

# CPASS EAST NEWSLETTER

Cerebral Palsy Alliance Singapore School (East)

2026/Term 1



## PRINCIPAL'S MESSAGE

### Key Tenets of the School

#### School Vision

A school that empowers students to be active learners in the community.

#### School Values

Confidence  
Integrity  
Respect  
Resilience

#### School Mission

To equip our students with a holistic education to Live Meaningfully, Learn Continuously, Work Productively.

#### School Culture

To Build a Culture of Care and Empowerment

#### School Beliefs

Everyone...  
can Learn  
can Serve  
is Special

Dear Parents, Students and Members of the CPASS East Family,

As we come to the end of Term 1, I feel a deep sense of pride and gratitude as I reflect on all that we have achieved together. It has been a vibrant term filled with learning, celebration and growth. Our school continues to be a place where every student is supported, valued and encouraged to shine.

I would first like to acknowledge the dedication of our staff. Our teachers, therapists and support teams have worked tirelessly to create meaningful learning experiences in a caring and supportive environment. Your patience, creativity and commitment bring our vision to life each day. Thank you for all that you do.

To our students, I am very proud of you. This term, you showed confidence, resilience and respect in many ways — from participating in our Chinese New Year celebrations to learning about Total Defence, and for some of you, stepping up as student leaders. These are important values that will guide you in school and in life. Remember, “Mistakes are proof that you are trying,” so keep learning and never give up.

Our Chinese New Year celebration brought much joy and creativity to the school. From colourful art activities to fun competitions, it reminded us that learning can be both meaningful and enjoyable. As the saying goes, “Creativity is intelligence having fun.”

During Total Defence Day, students learned that everyone plays a part in keeping our community safe and strong. Through hands-on activities and teamwork, you showed curiosity and responsibility. “Small actions, when done together, create big change.”

I would especially like to commend our newly appointed prefects. Leadership is about caring for others and setting a good example. “A good leader lifts others up.” I am confident that you will carry out your responsibilities with integrity and kindness.

Our IEP and ITP meetings reminded us that every child grows in their own way and at their own pace. What matters most is that we continue to move forward together. “Progress is progress, no matter how small.” I would like to thank our parents for your strong partnership and support. Your involvement makes a meaningful difference in your child’s journey.

As we look ahead to the rest of 2026, let us continue to build a culture of care and empowerment. Let us encourage one another and celebrate every step of growth. “We grow stronger when we grow together.”

Together, I am confident that we will make this a wonderful year of learning, growth and achievement.

Yours sincerely,  
Mr Boo Hian Kok  
Principal, CPASS East

# A Roaring Good Time at CPASS East's Chinese New Year Celebration

Written by Ms. Nurshameera Binte Abdul Hussain and Ms. Nur Azira Binte Syed Ahamad Shah, Teachers, CCE committee



## Welcoming the Year with Creativity, Culture and Community



CPASS East ushered in the Lunar New Year with a vibrant school-wide celebration filled with creativity, learning and festive joy. This year's celebration centered around an **Arts & Crafts theme**, allowing students across programmes to explore Chinese New Year traditions in meaningful and hands-on ways.

Students explore Chinese New Year traditions through Arts & Craft.

The morning began with the energetic beats of a **lion dance**, instantly filling the hall with festive spirit. This was followed by a special appearance by **Chai Shen (God of Fortune)**, who paraded around the hall tossing coins and spreading wishes of prosperity and good luck to students and staff.



Chai Shen (centre) and his side-kick dragons



Students then travelled through the story of the **Chinese Zodiac** and discovered that 2026 is the **Year of the Horse**. Inspired by this, students jumped straight into the **Decorate the Horse Competition**, bringing their horses to life with colorful and creative designs.

Displays of art pieces for Decorate the Horse Competition, bringing their horses to life with colorful and creative designs.



And the winner is....



Welcoming in the Year of the Horse in 2026.



The celebration continued as students learned about **Chinese New Year outfits and visiting traditions**, discovering how families celebrate and spend time with loved ones during the festive season.

And the best dressed goes to ... don't be shy!



One of the loudest and funniest moments of the day came when teachers took center stage for the **Orange Peeling and Eating Competition**. The hall erupted with cheers and laughter as students enthusiastically supported their teachers in this playful and symbolic activity representing good luck and prosperity.



Orange Peeling and Eating Competition – fastest fingers and mouth wins! 😊

Next, students explored how homes are decorated during Chinese New Year and took part in the **Decorate a CNY House Competition**, filling house boards with bright festive decorations.

To round off the celebration, students were introduced to **Chinese calligraphy** and watched their teachers bravely take on the **Calligraphy Writing Competition**, ending the event on a joyful and memorable note.



Chinese calligraphy is hard work!



Calligraphy Writing Competition

It was a morning full of smiles, creativity and festive spirit, a wonderful way for the CPASS East community to learn and celebrate together.

**Wishing all our families and partners a joyful and prosperous Lunar New Year!**



Students admiring displays for the Decorate a CNY House Competition.



Smiles + Creativity + Festive Spirit = A Joyful and Prosperous Lunar New Year!

# Total Defence Day Commemoration 2026

Written by *Mr. Abdus Salaam Bin Kamal Rahim, Teacher*

CPASS East commemorated Total Defence Day 2026 with a series of meaningful and engaging activities from 10<sup>th</sup> to 26<sup>th</sup> February. The event aimed to deepen students' understanding of the importance of Total Defence and what everyone must do to keep Singapore strong and secure. The commemoration began with a pre-event Art Competition, where students showcased their creativity through 2D, 3D and digital artworks. These art pieces reflected the students' interpretation of Total Defence and were later displayed for all to appreciate.

On Thursday, 26<sup>th</sup> February, the main programme began with a smart and disciplined flag march-in by the National Cadet Corps (NCC) from East Spring Secondary School. This was followed by School Assembly, where Principal, Mr. Boo Hian Kok shared about the significance of Total Defence and announced the winners for the Art Competition. All students also attended an informative talk by officers from the Singapore Police Force, who explained their role in safeguarding the community and how students could contribute to national safety. The highlight of the day was the interactive booth experience. At the Singapore Police Force booth, students explored police equipment and participated in hands-on activities. At the NCC booth, students tried on army uniforms and had hands-on experience of handling the training equipment. At the Economic Defence booth, students learnt to differentiate between needs and wants, while at the Psychological Defence booth, students learnt about teamwork through engaging challenges. The Art Competition display also attracted much interest, many students and staff gathered to admire the art pieces. Students were also given a ration-style snack pack, kindly sponsored by Defence Collective Singapore Ltd. This helped them understand the importance of food rations during emergencies.

A memorable and enriching experience, Total Defence Day Commemoration reminded everyone that Total Defence meant keeping Singapore strong and secure was a shared responsibility that everyone must uphold every day.



Class 8A enjoying the activity at the Psychological Defence Booth.



Student, Ahmad Abdullah, Class 17B taking aim at the Military Defence Booth with the assistance of his teacher.



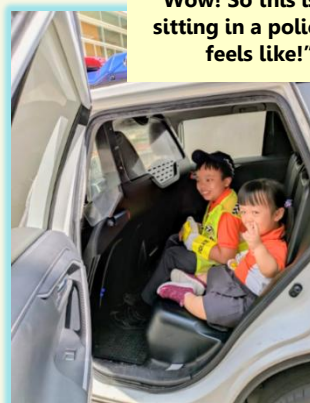
Prize winner Hansel Lee collecting the prize on behalf of Class 22A.



Student, Sim Yue Tong, Class 9A recruited just for that day, to protect our country.



Newly recruited policeman Ryan Chandru, class 6A showing off his lightsabre.



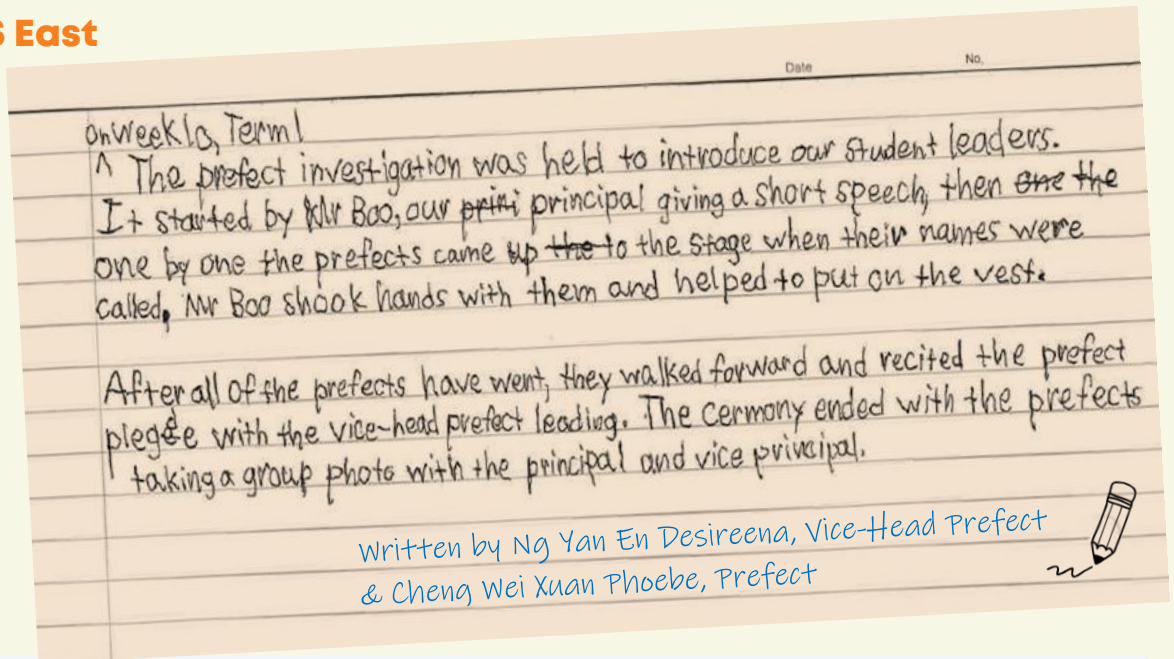
“Wow! So this is how sitting in a police car feels like!”



Student, Ashton Lim Jun Jie, Class 9A, observing closely and intently at the police car.

## 2026 CPASS East

### Prefect Investiture



On Week 10 of Term 1 (10<sup>th</sup> March 2026), the Prefect Investiture Ceremony was held to formally introduce our student leaders. The event began with a short speech by our Principal, Mr Boo Hian Kok, who shared encouraging words with the newly appointed prefects.

Following the address, the prefects were called up to the stage one by one. Each student was warmly congratulated as Mr Boo shook their hands and assisted them in putting on their prefect vests, symbolising their new roles and responsibilities.

After all the prefects had been invested, they stepped forward to recite the Prefect Pledge, led confidently by the Vice-Head Prefect. The ceremony concluded on a celebratory note with a group photograph of the prefects alongside the principal and vice-principals.

Revised by Mrs. Lee-Tan Chor Hui, Senior Teacher



## 2026 IEP/ITP Meetings with Parents

Written by Ms. Shermaine Goh and Ms. Sim Chai Leng, Senior Teachers

The annual Individual Education Plan (IEP) and Individual Transition Plan (ITP) meetings were conducted from 23<sup>rd</sup> February to 9<sup>th</sup> March 2026 for junior (7–9 years old) and senior (13–18 years old) students. Meetings were held either via Microsoft Teams online or in person at school.

During the IEP/ITP Report Meetings, parents met with their child's Transdisciplinary (Trans D) Team. These sessions provided a platform to update and share information on the child's development and to collaboratively discuss their IEP/ITP goals for the year. Each meeting lasted approximately 30 minutes.

The purpose of the IEP/ITP is to establish personalised learning goals that support each student's educational, social and behavioural development. For students in senior classes, discussions included potential post-school placements to support a successful transition into adulthood.

Approximately 90% of the meetings were held virtually, while the remaining 10% took place in person or were conducted by phone. The availability of multiple meeting modes provided flexibility and accessibility, enabling meaningful engagement between parents and the School Transdisciplinary Team.

These meetings play a vital role in strengthening home-school partnerships and ensuring a shared commitment to supporting each student's holistic growth and development.

We sincerely thank all parents for their active participation and collaboration. Your engagement makes a meaningful difference and helps our students flourish, achieve their goals and reach their fullest potential.



# 2026 Transition Talk for Parents of Senior Level Students at CPASS

Written by Ms. Irene Ho, Transition Planning Coordinator

On 14<sup>th</sup> March 2026, Saturday, CPASS Transition Team conducted the annual Transition Talk meeting via Teams. 35 sets of parents attended the meeting.

Some of the topics covered were -

- Classroom matters: from junior to senior; from IEP to ITP.
- The role parents play at senior level.
- Post-School Referrals & Placements: Client Assessment Form-Revised.
- Legal matters: Assisted Deputyship Application Programme.
- SG Enable's Adult Services Virtual Open House

Most of the parents agreed that the information shared was important, relevant, and easy to understand. Parents benefited from the talk and understood their role in helping their child transit towards post-school. Parents also gave feedback that a to-do list before graduation would be helpful too. They also asked for more preparation for life

post-graduation so that their children would not face mental, physical, emotional and health issues, such as shock, depression, anxiety, neglect, and anger. They also expressed a need to teach their children about keeping themselves safe from strangers, and how to report hurt, and the consequences of bad actions.

The Transition Team would respond to the feedback diligently and seek to improve their service delivery for the future.

## Crystal's Road to 2026: Individual Transition Plan (ITP) Meeting Agenda

**CLASSROOM TRANSITIONS & EDUCATIONAL PLANNING**

- **Advancing to the Senior Level**  
Navigating the academic and developmental shift as Crystal moves from the Junior to the Senior school levels at CPAS.
- **Shifting from IEP to ITP**  
Moving from an Individualised Educational Plan (IEP) to an Individualised Transition Plan (ITP) to focus on long-term life goals.
- **Graduation: November 2026**  
Crystal's time at CPAS School concludes in November 2026, making current transition planning essential.

**THE PARTNERSHIP OF SUPPORT**

- **The Critical Role of Parents**  
Highlighting the increased importance of parental involvement and decision-making once a student reaches the Senior level.
- **Emotional Readiness for Change**  
Acknowledging that graduation can bring mixed feelings, including happiness, nervousness, or worry, for both the student and the family.

**POST-SCHOOL REFERRALS & PLACEMENTS**

- **Referral to Day Activity Centres (DAC)**  
Planning the transition to a new facility where Crystal can continue art, music, and exercise after graduation.
- **Establishing a New Routine**  
Ensuring the chosen DAC provides a safe environment with staff support for daily meals, social interaction, and familiar activities.
- **The Client Assessment Form-Revised (CAF-R)**  
Utilizing the CAF-R as a primary tool for oversteering Crystal's needs during the referral and placement process.

**LEGAL MATTERS & FUTURE SAFEGUARDS**

- **Assisted Deputyship Application Programme**  
Discussing the legal framework and application process to ensure Crystal has appointed deputies to manage her affairs into adulthood.
- **Legal Protection and Support**  
Focusing on the administrative steps necessary to ensure Crystal is legally supported once she is no longer under the school's direct care.

**NEXT STEPS & EXTERNAL RESOURCES**

- **SG Enable's Adult Services Virtual Open House**  
Encouraging attendance at the virtual open house to explore available adult service options and community resources.
- **"I Can Do This" - Finalising the Plan**  
Confirming that with the right support, Crystal will be safe, supported, and ready for her new journey post-2026.

# Contact Tracing and Important Dates

## Important Dates in 2026 Term 2 (23<sup>rd</sup> Mar 2026 to 29<sup>th</sup> May 2026)

### Note on Contact Tracing

Parents, please take note.

In case of emergency and effective communication, please update class teacher for any change to the following:

- + Mobile number
- + Home number
- + Home Address
- + Email Address

Monday, 21 <sup>st</sup> Mar*	Hari Raya Puasa
Friday, 3 <sup>rd</sup> Apr	Good Friday
Friday, 1 <sup>st</sup> May	Labour Day
Saturday, 23 <sup>rd</sup> May	CPAS Sports Day @ TMJC
Monday, 25 <sup>th</sup> May	Off-In-Lieu for Sports Day
Wednesday, 27 <sup>th</sup> May	Hari Raya Haji
Saturday, 30 <sup>th</sup> May to Sunday, 28 <sup>th</sup> Jun	School Holidays

\* Monday, 23<sup>th</sup> Mar will be Off-In-Lieu for Hari Raya Puasa.

