

# CPASS EAST NEWSLETTER

Cerebral Palsy Alliance Singapore School (East)

2025/Term 4



## PRINCIPAL'S MESSAGE

### Key Tenets of the School

#### School Vision

A school that empowers students to be active learners in the community.

#### School Values

Confidence  
Integrity  
Respect  
Resilience

#### School Mission

To equip our students with a holistic education to  
Live Meaningfully,  
Learn Continuously,  
Work Productively.

#### School Culture

To Build a Culture of Care and Empowerment

#### School Beliefs

Everyone...  
can Learn  
can Serve  
is Special

Dear Students, Parents, Families, and Friends of our School Community,

As Term 4 ends an eventful and inspiring 2025, I want to reflect on the many memorable experiences we have shared this year. It has been a year filled with colour, energy, joy, and tremendous growth — a year where our students shone brightly, and our community came together in the most meaningful ways.

This term alone was packed with activities that all our students absolutely loved. From vibrant festive celebrations to lively carnivals, every event brought smiles, laughter, and learning beyond the classroom. Our Deepavali celebrations illuminated the school with colour and music, and the annual Singtel Carnival as well as the Purple Parade added excitement to the term. And of course, Children's Day stood out as a crowd favourite — a day filled with joy and meaningful interaction, with parents, caregivers, and volunteers joining in as enthusiastically as the children themselves. Our party with the resident birds at Mandai consisted of over 450 participants. I must make a special shoutout to the organizing team who braved the challenges of such a massive event at an external venue, with potential risks. It was indeed a marvellous adventure which affirms the spirit and quality of our teams in CPASS East.

We are also incredibly proud of our students' accomplishments in sports this year. Our athletes in Track & Field, Swimming, and Boccia once again stole the limelight, performing brilliantly in every competition they participated in. Their discipline, resilience, and sportsmanship continue to inspire us all. Well done! And you have done yourself and the school proud!

Another major highlight of 2025 is the graduation of our 25 remarkable graduands who have successfully completed their journey with us at CPASS School East. We need to shine a spotlight on our Academic Class of 2025 — six graduating heroes who have demonstrated courage, perseverance, and an unwavering spirit throughout the year preparing for the PSLE. Despite challenges and demands along the way, they continued to show resilience and growth, and it has been a privilege to witness their journey. All guided by a special team of very dedicated teachers who journeyed through the challenging obstacles and brought success to all. *Congratulations* and thank you!

As we look ahead to 2026, excitement fills the air. A new year brings new opportunities — fresh programmes, continued partnerships, more student-led activities, and countless moments for discovery. We remain committed to creating an inclusive, vibrant, and nurturing environment where every learner flourishes, and every voice is heard.

Thank you to our students for your curiosity and spirit, to parents and caregivers for your trust and partnership, to staff and volunteers for your dedication, and to our supporters for continually uplifting our mission. Together, we have made 2025 a meaningful and memorable year.

Let us rest, recharge, and return ready for an inspiring and exciting 2026! Happy Holidays!

Yours sincerely,  
Mr. Boo Hian Kok  
Principal, CPASS East

## Children's Day School Outing to Bird Paradise

Written by Ms. Irene Seah, Teacher

On 2<sup>nd</sup> October 2025, CPASS East celebrated Children's Day with an unforgettable school outing to Bird Paradise. Students experienced rich sensory and were engaged in a serene, natural environment.

The event brought together 125 students, 115 parents, 130 staff, and an incredible team of 84 volunteers from Lego and Loomis Sayles, creating a vibrant, inclusive community experience. Our dedicated Lego volunteers not only helped on the day but also worked closely with us for months helping with logistics planning and activity preparation. To top it off, each student received a special Lego toy set to take home. Their commitment and creativity played a key role in making the outing smooth, inclusive, and enjoyable for everyone involved.

Our students, parents, and caregivers explored the wonders of Bird Paradise through a series of engaging activities. At Penguin Cove, they observed penguins in their naturalistic habitats and learned about their unique behaviours. The excitement continued with thrilling bird shows, where majestic species highlighted their intelligence and beauty. At the vibrant Crimson Wetlands, our students marvelled at colourful macaws and flamingos soaring gracefully within the enclosure. Some students also enjoyed the fun activities such as feather printing art, balloon play, and more, conducted by the Lego volunteers in the function room. The enriching experience concluded with a delightful lunch, giving everyone a chance to relax and share their favourite moments of the day.

The students were visibly thrilled by their close encounters with the exotic birds. Many expressed excitement at seeing species they had previously only encountered in videos or books. One student from the Academics programme shared, "I loved watching the colourful parrots fly and it felt like a rainbow in the sky!"

A heartfelt thank you to our dedicated staff, supportive parents, and enthusiastic volunteers for making this celebration a success. Your commitment and teamwork made all the difference! ❤️



## 🌟 Deepavali Celebration 2025 – “Costumes Galore!” 🌟

Written by Character and Citizenship Education (CCE) Team

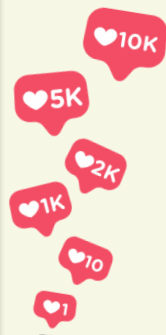
The school was bursting with colour, sparkle, and smiles on Thursday, 23<sup>rd</sup> October, as we celebrated Deepavali, the Festival of Lights! This year’s theme “Costumes” had everyone dressed to impress. The celebration kicked off in the school hall, where teachers shared about the meaning and traditions behind Deepavali.



The excitement lit up the hall, as much as a thousand diyas when our teachers, teacher aides, wardens and even caregivers took to the stage for a special Deepavali dance performance! With limited practice time but unlimited energy, they wowed everyone with their enthusiasm, rhythm, and killer moves. The students clapped, cheered, and some even started grooving along from their seats - it was a true school-wide dance party!

Next came a fun hands-on experience! Students got to explore bangles, a staple accessory during Deepavali. You could hear cheerful jingling all around the hall as students shook, twirled, and giggled, making music with their wrists!

The festive fun did not stop there! Students also got to visit the photobooth where students and teachers struck their best Bollywood-worthy smiles. At the henna booth, students had their hands decorated with beautiful traditional designs, and many could not stop admiring their intricate new patterns. It is said that some may still have them on their hands even till today!





Behind the scenes, Class 21A worked hard as our Deepavali elves, helping to pack and distribute snacks and sweets to all the classes and departments! A huge thank you to the Hindu Endowments Board for sponsoring the delicious murukku and cookies for everyone in school, kindly sourced by Mr. Jega. The snack tables were filled with smiles and crumbs!



And what is a celebration without food? Everyone enjoyed a scrumptious vegetarian lunch lovingly sponsored by Mr. S. Veera, owner of Brinda's Restaurant, and thoughtfully sourced by Mr. Jega. The dishes were so delicious that many went for seconds (and thirds, no judgment here!). The aroma filled the air, and so did laughter and chatter as students and staff shared the meal together.



Back in class, the creative spirit continued! Students explored Indian wood block printing — an art form that combines patience, teamwork, and a dash of messiness! Using traditional motifs and vibrant colours, classes designed their very own tote bags and T-shirts. The results were stunning.



Congratulations to the winning classes for their outstanding creativity and teamwork!



Class 22B



Class 11B



Class 18A



Class 1A

The day ended with hearts (and stomachs) full, hands a little paint-stained, and spirits shining bright. The Deepavali celebration truly captured the essence of our school community, joy, togetherness, and appreciation for all cultures. Here is to more laughter, learning, and light in the years ahead! ✨

# Haw Par National Youth Para Athletics Championships 2025

Written by *Mr. Abhinav Joshi, Teacher, Track and Field CCA in-charge*

On 1<sup>st</sup> November 2025, 11 students from our Track and Field CCA proudly represented the school at the Haw Par National Youth Para Athletics Championships 2025, held at the Home of Athletics. Despite the scorching heat—with temperatures reaching up to 34°C—our students remained enthusiastic, focused, and determined throughout the day. For several of our senior members, this competition was their final outing, making the experience even more meaningful.



Our athletes competed against peers from 8 other SPED and mainstream schools across a range of events, including Sprinting, Shot Put, and Long Jump. The championship also offered a wonderful opportunity for CPASS East and West to come together, strengthening bonds in the spirit of camaraderie and sportsmanship.

Our own Zheng Kai showing great form when performing the Shot Put.

A standout moment came from Teng Zheng Kai, who took part in the 100m, 200m, and Shot Put events. Despite having to perform his 100 meters at noon under intense heat, he demonstrated exceptional resilience and clinched the gold medal—a true testament to his dedication and perseverance.

Overall, our team brought home an impressive 18 medals, an achievement we are incredibly proud of. Throughout the competition, our students exemplified strong character, upheld the school values, and demonstrated exemplary sportsmanship—graciously shaking hands with their competitors after every event.

The atmosphere was especially heart-warming, boosted by the vibrant support from staff, parents, and well-wishers from all participating schools. We extend our heartfelt appreciation to everyone who came down to the Home of Athletics to cheer on our athletes. Your presence truly meant the world to them.



Our Wheelchair athletes in full pursuit of a medal!

## ALL SMILES FROM THE TRACK AND FIELD TEAM!



Our female athletes in the midst of their 200m run!

## Boccia Youth Championship 2025

Written by *Mr. Yap Feng Kai, ICT Head of Programme, Boccia CCA in-charge*

We are proud to share that our Boccia CCA team, Azfar Refqi Bin Muhamad Reduan, Ryan Chandru, Heidi Neo Hui En, and Hansel Neo Hui Sheng competed in the Youth Para Championships on Saturday, 1<sup>st</sup> November 2025, held at CPASS East Hall.

They demonstrated our core school values of Confidence, Resilience, Integrity, and Respect, achieving individual medals and showcasing outstanding sportsmanship throughout the event.

Congratulations to our talented athletes for their remarkable achievements!



Sat.

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November 2025

Tiger Balm National Youth Boccia Championships 2025  
9.00am – 4.30pm

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## CPASS Booth Shines at Purple Parade 2025

Written by Ms. Catherine Tan, Job Coach

This year marked CPAS's 5<sup>th</sup> participation in the **Purple Parade**, a national movement that celebrates inclusion and abilities of persons with disabilities. Held on 25<sup>th</sup> October 2025 at Suntec City, the event also commemorated the 13th anniversary of the Purple Parade, drawing an enthusiastic crowd of over 15,000 attendees.

Our Functional Senior Classes worked tirelessly to prepare a delightful range of handmade products for sale at the CPASS booth. Starting from Term 3, students collaborated with their teachers during project-based lessons to plan, design, and create items such as beaded handphone charms, bracelets, painted ceramic coasters, scented soaps, pin badges, and magnets. The Gardening PLT contributed organic soil, which students mixed and packed themselves.

Students from CPASS West also joined in the effort, crafting tote bags, 3D-printed keychains, and succulents, which they transplanted and decorated personally. The project spanned two terms, allowing students to experience the full process—from concept to creation to sales—culminating in the exciting opportunity to highlight their work to the public.

At the outdoor carnival, our booth was manned by dedicated student volunteers and teachers. We were heartened by the positive responses from visitors, with handphone charms, magnets, and succulents emerging as the top sellers.

Nur Andreana Ashmooni from Class 10A and 4 student volunteers from CPASS West displayed admirable confidence and communication skills as they interacted with customers, applied what they had practised, and completed transactions independently with teacher support.

By the end of the 4-hour event, most of our handmade items were sold out, achieving a total sales amount of \$2,714. It was a truly rewarding experience for our students and teachers, reflecting the hard work, creativity, and teamwork that went into every product.



# PURPLE Parade



# Job Shadowing Day at Standard Chartered

Written by Ms. Gracia Lim, Job Coach

On 9<sup>th</sup> October 2025, 7 students from the functional classes participated in the annual Job Shadowing Day (JSD) organized by SGenable. JSD is a one-day experience that gives students the opportunity to explore and gain insight into various job roles across different work environments. This year, we had Standard Chartered and Cushman & Wakefield (S) Pte Limited hosting our students.

The students were thrilled to visit a corporate building for the first time. They observed the professional environment, the formal dress code, and learned about workplace etiquette, including the importance of maintaining a quiet atmosphere and professional conduct. During the visit, the staff introduced their job roles and responsibilities, giving the students a deeper understanding of the range of jobs within the company.

We started off the Job Shadowing Day with icebreakers, where the students danced and sang along to the viral hit song 'Golden'. After the icebreaker, the students took part in 2 activities – sandwich making and Deepavali poster designing. Our students had a hands-on farm-to-table experience by harvesting fresh lettuce from their hydroponics tower system. They then made their own delicious sandwiches using the vegetables they picked themselves. With a variety of fillings ranging from egg mayo to tuna, the students enjoyed a healthy and tasty meal made from start to finish by their own efforts. Next, the students drew Deepavali-themed posters. The posters were filled with creative designs and vibrant colours reflecting the festive spirit of Deepavali.

The day provided the students with a glimpse into the corporate world, from exploring the office spaces to meeting staff members firsthand, sparking curiosity as they consider their future career paths. Before the day concluded, each student took home fresh lettuce they had harvested and a set of seedlings to grow their own, a reminder of the memorable visit!

The students dancing to the song 'Golden'.



Students learning about the hydroponics tower system before harvesting fresh lettuce.

Yue Tong preparing her own sandwich using the fresh lettuce she harvested.



Bravienne thoughtfully designing and colouring a Deepavali Poster.



Deepavali posters designed by the students.



Group photo with the staff of Standard Chartered, Cushman & Wakefield (S) Pte Ltd and SGenable.

## 2025 Progress Report

Written by *Ms. Shermaine Goh, Senior Teacher*

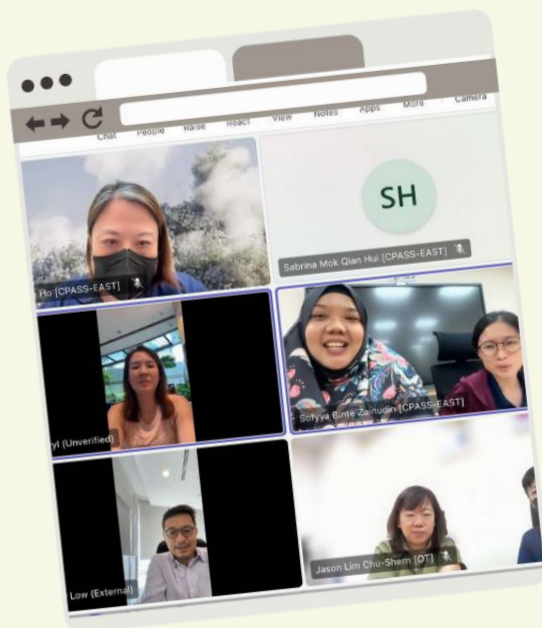
As we wrap up another meaningful year at CPAS, our annual Progress Report Meetings remain a cornerstone of collaboration between families and our transdisciplinary team. These sessions provide an opportunity to celebrate student achievements, review progress toward Individualized Education Plan (IEP) goals, and chart the next steps for continued growth.

Throughout the year, teachers have been diligently tracking goal attainment and engaging in ongoing discussions with allied professionals to ensure every student's learning journey is supported holistically. This consistent monitoring has allowed us to prepare comprehensive progress reports and student portfolios, which highlight milestones and areas of development.

In preparation for the meetings, our teams worked together to finalize schedules and ensure smooth coordination among class teachers, allied professionals and parents. Each meeting is conducted in a 30-minute slot, offering families the flexibility to join either face-to-face or via Microsoft Teams, based on their convenience. This hybrid approach continues to reflect our commitment to accessibility and partnership.

During the meetings, parents receive a detailed overview of their child's progress, including strategies that have been implemented throughout the year. We also take time to discuss future goals and address any questions or concerns families may have. For some of our students, attending these meetings has been an empowering experience—giving them the chance to self-advocate and take ownership of their learning journey.

These conversations are more than just a review; they are a celebration of growth and a reaffirmation of our shared commitment between parents and the transdisciplinary team to every student's success.



## 2025 Parents' Orientation

Written by Ms. Lee-Tan Chor Hui (Senior Teacher) and  
Ms. Connie Chua (Head of Programme Academic)

On 17<sup>th</sup> November 2025, CPASS East welcomed the new students and their parents to the 2025 Parents' Orientation. The School Management Team (SMT) hosted the event. Our Social Work department, appointed school uniform vendor and appointed transport vendor were also present.

The orientation kicked off with a presentation from our Principal, Mr Boo Hian Kok. The students and parents were brought to the different rooms for sharing by the Head of High Support Programme (HSP), Functional Programme (FP), and Academic Programme (AP). The Head of Programmes shared the programmes' focus and expectations. After which, the group was brought on a 30-minute tour around the school.

The orientation concluded with the purchase of school uniforms, discussions with school social workers and engagement of transport services.



Principal, Mr Boo addressing the students and parents.

# 2025 Graduating School Camp: A Memorable Experience

Written by *Ms. Hidayah Binte Othman, Teacher*

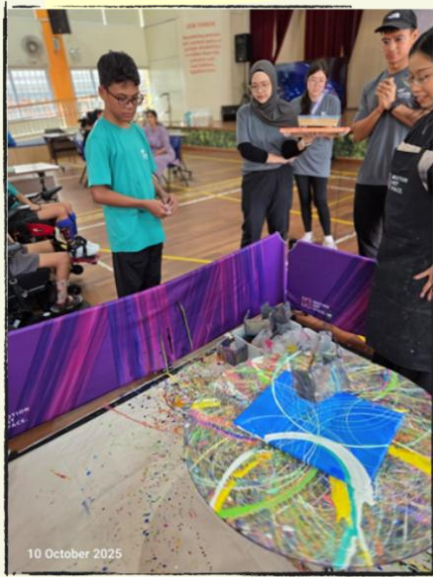
This year, 2025 Graduating School Camp was a memorable and meaningful experience for all 16 participating students, with 11 choosing to stay overnight.

The camp kicked off with an exciting art jamming session in the school hall, where vendors came in to set up the activity. Students were given the freedom to choose their colours and sprinkle paint onto their art pieces, creating vibrant and expressive artworks. Every student, including those requiring higher levels of support, was able to participate and fully enjoy the session.

Afterwards, the students headed to Giant Hypermarket to purchase ingredients and utensils for their hotpot dinner. The hotpot activity was a highlight as it featured many of their favourite foods. Students took responsibility for setting up, cooking, washing, and cleaning up after the meal, demonstrating teamwork and independence. Before bedtime, they prepared for a relaxing night movie.

The 11 students who stayed overnight were very independent, followed instructions well, and managed themselves confidently throughout the camp. The next morning, they had reflection time where they penned down their feelings about leaving CPASS and wrote heartfelt notes to the graduating cohort, wishing them all the best. The camp concluded with dismissal.

Many helping hands does the work!



Is my painting pretty like me?

Works of art require s team effort.



Meals enjoyed together is the yummiest meal of all!



Eat together, friends forever!



Food prepared together makes cooking FUN!

## Graduation Ceremony 2025 – Our Colourful Journey

Written by Ms. Joey Liaw, Teacher

On 21<sup>st</sup> November 2025, we proudly celebrated the Graduation Ceremony for our 25 graduands under the vibrant theme “Our Colourful Journey.” It was a meaningful milestone that marked not only the end of their school chapter, but also the beginning of new adventures ahead.

Since June 2025, graduands and their class teachers have been diligently preparing for this special day. From crafting and rehearsing their student speeches, to being measured and fitted for their customised graduation outfits, to practicing their graduation dance, every effort was made to ensure a memorable and heartfelt celebration. Behind the scenes, families, therapists, teachers, and staff worked closely together, reflecting the strong partnership that has supported each student’s growth.

On the day itself, the hall was filled with joy and pride as graduands, families, therapists, teachers and all staff came together to honour the achievements of our students. A special highlight of the ceremony was the presentation of the Sustained Employment Award to four alumni who continue to thrive in their workplaces, inspiring our current graduands with their perseverance and success.

The celebration concluded with the symbolic release of graduation balloons, representing hopes and dreams taking flight, followed by a lively dance party where everyone joined in the festivities. It was truly a colourful journey—and one we are honoured to have shared with our graduands and their families. Congratulations to the Class of 2025!



## P6 Farewell CPASS East!



Thank you CPASS for the 6 years. I am grateful for my friends and teachers. I appreciate the wonderful memories and outings. ~ Alfian



Thank you CPASS for helping and supporting me. This is especially to my P1 to P6 teachers. I will miss all the fun outings and friends. ~ Zhengkai



Thank you CPAS for the special memories, especially appearing in the national news for the NDP funpack design. I am grateful to all the teachers, therapists, wardens, CCA teachers and bus uncles for supporting me through my growing years. I will miss all of you and my dear classmates and the countless memorable moments. ~ Rihansh



Thank you CPASS for helping me with the technologies and I will always remember the outings and fun throughout the years. I appreciate all these moments. ~ Ryan



Thank you for letting me study in this school. I really appreciate all of you for supporting me and giving me everything. ~ Chrislyn



Thank you CPASS for having me for 9 years. Thank you PT for supporting me and watch me grow. For my OT for teaching me how to write. Lastly, my junior and my friends for being part of my journey! ~ Halisha

# Contact Tracing and Important Dates



## Important Dates in 2026 Term 1 (2<sup>nd</sup> Jan 2026 to 13<sup>th</sup> Mar 2026)

### Note on Contact Tracing

Parents, please take note.

In case of emergency and effective communication, please update class teacher for any change to the following:

- + Mobile number
- + Home number
- + Home Address
- + Email Address

Thursday, 1 <sup>st</sup> Jan	New Year's Day
Friday, 2 <sup>nd</sup> Jan	 Start of school for <b>Junior &amp; P1 to P3</b> Classes
Monday, 5 <sup>th</sup> Jan	 <b>ALL</b> Classes returns to school
Tuesday, 17 <sup>th</sup> Feb to Wednesday, 18 <sup>th</sup> Feb	Chinese New Year
Thursday, 26 <sup>th</sup> Feb	Total Defence Day Commemoration
Monday, 23 <sup>rd</sup> Feb to Monday, 9 <sup>th</sup> Mar	IEP Meetings