on their sibling with higher needs.



Parents reflected on their anxieties, their fears and their hopes. Some shared that they were afraid that their typically developing children might be targeted or misunderstood by peers due to their family situation. Others shared that they are worried about the psychological impact of growing up in a caregiving or supportive role that their typically developing children might need to play.

Overall, the Kopi Session encouraged open dialogue, which is a powerful step toward fostering resilience and emotional health in our students' siblings and their families.

Many thanks to the SibsUnite volunteers, Ms Sumathi D/O Selvaraj (Teacher), Ms Kavitha Arjanmall Parwani (Teacher), Mr Yap Lay Huat (Facilities Executive) and Ms Eileen Tan (Social Work Assistant) as well as the Parents of P@C for helping with the coordination and organising the events for that day.



# Cerebral Palsy Alliance Singapore School (West)

## HEARTFUL DADS - MOULDING STRENGTH TOGETHER

Ms Ranjeetha d/o Sudhakaran (Social Work Associate) &  
Ms J. Yogaisvari (Senior Social Worker)

The first fathers' support group at CPASS West, organised by the Social Work department and supported by P@C, was held on 16 August 2025 (Saturday). Titled "HeARTful Dads – Molding Strength Together", the workshop was facilitated by Ms. Xu Ning, Senior Art Psychotherapist from Solace Art Psychotherapy. Ten fathers registered and attended the workshop. The workshop aimed at providing a creative and safe space for fathers to explore and express emotions. The session began with an opening speech by Mrs Koh-Lim Ai Lay (Principal).



The session began with members introducing themselves, followed by an icebreaker led by Ms. Xu Ning, where fathers selected an item from the room that resonated with them and shared its significance. They then created individual picture collages using various art materials to express their roles or image as a dad. The fathers were open in sharing their interpretations, fostering a sense of community and mutual support. In between the session, the fathers were provided with beverages of their preferences to refresh them.



The group then engaged in a verbal reflection on what grounds and supports them. To conclude, Ms. Xu Ning acknowledged their openness and vulnerability. The fathers expressed gratitude for the opportunity and felt that a single session was not enough, voicing interest in future sessions tailored for fathers. Many were also keen to start a WhatsApp group for ongoing support. At the end of the session the fathers participated in a short post-workshop evaluation showed 95% positive feedback.

# Cerebral Palsy Alliance Singapore School (West)

## COMMUNITY GOLF AT KEPPEL CLUB: AN INCLUSIVE SPORTING EXPERIENCE

Mrs Lydia Cheong (Teacher)

On 19 August 2025 (Tuesday), Keppel Club, in collaboration with the Singapore Golf Association, hosted the Community Golf project. This initiative was designed to provide an inclusive platform where participants of all abilities could discover and enjoy the game of golf, while building confidence, social interaction, and physical skills through guided sessions.

The programme was specially created for persons with disabilities who are ambulant, allowing them to try golf in a safe, welcoming, and supportive environment. A total of nine of our students were able to participate in the event.

During the session, students experienced three different aspects of golf – the indoor simulating range, the driving range, and the putting range. Each area provided unique challenges and learning opportunities, from practicing swings to refining putting techniques. These hands-on experiences not only taught participants the fundamentals of golf but also fostered values such as teamwork, resilience, perseverance, and a sense of achievement. For many students, it was their first time holding a golf club, and the smiles on their faces reflected their excitement and pride in trying something new.



*Golfing dreams start here*  
Lim Ethan (Falcon 7C)



*Learning to swing, learning to succeed*  
Tang Hong Kai Lennox (Falcon 7C)



*Rain or shine, golfing's fine*  
Janelle Han Xin En (Falcon 8C)



*Focus on the shot!*  
Emma Tan Yan Xin (Falcon 9C)



*Swing into the future*  
Yan Jun Jie Lucas (Falcon 8C)



*Golfing without limits*  
Lim Kai Ning (Falcon 7C)



*Future golf pro!*  
Harith Bin Hazli (Falcon 8C)



*Nathan on the green*  
Nathan Eo (Falcon 1C)



To conclude the enjoyable morning, participants were treated to a healthy bento meal before departing for school, rounding off the event on a warm and memorable note.

The Community Golf project reflects the shared commitment of Keppel Club and the Singapore Golf Association to promote inclusivity, wellness, and participation for all, proving that golf is indeed a sport that can be enjoyed by everyone.

# Cerebral Palsy Alliance Singapore School (West)

## PLAY INCLUSIVE BOCCIA 2025

Ms Lanny Kwok Ping Ping (Vice-Principal)

On 23 August 2025 (Saturday), CPASS West and Rulang Primary School came together for their first-ever Play Inclusive Boccia event—a national programme that pairs students of all abilities to promote inclusion and friendship.

Four CPASS West students— Nurshaqirah Ryhana Binte Shamsha (Falcon 8C), Vithur Raj (Falcon 8C), Javier Hong Jie Wen (Falcon 7D), and Reon Teo (Falcon 7D)—teamed up with seven Rulang Primary School students, cheering each other on with energy so strong it nearly shook the floor! Laughter, teamwork, and unforgettable moments filled the day.

It was exciting to see that many participants were CPASS ex-students who regularly train in Boccia. This event gave our current students a rare opportunity to meet and play alongside them.



*Nurshaqirah Ryhana Binte Shamsha (Falcon 8C) and Rulang student Sean showing focus and precision in Boccia.*



*The referee measuring the ball distance carefully.*



*Vithur Raj (Falcon 8C) and his Rulang partner Yi Ting giving their best in throwing the ball to the target.*



*Supporting their friends, students cheer excitedly as the referee announces the score.*



*Rulang student Hui Xuan patiently passes the ball to Javier Hong Jie Wen (Falcon 7D) as his assistant.*



The games were full of excitement, including a nail-biting tiebreaker for 3rd and 4th place. Congratulations to Nurshaqirah and her partner Sean, Rulang Primary, for clinching fourth place out of 19 participants in the Thrower category!

A day of fun, friendship, and teamwork—and another step in strengthening the partnership between CPASS West and Rulang Primary.



*CPASS West and Rulang students with their teachers, celebrating teamwork and friendship.*

# Cerebral Palsy Alliance Singapore School (West)

## OUR WORLD, OUR WAY AN ART EXHIBITION BY CPAS SCHOOL STUDENTS

Michelle Chin (Transition Planning Coordinator)

Behind every artwork is a story of strength, resilience, and creativity. Our World, Our Way, the latest art exhibition by students from CPASS East and West, showcases how young artists overcome challenges and celebrate life through art.

The exhibition features work created by students aged 7 to 18 from the Special Arts CCA. Using diverse mediums such as paint, clay, lines, scribbles, and symbols, the students present bold colours, expressive shapes, textured patterns, and imaginative forms. Each piece is a powerful lens into how they see, feel, and respond to the world around them.

Though many of the artists are differently-abled, their artworks highlight creativity without boundaries. Every artwork is a reflection of personal experiences, emotions, and perspectives — reminding visitors that while people may see the world differently, every perspective is valid, valuable, and worth sharing.



*Shree Mageshwari (Falcon 7D) from Special Arts CCA completing a piece of 3D art for the exhibition.*



*Wong Jun Kang and Chong Zhi Hao (Falcon 7D) taking time to discuss and carefully choosing colours for their art.*



*Chong Zhi Hao (Falcon 7D) intricately painting his artwork titled In the Blooms.*

Beyond showcasing talent, Our World, Our Way carries a deeper message of inclusion. The students hope their works will inspire the wider community to embrace diversity and appreciate the unique voices behind each piece. Their collective message is clear: with passion, perseverance, and support, anyone can achieve their dreams and make a positive impact.

Visitors are warmly invited to experience the exhibition and see the world — our world, our way.



*Sold! One of the first few paintings sold.*



*Artwork by our aspiring artist headlined the whole art exhibition.*

# Cerebral Palsy Alliance Singapore School (West)

## HSP ENRICHMENT PROGRAMM

Ms Goh Wan Hua Zerline (Senior Teacher)

As part of the HSP Enrichment Programme this term, students have been embarking on an exciting journey of discovery around the theme of transportation. Through hands-on sessions and real-world experiences, they explored how people and goods move from place to place and the many different forms that transportation can take.

In class, students learned about land, sea, and air travel, sparking curiosity about how each mode works and why it is important in our daily lives. To bring these lessons to life, the programme included two learning journeys.

The first learning journey took students into the community, where they observed the different modes of transportation around them—from buses and trains to bicycles and cars. This gave them a chance to connect classroom learning with everyday experiences. They made a pit stop at the Jurong Lake Gardens for a water break and snacks.



*CPASS West Students visiting the dry dock at Raffles Marina. It was an eye-opening experience watching the demonstration of how the crane brings the boats in and out of the dock.*



*Sathya Abishai Shankar (Swan 1D) reaching for the toy train.*



*Elliot Grace Louisa (Swan 6D) smiling at the sound effects of the toy train.*



The second learning journey was an adventure to Raffles Marina, where students explored the world of water transport. It was fascinating to see yachts and boats up close. The highlight of the visit was stepping into the dry dock, where boats are stored, maintained and repaired. The students got to observe how the crane was operated to bring the boats in and out of the dry dock. This behind-the-scenes gave students an idea on how vessels are cared for and kept seaworthy.

The activities this term allowed a glimpse into the world of transportation and how it connects people, places and possibilities.

# Cerebral Palsy Alliance Singapore School (West)

## TEACHERS' DAY CELEBRATION

Mr Ryan Junjie Loh (Teacher)

On 4 September 2025 (Thursday), CPASS West joyfully celebrated Teachers' Day, a special occasion to honour and appreciate the dedicated educators who make learning meaningful and fun!

As part of the celebration, students learned about the significance of Teachers' Day and the value of showing respect and gratitude to their teachers. Engaging activities were held, including a fun-filled game where students guessed which voice belonged to which teacher, and another where they tried to name all the teachers, based on their adorable baby pictures.



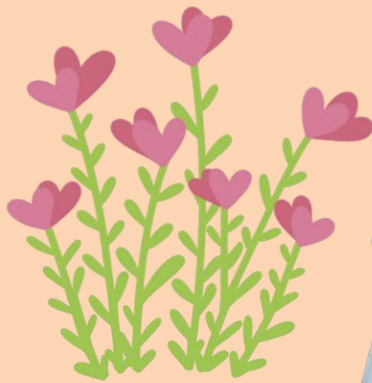
*Ms Lim Meng Choo (Teacher) quizzing Mohamed Elqi Iffwan Bin Mohamed Yuzwan (Falcon 7C) on which teacher the baby picture might be, with Mr Kwok Siu Hong (Teacher Aide) assisting him with the prompt!*



*Mrs Koh-Lim Ai Lay (Principal) presenting the custom-made canvas bag made by our students to Ms Lim Aik Choo Melissa (Teacher).*

To show appreciation, our wonderful Parents Support Group (P@C) treated teachers and staff to a delicious bento lunch, cooked by P@C, adding a delightful touch to the day's festivities.

It was truly a heartwarming and enjoyable day to honour the incredible teachers and staff at CPASS West. Thank you for your unwavering dedication and love for our students!



*Custom-made canvas bag made by our students.*



# IMPORTANT DATES IN TERM 4 (15 Sept to 21 Nov)

## Note on Contact Tracing

To ensure that we can contact all parents/ guardians/ caregivers for emergencies and to help the School in communicating effectively, please inform your child's teacher of any change in the following:

\* Contact details (mobile /email address/home telephone number)

\* Home address

2 Oct	Children's Day Celebrations
3 Oct	Children's Day School Holiday
15 Oct	Singtel Carnival
20 Oct	Deepavali
23 Oct	Deepavali Celebrations
20 Nov	AASPEDS Ceremony
21 Nov	Graduation Ceremony
<b>School Closures:</b>	
<b>3 Oct, 20 Oct, 21 Nov</b>	