

CPASS EAST NEWSLETTER

Cerebral Palsy Alliance Singapore School (East)

2026/Term 2



PRINCIPAL'S MESSAGE

Key Tenets of the School

School Vision

A school that empowers students to be active learners in the community.

School Values

Confidence
Integrity
Respect
Resilience

School Mission

To equip our students with a holistic education to
Live Meaningfully,
Learn Continuously,
Work Productively.

School Culture

To Build a Culture
of Care and
Empowerment

School Beliefs

Everyone...
can Learn
can Serve
is Special

Dear Parents, Students and Staff,

As we look back on another meaningful semester, I am filled with gratitude and pride. Every page of this newsletter tells a story—not just of achievements, but of courage, perseverance, kindness and teamwork.

Our student swimmers reminded us that success begins long before the medals are won. Behind every gold medal were countless hours of practice, determination and the willingness to keep improving. As basketball legend Michael Jordan once said, *"Some people want it to happen, some wish it would happen, others make it happen."* Our students certainly made it happen.

But accomplishment and success is not measured only by trophies. It is also found in the smiles of students who tried something new, the quality of their efforts, the creativity shown in designing Hari Raya costumes, and the responsibility displayed by our Functional Senior students as they served customers with pride during the Parent's Day Craft Sales.

All the events and activities in Term Two remind us that no one succeeds alone. Behind every student is a dedicated team of very caring and nurturing teachers, therapists, support staff, parents and volunteers who quietly give their time, expertise and encouragement every single day. Whether preparing athletes for competition, organising memorable celebrations, creating opportunities for authentic learning or learning with each other to guide make their lessons and activities even better than before or helping students to achieve their IEP/ITP goals, our staff have once again demonstrated what it means to build a culture of care and empowerment.

Every day in school, our students demonstrate the spirit of striving to learn, explore, discover and learn with confidence. Every challenge overcome, every new skill acquired and every act of kindness shown is another step towards living meaningfully, learning continuously and working productively.

As we begin the new term, let us continue to celebrate effort as much as achievement. Let us encourage one another to be just a little braver, a little kinder and a little better than yesterday. Success is not about being the best compared to others—it is about becoming the best version of ourselves.

Our deepest gratitude to our parents for your unwavering partnership, to our dedicated staff for your passion and commitment, and most importantly, to our wonderful students. You inspire us every day with your resilience, your joy and your determination to keep growing.

We all look forward to another exciting term of learning together.

"Success is the sum of small efforts, repeated day in and day out." — Robert Collier

Yours sincerely,
Mr. Boo Hian Kok
Principal, CPASS East

National Para Swimming Championships 2026

Written by *Ms. Hafidah Bte Mohd Yacob, Teacher*

On 11th April 2026, three student-athletes from the school's Swimming CCA represented the school at the National Para Swimming Championships held at Tampines Hub Swimming Complex. In preparation for the competition, they demonstrated strong commitment by training diligently during regular CCA sessions as well as additional training sessions.

Their resilience was evident as they persevered through rigorous practices, swimming repeated laps to build endurance and improve speed. This competition also marked a significant milestone for Siti Nur Iman, who participated in two events, 100m and 50m races for the first time. Meanwhile, Joel Wong and Mohamad Shan Rusyaiddi each competed in the 50m event.

All three athletes approached the competition with enthusiasm and gave commendable performances. We are proud to share that they each secured gold medals in their respective categories. In addition, this year's gold medallists were awarded NTUC FairPrice vouchers from Singapore Disability Sports Council in recognition of their achievements.

The athletes have expressed immense pride in their accomplishments. Congratulations to all three swimmers on their outstanding performance!

Awesome!



super
duper



CPAS 64th Annual Sports Day 2026 – When Sports Meets Art

Written by *Ms. Nur Hidayah Othman, Teacher*

On Saturday, 23rd May 2026, Cerebral Palsy Alliance Singapore (CPAS) proudly held our **64th Annual Sports Day** at Tampines Meridian Junior College (TMJC), bringing together students, clients, staff, families, and partners for a vibrant celebration of inclusion, teamwork, and achievement.

This year's theme, "When Sports Meets Art", showcased the creative fusion of athleticism and artistic expression. From the game stations to house decorations, participants experienced a unique blend of sports and art that encouraged imagination, participation, and fun for all.

The event brought together participants from **CPAS School East, CPAS School West, EIPIC, Adult Services (DAC and GROW)**, as well as staff from various CPAS departments, demonstrating the strength of our one CPAS community.



From adaptive relays and frame running events to engaging house activities, every station was thoughtfully designed to ensure that everyone could participate meaningfully and experience the joy of movement. The atmosphere was filled with colourful displays, enthusiastic cheers, and unwavering team spirit throughout the day.

Congratulations to Blue House, who emerged as champions for the second consecutive year!

We were honoured to welcome Mr. Mark Minjoot as our Guest of Honour. We would also like to extend our heartfelt appreciation to Tampines Meridian Junior College for hosting the event. Special thanks to the students of Grace Orchard School and TMJC's Wushu CCA for their wonderful performances, which added excitement and energy to the celebrations.

A huge thank you to everyone who contributed to making Sports Day 2026 a memorable success. Together, we truly shone as one CPAS community!





Celebrating Hari Raya

A Meaningful and Joyful CPAS Experience

Written by Ms. Nouraneesa Binte Ahmad Sani, Teacher

Event Day

On the 26th March, our school celebrated Hari Raya with a meaningful and engaging event that brought our students and staff together. Hosted by Ms. Syafiqah and Mr. Hong Da, the programme introduced students to the significance of Hari Raya, a festival celebrated by Muslims all over the world, after the month of Ramadan.

Students learned how Hari Raya is a time for forgiveness, gratitude, and strengthening relationships with family and friends. Emphasizing the importance of values such as kindness, generosity, and togetherness.



Mr. Boo graced the event with a short sharing that encouraged students to appreciate diversity and to learn from one another.

Event Highlight

The celebration would not have been complete without some fun and games. It was a thrill watching our lively teachers compete in a sarong wearing competition while they juggled to keep their balloons afloat. The competition brought a lot of laughter and excitement as the audience cheered them on.

Our students then had some fun exploring and creating beautiful patterns with the instant henna and tattoo henna provided to the classes. We loved seeing their creativity flow.



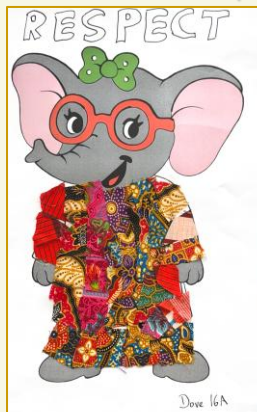
Baju Raya Design Competition

As part of the celebration, our students were challenged to design the best Baju Raya for Ella and Roary! They were tasked to use a range of materials such as recycled green packets, colored paper, or craft supplies. This gave them the chance to learn about the beautiful and traditional outfits commonly worn during Hari Raya while encouraging collaboration and recycling.



It was amazing to see all the talent amongst our students across the three programs. However, there can only be 1 winner... or make that 6.

And our top 3 winners from the Morning Session are...



1st Place – Dove 16A



2nd Place – Dove 13A



3rd Place – Eagle 9A (Atchey)

Now for our Afternoon Session winners...



1st Place – Eagle 2B



2nd Place – Dove 14B



3rd Place – Dove 9B

Overall, the Hari Raya celebration provided students with an opportunity to learn about cultural traditions while developing values such as respect, empathy, and inclusiveness.

The CCE Team would like to thank all staff and students who contributed to the success of the event. Their efforts created a warm and memorable experience for everyone.

Selamat Hari Raya!

International Friendship Day 2026

Written by *Ms. Nurul Aisyah Binte Haizad, Teacher*



The Human Chain of Friendship (on the board) and Friendship Tree (on the table) display at the hall.

On Thursday, 9th April 2026, our school celebrated International Friendship Day (IFD), with this year's theme focusing on Art & Craft. Through a series of engaging activities, students had the opportunity to learn about different cultures, appreciate diversity, and strengthen friendships through creativity and shared experiences.

In preparation for the celebration, students participated in two art-and-craft activities within their classes. They created either a Human Chain of Friendship or a Friendship Tree, where they drew themselves holding hands with one another or painted their handprints onto a tree. These meaningful artworks were later displayed during the booth activities. Students also folded origami gifts using the coloured origami paper provided. These handmade gifts were exchanged during the hall programme as a gesture of friendship and goodwill.

On the day of the celebration, both students and staff came dressed in beautiful outfits representing different countries and cultures. The hall programme began with an insightful sharing on the origins and purpose of IFD, highlighting the importance of building friendships, showing respect, and being open to people from different backgrounds around the world. These values closely reflect the qualities embodied by our school mascot, Ella the Elephant. This year, the National Education (NE) Committee chose to spotlight six countries and cultures: Japan, China, India, Indonesia, Hawaii*, and Mexico. Through an interactive presentation, the emcees introduced the countries and showed their locations on a world map, helping students gain a greater appreciation of the size and diversity of our world compared to our small island nation. Students then exchanged their origami gifts with another class, reinforcing the spirit of friendship and cultural appreciation.

The emcees also introduced the traditional arts and crafts associated with each country:

-  Japan – Origami
-  China – Paper Fans
-  India – Mandala Art
-  Indonesia – Wau Bulan
-  Hawaii* – Flower Accessories
-  Mexico – Piñatas

* State of United States

As Hawaiian and Mexican cultures were less familiar to many students, the NE Committee organised special stage segments to bring these cultures to life. Selected students and teachers participated in a Hawaiian dance activity and enjoyed playing the classic game, "Pin the Tail on the Donkey", much to the delight of the audience. The excitement continued with a country trivia segment, where students from different programmes took turns answering questions related to the featured countries and cultures. Another highlight of the hall programme was a captivating Capoeira performance, which pleasantly surprised students and staff alike. Mr. Rasoul's energetic demonstration showcased the unique blend of martial arts, dance, and music that makes Capoeira such a fascinating cultural art form.



Mexico and China booths (backdrops by Mr. Para)



The Capoeira guys, including surprise guest Mr. Rasoul.

Following the hall programme, students visited various cultural booths organised by the NE Committee with the support of volunteers and parent representatives. Since students had already completed their origami activity beforehand, five booths representing China, India, Indonesia, Hawaii, and Mexico were set up for students to explore. Each booth offered hands-on experiences to create the crafts, and there was also a special Hawaii Photo Booth where students took beautiful pictures with the flower accessories that they had created and the backdrop that was provided.

Special thanks go to Mr. Para for creating the vibrant backdrops and displaying the national flags, which transformed the hall into a colourful multicultural space. We would also like to acknowledge Ms. Sharifah, who designed the "airline tickets" that allowed our students to "travel" around the world without ever leaving the school hall. The school would also like to express its sincere appreciation to all staff members, teachers and volunteers who contributed their time and effort to make this celebration a success. Overall, the IFD celebration was an enjoyable and meaningful experience for our students. Through art, cultural exploration, and interactive activities, students gained a deeper understanding of different cultures while celebrating the values of friendship and respect.



The NE committee, the hard working and lovely teachers behind the planning and executing IFD.

Ms Farhanah (right) attending her students at the Hawaii booth with Ms Hazikha and volunteer.



CPAS Parent's Day Craft Sales 2026

Written by Ms. Gracia Lim Shi Ann, Job Coach

On 6th May 2026, students from the Functional Senior (FS) classes participated in the annual Parent's Day Craft Sales. This event gave students the opportunity to express their creativity and work together as a class to complete a meaningful project. Through the process, students enjoyed seeing their ideas come to fruition.

In celebration of Parents' Day, students were tasked with producing thoughtful gift ideas for both Mother's Day and Father's Day. Preparations for the event began months in advance with students and teachers brainstorming ideas, sourcing materials, and making the items before selling them.

All the crafts were handmade by both teachers and students. The items included bag charms, resin keychains and coasters, photo holders, perfume mists, and blind box bouquets.

On the day of the event, students were involved in various roles, from promoting the crafts to managing the cash registers. Although there were busy periods, the students remained calm, completed the transactions successfully, and persevered throughout the event.

The event itself was a success, raising a total of \$715. The students came close to selling out all their items, making the day a strong achievement overall!!



Bridging Potential: CPAS School East Open House 2026

Written by Nur Idayu Binte Mashardy , ICT Head of Programme

CPAS School East opened its doors to welcome prospective families, partners, and members of the community for an immersive look at our unique learning environment. The Open House served as a vibrant showcase of the specialised education and transdisciplinary support that define our school's commitment to every student's journey.

Visitors were taken on a journey through our classrooms and therapy spaes. Highlights of the day included:

- **Assistive Technology in Action:** Visitors explored how our students leverage specialised hardware and software to communicate, learn, and engage with the world. From eye-gaze systems to toy switches, it was a powerful reminder of how technology removes barriers to participation.
- **Transdisciplinary Collaboration:** Visitors saw first-hand how our teaching staff and Allied Health Professionals work collaboratively. Whether during a functional literacy or a sensory lesson, the seamless integration of support remains the cornerstone of our daily practice.

Beyond the curriculum, the true spirit of the event was found in the interactions between our staff and the visitors. We were proud to share our vision for a future where every student is empowered, challenged, and celebrated for their unique strengths.

Thank you to every staff member who volunteered their time to share their expertise, and to the parents and community members who joined us. Your presence continues to strengthen the community that makes our school a place where potential is truly limitless.



School management team with visitors from the CPAS School East Open House 2026



Gift bags for visitors designed by IT Enrichment students

Contact Tracing and Important Dates

Important Dates in 2026 Term 3 (29th Jun 2026 to 4th Sep2026)

Note on Contact Tracing

Parents, please take note.

In case of emergency and effective communication, please update class teacher for any change to the following:

- + Mobile number
- + Home number
- + Home Address
- + Email Address

Sunday, 5 th Jul 2026*	Youth Day
Sunday, 9 th Aug 2026^	National Day
Friday, 4 th Sep 2026	Teachers' Day
Saturday, 5 th Sep to Sunday, 13 th Sep 2026	School Holidays
* Monday, 6th Jul 2026 will be a school holiday. ^ Monday, 10th Aug 2026 will be a school holiday. 	