CPASS EAST NEWSLETTER

Cerebral Palsy Alliance Singapore School (East)

2026/Term 3

Key Tenets of the School

School Vision

A school that empowers students to be active learners in the community.

School Values

Confidence
Integrity
Respect
Resilience

School Mission

To equip our students with a holistic education to Live Meaningfully, Learn Continuously, Work Productively.

School Culture

To Build a Culture of Care and Empowerment

School Beliefs

Everyone...
can Learn
can Serve
is Special

PRINCIPAL'S MESSAGE

Dear Parents and Caregivers,

Term 3 has been a vibrant and enriching term filled with opportunities for our students to learn, connect, contribute and celebrate. As I reflect on the many events featured in this newsletter, I am reminded that every meaningful experience for our students is made possible through the collective efforts of our staff, families, partners, and the wider community. A great big thank you to all.

This term, our students participated in a rich variety of learning experiences both within and beyond the classroom. Through activities such as the visits between our Functional Programme students and the CPAS Day Activity Centre, Family Envisioning Meetings, National Education celebrations, Racial Harmony Day, sporting competitions, performing arts collaborations, and the Inclusive Hackathon, our students were given authentic opportunities to develop independence, build relationships, strengthen their confidence, and discover their potential.

Each event was significant in its special way. Some enabled our students to practise everyday life skills and prepare for the future. Others provided platforms for them to showcase their talents, represent the school with pride, and experience success. Many created opportunities to connect with the community and celebrate the diverse society we live in. Together, these experiences support our belief that learning extends beyond the comms & lang and AAC or PE. We believe that every child deserves opportunities to grow holistically and participate actively and meaningfully in the world around them.

I am particularly heartened by the spirit of collaboration that has characterised this term. Whether it was teachers planning engaging learning journeys, therapists and support staff working alongside families during transition planning, volunteers and community partners creating inclusive opportunities, or parents supporting their children's participation in school programmes, every contribution has played an important role in enriching our students' educational journey.

To our parents and caregivers, thank you for your trust, partnership, and unwavering support. Your encouragement and active involvement help create a strong foundation for your children to thrive. The successes and joyful moments captured in this newsletter are possible because of the strong home-school partnership that we continue to nurture together.

To our staff, I would like to express my deepest appreciation for your dedication, creativity, and commitment. Beyond organising events and programmes, you continually seek ways to make learning meaningful, purposeful, and enjoyable for our students. Your care and belief in every student create the conditions for growth, confidence, and success.

As we enter the final term of the year, let us continue working together to provide our students with experiences that inspire them to learn continuously, live meaningfully, and work productively. I hope you enjoy reading about the many wonderful memories, achievements, and milestones featured in this newsletter.

Thank you for being part of our CPAS School (East) community.

Yours sincerely,
Mr. Boo Hian Kok
Principal, CPASS East

Functional Programme Students Visit to DAC

Learning Together, Growing Together

Written by Ms. Tan Hui-Moi Catherine, Job Coach

On 11th May 2026 and 9th July 2026, students from our Functional Programme (FP) visited the CPAS Day Activity Centre (DAC) for an enriching learning journey. During the visit, they were introduced to various kitchen appliances and had the opportunity to prepare a simple snack by making French toast. The experience provided students with practical life skills while encouraging confidence and independence in the kitchen.



Aiman making scrambled eggs – WOW!

As a token of appreciation, a return learning journey was organised for the DAC Daisy Class and hosted by the Functional Programme teachers, Ms. Shalani (Class 7A) and Mr. Gerard (Class 8A).

On 22nd July 2026, CPAS teachers and students welcomed the DAC clients to the school for a one-hour session held in the school hall. The programme featured a Communication and Language lesson on recognising common signs found in everyday environments. Students and DAC clients learnt about signs such as "Pull," "Push," "Exit," "Toilet," and "Reserved," and discussed the importance of understanding these signs for daily living and community navigation.

The lesson concluded with an exciting scavenger hunt around the school hall and selected school areas, where participants worked together to locate and identify the different signs they had learnt. The activity was filled with laughter, teamwork, and meaningful interactions, providing a wonderful opportunity for students and DAC clients to learn from one another while building friendships.

Students from 7A and 8A having fun together with the DAC client.



Spin the wheel – who's turn next?





Ms. Shalani explaining how to play the game.



FP students and DAC clients playing a game together.

Family Envisioning Meeting 2026

Written by Ms. Irene Ho, Transition Planning Coordinator

The Family Envisioning Meeting (FEM) provides a structured platform for families to articulate their vision for their child's future. This process empowers parents to advocate effectively for their child's interests and aspirations, ensuring that the Individual Transition Plan (ITP) is aligned with the child's aspirations. By fostering open dialogue between families and educators, FEM facilitates the development of comprehensive ITPs that holistically address the child's evolving needs, from current educational requirements to future life skills and community integration.

FEM is a person-centred planning meeting that brings together the student and significant persons in his/her life to collaboratively plan for his/her future. FEM embodies person-centred thinking and planning, placing the student's unique voice, aspirations, and needs at the forefront of the conversation.

Key stakeholders, including caregivers, family members, school staff, key professionals, and others close to the student, are involved in this collaborative process, contributing their insights while maintaining the student's autonomy and centrality during the conversation.

FEM is first conducted as part of Transition Planning in the year of SPED schooling when the student turns 15 years old. This year, CPASS East organized FEM for 22 senior level students from Functional Programme and High Support Programme, from 3rd to 20th August 2026.



FEM conducted for senior level student, Alicia Law, Class 17A.

In attendance (from left) - OT Ms. Rachel Alyssa; parent, Mr. Law, student, Alicia, and family helper, 'Kakak'; parent, Mrs. April Law, SLP Ms. Melanie; co-facilitator Ms. Ai Ling; Teacher Ms. Sri; and FEM facilitator Ms. Catherine.

National Education Show 2026

Written by Ms. Wang Ai Vui, Teacher

On 11th July 2026, 12 students and 13 teachers had the opportunity to attend the National Education (NE) Show 2026. This year's theme, "Majulah Singapura, Go Beyond!", encouraged Singaporeans to keep moving forward, contribute to society, and care for one another.

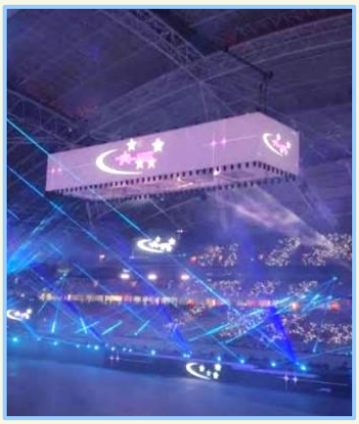
It was a memorable experience for our students and teachers as the National Day Parade returned to the Singapore National Stadium after many years. Everyone was excited to be part of this special celebration. Our students eagerly prepared for the event by decorating their faces with temporary NE tattoos to show their enthusiasm and support.

The programme began with pre-show activities and performances that created a festive atmosphere. This was followed by the Parade and Ceremony segment, where we watched the marching contingents, sang the National Anthem, and recited the National Pledge. The show segment featured vibrant cultural performances, music, and storytelling that celebrated Singapore's journey and achievements. Colourful lighting, LED displays, and special effects made the performances both engaging and memorable.





One of the highlights of the evening was the spectacular drone light show, dazzling laser displays, and fireworks. Our students were thrilled to participate using LED wristbands, creating a beautiful sea of lights throughout the stadium. These moments brought excitement and joy to everyone present. Proudly displaying their flags and musical instruments, the students sang enthusiastically along to the National Day songs. Their strong sense of national pride was evident as they stood together to recite the National Pledge and sang the National Anthem with great enthusiasm.



The event was especially memorable for one of our students, Celine Woo, whose artwork was selected to be featured on the 2026 National Day Parade (NDP) tote bag.



Overall, the NE Show was a meaningful and unforgettable experience for both students and staff. It fostered a stronger sense of national pride and provided an opportunity for everyone to celebrate Singapore's achievements together.

HAPPY BIRTHDAY!

SINGAPORE



MAJULAH SINGAPURA

GO BEYOND!

Celebrating Singapore Through Art and Community

Written by Ms. Joey Liaw, Teacher

On 7th August 2026, students from CPASS East celebrated Singapore's National Day in collaboration with Tampines Meridian Junior College (TMJC). It was a meaningful day filled with creativity, music, fun and opportunities to connect with the wider community.



Aligned with the theme of Art and Craft, students from the different programmes expressed their love for Singapore through their artwork. Students from the Functional and Academic Programmes created collages featuring their favourite activities in their heartlands, while students from the High Support Programme worked together to create a colourful 3D mural of Singapore Island. Through these activities, students had the opportunity to express what Singapore and their community mean to them.



High Support Programme 3D mural: My Singapore Island

On the day of the celebration, our teachers put together a lively skit featuring familiar scenes from everyday life in Singapore. The celebration continued with classic National Day songs, bringing everyone together and filling the school with a joyful and patriotic spirit.



Everyone is engrossed in the National day skit!

The celebration extended beyond the CPAS campus as our staff and students were warmly invited to TMJC, where they enjoyed fun games, delicious snacks and meaningful interactions with the students. The experience reminded us that beyond the celebrations, songs and decorations, it is the connections we build with one another that make our community—and our nation—stronger.



Class 3A enjoying a group shot in TMJC =)



Class 13B and the TMJC Mascot

Celebrating Empathy and Innovation:

The Singtel x LionsForge Inclusive Hackathon 2026

Written by Ms. Nur Irdayu Binti Abdul Kadir,
Head of Programme - Information Technology



On 6th August 2026, CPASS East was privileged to host the Singtel x LionsForge Inclusive Hackathon 2026. The event brought together students from primary, secondary, tertiary, and special education institutions to design inclusive physical prototypes and accessible solutions for individuals with diverse needs. Guest-of-Honour Mr. Shawn Huang, Senior Parliamentary Secretary (SPS) for Finance and Manpower, joined us in celebrating the creativity and technical ingenuity demonstrated by all participants.

Finals Showcase & Highlights

The 12 finalist teams presented and live-demonstrated their physical prototypes before the judging panel.
Finalists Across Categories:

- Primary School Category:
  - Team Wall Breakers — One World International School
  - Team RacketBros — Nanyang Primary, Zhenghua Primary & Maris Stella High
  - Boys Team — Horizon Primary

- Secondary School / Junior College Category:
  - Team Shadow — Anglo-Chinese School (Independent)
  - The Triskaidekaphobic Tryhards — NUS High
  - Team EJSY — Salvage Garden Makerspace
  - Team Delta — Pathlight School
  - Team NextGen Makers — Kuo Chuan Presbyterian Secondary
  - Team 3 — Serangoon Gardens Secondary

- Institute of Higher Learning Category:
  - TechAble Titans — ITE Campus East
  - Team Giffy — National Institute of Early Childhood Development (ITE)
  - TechAble Warriors — ITE Campus East

Students from NUS High School setting up their prototype



Additionally, Honorary Mentions were awarded to participating teams including independent homeschool student teams, National Junior College, Nanyang Girls' High School, Deyi Secondary, Queenstown Secondary, School of Science and Technology, Tampines Secondary, Victoria School, Regent Secondary, Zhenghua Primary, South View Primary, ITE College Central and the Down Syndrome Association Singapore, recognizing their commendable efforts in empathy-driven design.

A Special Token of Appreciation

As a gesture of gratitude to our partners at Singtel, CPASS East presented a custom-made Token of Appreciation that highlighted the collaborative spirit and digital skills of our students:

- Initial Design: The original artwork was created as an acrylic painting on canvas by our talented students from the Special Arts CCA.
- AI & Digitisation: Our IT Enrichment students used AI-powered tools to transform and reimagine the acrylic painting into a clean, illustrated digital version. They then recreated the image using the Curve app on their iPads.
- Precision Crafting: Using a Cricut machine, the completed design created by our IT Enrichment students was drawn directly onto the acrylic panel before being framed up for presentation.

Our heartfelt thanks go to Singtel, LionsForge, SPS Mr. Shawn Huang, and all participating schools, judges, and volunteers for inspiring a new generation of empathy-driven innovators and contributing to a more inclusive community.

Pesta Sukan Boccia Competition

Written by Ms. Nur Irdayu Binti Abdul Kadir, Head of Programme - Information Technology

Our students proudly represented CPASS East at the Pesta Sukan Boccia Competition, held from 17th to 19th July 2026 at Pasir Ris Sports Hall. For some of our students and teachers, this was their first experience participating in a Boccia competition, making it a meaningful opportunity to learn, challenge themselves, and experience the excitement of competitive Boccia. Throughout the competition, our athletes demonstrated determination, sportsmanship, and a positive attitude.

We are proud of all our athletes who represented CPAS School East:

- BC1 Category, 3rd Place
  – Heidi Neo Hui En
- BC2 Category, 2nd Place
  – Hansel Neo Hui Sheng
- BC3 Category, Participants
  – Ryan Chandru and Muhammed Razeen
- Community Category, Participant
  – Azfar Refqi bin Muhamad Reduan



Great teamwork, CPASS East Boccia

All our students demonstrated our school values of Resilience, Confidence, Respect, and Integrity. They persevered through challenges, showed confidence in competing, respected their opponents and officials, and displayed good sportsmanship throughout the competition.

Congratulations to all our Boccia players for their wonderful efforts and achievements! We hope they continue to build their confidence, enjoy the sport, and look forward to many more opportunities to compete, learn, and grow.



Azfar demonstrating good sportsmanship before his match.

Ryan giving his best during his match

2026 Racial Harmony Day

Written by Ms. Farhana Binte Ismail, Teacher

On Tuesday, 21st July 2026, our school came alive with colour, culture, and creativity as we celebrated Racial Harmony Day with the theme "Where Art Meets Harmony." Organised by the National Education (NE) Committee, the day featured an exciting line-up of activities that immersed students in Singapore's rich multicultural heritage through art, food, music, and performance.

The celebrations began with a series of engaging classroom activities. Students explored traditional cultural art forms and local heritage through hands-on experiences such as kueh moulding. They were introduced to a variety of beloved Malay and Peranakan delicacies and watched tutorial videos showcasing the making of traditional treats such as pineapple tarts, kueh salat, and other local favourites. Students also learnt about Wayang Kulit, the traditional shadow puppet theatre that has long been an important part of Southeast Asian cultural storytelling.



Look at the yummy Kueh moulding in process. Air clay kuehs made by students and teachers!

During recess, students were treated to a delightful spread of local delights, including putu mayam, kueh salat, and kueh lapis, allowing them to savour the flavours that reflect Singapore's multicultural heritage.



A highlight of the day was the special cultural showcase presented by our distinguished guest performer, Mr Nick Shen, an award-winning actor, educator, and cultural ambassador. As the founder of Tok Tok Chiang and troupe leader of the historic Lao Sai Tao Yuan Teochew Opera Troupe, one of Singapore's oldest opera troupes with a history spanning 162 years, Mr Shen has dedicated himself to preserving and promoting traditional performing arts. Having represented Singapore internationally and receiving the prestigious Ten Outstanding Young Persons of the World Award for cultural preservation, he brought a truly memorable performance to our school community.

Everyone was captivated by the mask changing segment! Everything went in a flash!

The one-hour performance captivated both students and staff from the very beginning. The audience was mesmerised by the breathtaking art of Sichuan Mask Changing (Bian Lian), a traditional Chinese performance art where performers skilfully and seemingly instantaneously change brightly coloured masks in the blink of an eye. The rapid transformations, achieved through years of rigorous training and mastery, left students amazed and eager to learn more about this unique cultural tradition.

The excitement continued with an interactive magic show, where Mr. Shen engaged students with his remarkable illusions and lively audience participation. One particularly memorable moment saw him unfurling a long bunting featuring Singapore's crescent moon and stars, drawing enthusiastic cheers from the audience and reinforcing the spirit of national unity.



When a red envelope turns into Singapore flag bunting! WOW!



The showcase also featured a graceful solo Chinese dance performance, where a dancer dressed in elegant traditional costume captivated the audience with fluid movements and expressive storytelling. This was followed by a vibrant Chinese opera duet, introducing students to the distinctive singing styles, elaborate costumes, and rich artistic traditions of one of Asia's oldest performing arts.

Chinese opera performance was spectacular!

The programme concluded on a heartwarming note with a multilingual musical finale featuring songs in English, Malay, Tamil, and Mandarin, reflecting the diverse cultures that make up Singapore's social fabric. As a fitting end to the celebration, students dressed in traditional Chinese costumes came on stage to sing the songs, “Stand by Me” and “Home”, reminding everyone of the importance of friendship, respect, and harmony across different cultures and communities.



Student performers and Mr. Nick Shen on stage with Mr. Boo.

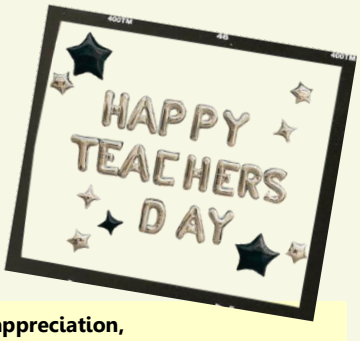
Racial Harmony Day 2026 was a meaningful and enriching experience that celebrated the beauty of Singapore's multicultural society. Through shared experiences in art, culture, food, and performance, students gained a deeper appreciation of the diverse traditions that unite us as one people and one nation.



TEACHERS' DAY 2026

A Celebration with a Twist!

Written by Ms Nageah Binte Shamsul Bahrin, Teacher



Teachers' Day 2026 was extra special this year, with students, parents, caregivers, and staff coming together to celebrate the people who make a difference in our school community every day.

A day filled with appreciation, performances, laughter, and memorable moments.

A Celebration Led by Our Students

The celebration kicked off in the hall with *Guess Who? *, where teachers uncovered clues to identify their fellow colleagues. Featured teachers were surprised with handdrawn portraits specially created by student, Azfar (Eagle 2A) .

The stage then came alive with performances. Student, Ka Ho (Eagle 6A) and mummy of student, Cayden (Dove 19A) touched hearts with their rendition of A Million Dreams, while students from Eagle 23A, 24A and 25A got everyone grooving with their energetic performance of Dreamers.





Our Senior Management Team (SMT) also joined the fun. Blindfolded, they were challenged to recognise the voices of their respective Junior Heads, resulting in plenty of laughter and memorable moments.

Students from Eagle 23A, 24A and 25A (left) and the live performance by Ka Ho and Cayden's mummy (right).

Performances from the Heart

Our wardens, Ms. Vilma, Ms. Danica, and Ms. Myrna together with caregiver of student, Harley (Dove 18A), surprised staff with a specially prepared dance. Their dedication and effort shone through as they performed for the school community.

To round off the celebration, Performing Arts CCA students performed “Lean on Me” and “Count on Me” as a heartfelt tribute to everyone who has taught, guided, and supported them throughout the years.



Our wardens and caregiver brought joy to the stage with a specially prepared dance performance.

Something Special for Our Staff

The fun continued with eight interactive booths specially prepared for staff. Photography CCA offered personalised keychains that could be customised on the spot, while Creative Craft CCA prepared a selection of scented balms. Our staff engagement team brought the retro theme to life with a photobooth and bracelet-making activity.

The Parents' Support Group (PSG) brought out everyone's competitive spirit with an entertaining games booth and snacks as prizes. Meanwhile, the SMT and Character and Citizenship Education Workgroups challenged staff with their own versions of Hole in the Wall, where riddles had to be solved before gifts could be claimed.

Teachers' Day 2026 was filled with music, laughter, creativity, and appreciation. More importantly, it was a celebration made special by the collective efforts of our students, families, caregivers, and staff.

Thank you to everyone who played a part in making Teachers' Day 2026 such a memorable celebration!

Here is to the amazing people who make our school community what it is!



Staff enjoying the interactive Teachers' Day booths, with creative activities, games, and treats.





Performing Arts CCA Kuala Lumpur Collaborative Trip

Across Borders, United by Music | 9–12 June 2026

Written by Ms Nageah Binte Shamsul Bahrin, Teacher

Six students from our Performing Arts CCA travelled to Petaling Jaya, Malaysia, for a four-day collaboration with the Spastic Children's Association of Selangor & Federal Territory (SCAS) and Music Mart. The trip reunited friends who first met at the An Extraordinary Celebration 2025. Plans began that September; months later, we were finally making music together again.

Day 1 Hello Kuala Lumpur

We departed Singapore on 9 June and began our adventure at 1 Utama Shopping Centre. A lively karaoke session gave our students the chance to sing their favourite songs and cheer one another on. At the hotel, Puan Linda and her team surprised us with a personalised welcome banner. Their thoughtful greeting, along with the hotel staff's warm hospitality, made us feel at home.



A karaoke moment



Dinner together on our first day



A warm welcome from our hosts

Day 2 Learning and Exploring Together

At SCAS, our friends welcomed us for a campus tour and a look at their programmes and classrooms. The visit gave both teams a chance to share practices. We were inspired by the care and dedication shown by SCAS staff. After lunch, we joined our friends for a Hop-On Hop-Off bus tour around Kuala Lumpur, then explored KLCC before returning to the hotel.



Reconnecting with our friends at SCAS

Exploring Kuala Lumpur together





Learning from one another at SCAS

Friendship Beyond Borders

Our visit brought the students, teachers, and partners together through shared experiences, from classroom exchanges to the city tour.

Day 3 Rehearse Bond and Cruise

With performance day approaching, our students rehearsed with friends from SCAS and Music Mart, refining the formations, transitions, and flow of the show. Seeing everyone practise side by side after months of preparation made the performance feel real. Later, SCAS generously sponsored a sunset cruise in Putrajaya. We enjoyed time together away from rehearsals, and our Performing Arts CCA sponsored dinner for all participants as a token of appreciation.



Sharing from both organizations



The group together in Putrajaya

Day 4 Showtime

At last, our students performed with their friends for "Music Beyond Boundaries", performing for invited guests and VIPs. Months of planning, practice, and collaboration came together in a proud moment for everyone. The event also received media coverage from Selangor News, which featured our students. We shared one final lunch before saying goodbye and returning to Singapore that evening.



Ready for the big day

Music Beyond Boundaries





One last moment together before heading home

More Than a Performance

The four days gave our students the chance to learn from others, strengthen friendships and experience how music connects people across borders. We thank SCAS, Music Mart, our hosts and everyone who made the collaboration possible. The trip has ended, but the friendships and memories continue. To my Performing Arts CCA team: we did it! Thank you for your dedication, selflessness, and support, from the months of preparation to caring for our students and one another throughout the trip. I am grateful to have shared this journey with you. Until we meet again!

An Extraordinary Celebration 2026

Legacy of Love | 28-30 July 2026

Written by Ms. Rahayu Amirah Binte Mohammad Ali, Teacher

Our students from Performing Arts CCA joined An Extraordinary Celebration (AEC) for the 3rd year. This year, we had two new students who showed great talent and dedication to the CCA, Akif and Eva. Alongside schools like East Spring Secondary (ESS) and Temasek Junior College (TJC), we worked closely to deliver a heartfelt performance – Act 1: Potential. The Seeds of Extraordinary.

Day 0 Behind the scenes

When the teachers got the audio track that the students would be performing an adapted version of Pharrell Williams, Happy, both students and teachers were excited for the unlimited possibilities and creativity that they could showcase during the performance. The students spent months practicing for AEC, aiming to deliver the best performance they can.

Students and teachers from ESS and TJC came over multiple times for a shared practice to ensure that they were coordinated and in sync.





DAY 01 Dry Rehearsal 1 | 28 JULY

Students and AM teachers departed early to Mediacorp for the first day of dry rehearsal to familiarize themselves with the stage setup and cues.

DAY 02 Dry Rehearsal 2 | 29 JULY

On day 2, PM teachers joined in, and there was a full-dress rehearsal alongside students from ESS and TMJC. Our students were full of energy and excited to perform despite the long hours. Some students expressed their nervousness as the big day was the following day but we all knew that our students will perform wonderfully.



DAY 03 The BIG day | 30 jULY

Departing CPASS bright and early, some colleagues from different departments informed us that they would be attending the show at night. When we informed the students, they felt relieved to know that there would be a familiar faces in the audience.

The first round of rehearsals for the day went by without any issues. The Matinee show is happening soon, and the students are nervous to go up!



After the first show, students had the chance to sit in the audience and view the rest of the performance before they had to go backstage and get ready for the night show. At last, the night performance went by smoothly and the day ended with CPASS teachers and therapists going backstage to congratulate the students for the amazing performance.

Inclusion in the Arts

While we all know why inclusion is important, it's important for persons with disabilities to be represented in the arts. It gives them an equal opportunity to express themselves, develop their talents, and participate in the community. It also helps the public better understand disability, challenge stereotypes, and appreciate different perspectives and abilities. Most importantly, inclusive arts creates a stronger sense of belonging and show that people with disabilities can be active contributors to Singapore's arts and cultural scene.





Contact Tracing and Important Dates

Note on Contact Tracing

Parents, please take note.

In case of emergency and effective communication, please update class teacher for any change to the following:

- Mobile number
- Home number
- Home Address
- Email Address

Important Dates in 2026 Term 4 (14th Sep 2026 to 20th Nov 2026)

Friday, 2nd Oct 2026	Children's Day
Monday, 26th Oct 2026 to Tuesday, 10th Nov 2026	Progress Report Meetings
*Sunday, 8th Nov 2026	Deepavali
^Friday, 20th Nov 2026	Graduation Ceremony
Saturday, 21st Nov to Sunday, 31st Dec 2026	School Holidays

* Monday, 9th Nov 2026 will be a public holiday.
^ No school session on Graduation Ceremony Day.

Newsletter main layout designed by student Wee Zhi Qing Bravienne (Class 10A)